



Palma School Newsletter

A monthly newsletter for the parents of Palma

JANUARY 2023



Chieftains make time during their break to volunteer at Casa de la Cultura in Pajaro.

What's Inside:

- Letter from the Principal
- Palma Athletics
- Guidance Department
- Parents' Club
- High School Mother-Son Dinner Dance
- Palma Athletics Crab Feed
- January Lunch Menu

Happy New Year!
Classes resume on January 9th.

Be powerful. Be a Chieftain.



Questions, comments or suggestions: please email marketing@palmaschool.org

schedule highlights

Monday, January 2

Happy New Year - School Closed

Tuesday, January 3-Friday, January 6

No Classes - Office Open 8am-12noon

Monday, January 9

Classes resume

Monday, January 9

Athletic Council Meeting in CSC at 5:30pm

Monday, January 16

Dr. Martin Luther King, Jr. Day - School Closed

Wednesday, January 18

Red Day Schedule

Thursday, January 19

Gold Day Schedule

Thursday, January 19

JH Spelling Bee in BDH at 11:30am

Monday, January 23

Parents' Club Meeting in CSC at 6:30pm

Thursday, January 26

Parent-Teacher Conferences in BDH at 5:30pm

Tuesday, January 31

NJHS, NHS Induction Ceremony in BDH at 5:30pm

Tuesday, January 31

Fall Semester Honor Roll Prog. in Gym at 6:30pm



From the Principal

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The New Year affords us all a new opportunity to stand out — to recommit ourselves.

Men of Palma: commit to standing out — with your every choice, word and deed. You are becoming leaders! Happy New Year!

Dear People of Palma,

Palma is a special place. Over the past 71 years Palma has evolved into a highly competitive college-preparatory institution, balanced by an envied reputation in sports and an atmosphere for wholesome spiritual growth. This is a safe place that offers a challenging curriculum. We are small enough to care deeply for our students and big enough to compete well in most every other area of scholarship.

Some time ago, I asked a group of students why they value Palma. Among a number of answers, one response was simply put: "Palma students stand out." I pressed that young man further, to which he responded that Palma students do things differently. In his own vernacular he said that Chieftains dress, groom, talk, and act differently. They are expected to become men who will bring pride to their families and school, and they embrace those expectations. They are motivated and they set examples among their peers. Good answer. Smart student.

Palma men do "stand out." We have families who commit to long distances to bring their sons here. We have young men who choose to be here before sunrise and/or after sunset to study for an advanced placement (AP) exam over three months away, or to condition their bodies for athletic competition. There are students who volunteer to participate in daily Mass and schoolwide liturgies, food and clothing drives, and peer tutoring. Palma students are expected to greet their superiors with respect, eye contact, and a good handshake, or a fist/elbow (thank you, COVID). Chieftains are mentored into self-confident leaders who become mentors to others.

Palma families stand out, too. Our families are willing to invest their time and resources in their sons with a quality education of the mind, body, and soul here at Palma. This worthy sacrifice can be tough. I know families here who depend on uncles, aunts, grandparents and friends who pool their money together to pay tuition. Even in spite of these sacrifices, Palma still stands out with one of the most affordable tuitions among private schools in the state. Palma has a long history of keeping tuition as affordable as possible; seeking to attract students from a diverse socio-economic and ethnic mix.

Like our founder, Blessed Edmund Rice, and the Christian Brothers, Palma also supports families in need. Please encourage families in need to apply for tuition assistance. The deadline for first rounds of consideration is February 1, and decisions for those who meet that deadline are issued by the end of February. Financial need must be demonstrated annually to qualify for aid. As you know, there are no athletic scholarships at Palma.

The New Year affords us all a new opportunity to stand out — to recommit ourselves. Men of Palma: commit to standing out — with your every choice, word and deed. You are becoming leaders! Happy New Year! *Go Chieftains!*

Yours in Blessed Edmund Rice,

Mr. David J. Sullivan
Principal



Chieftain Athletics

Mr. Rob Bishop
x229
bishop@palmaschool.org

Go Chieftains!

Happy new year!

Congratulations to Palma's Junior High basketball team for placing first in the Mickey Linehan Tournament and Palma's varsity squad for placing second in the Scattini Tournament. A big thank you to the generous sponsors who supported our December basketball tournaments. Also, thank you to everyone who volunteered to continue the tradition of great Palma hospitality.

Palma winter sports

High school winter seasons are in full swing with both varsity wrestling and basketball early favorites for championships. Junior high winter sports contests will begin on January 31st.

Palma football players honored

Congratulations to these Chieftains receiving all-league honors in football. Logan Saldate '24 was named Offensive PCAL-Gabilan Co-MVP. First team offense includes JC Escutia '23, Logan Saldate '24 and José Escutia '23. Named to second team all-league were Thomas Nunes '24 and Thomas Ducker '24. First team all-league defense includes Noah Orozco '24, Drew Molinari '24 and Thomas Ducker '24 and the all-league second team added Owen Sargenti '23 and Dominic Chaidez '25 to the squad. Bradley Collins '23 was named to the Sportsmanship team. Henry Vetter '26 was named to the all-league second team in water polo and Carson McPherson '23 made the Sportsmanship team.

Palma School Athletics App

contains schedules, rosters and updated scores. It is part of the "gochieftains" website. You find the app at Apple and android app stores.



Support Palma athletics on the big boards

Put your company name or family message on our scoreboards. Your message will appear on the Holiday Seed Scoreboard in the gym and on the 17-foot video scoreboard during contests on our track, field and baseball stadium. Contact Mr. Bishop at bishop@palmaschool.org for more details.



Volunteers are wanted

To host successful winter sporting events, **we need your help!** Please visit the athletics council page on our website at <https://palmaschool.org/athletics> for more information on volunteering at these events. There is something for everyone to support your Chieftain athletics programs.

For all of your daily athletic updates please follow me on twitter at [@Coach_Rbishop](https://twitter.com/Coach_Rbishop). I tweet upcoming

game times for all sports each week as well as results and other fun information regarding Palma Athletics.



GET YOUR OFFICIAL PALMA GEAR HERE

MARK YOUR CALENDAR Palma Athletics Crab Feed is Saturday, February 11, 2023



Guidance Department

Ms. Irina Short, Chair
x242
short@palmaschool.org

Happy New Year!

College orientation for junior parents

Beginning this month, the Palma Guidance Department will be transitioning to a new college and career readiness platform called SCOIR (pronounced "score"), for our juniors and underclassmen. The college search can be a difficult and frustrating process. It's important that you have a clear understanding of how to navigate this process by using SCOIR. We will be working with your son so that he understands the entire process. We will also create a video that explains how to use your son's SCOIR account. We are hoping to send that out to you in March. SCOIR is a college and career readiness platform that helps connect academic achievement to post-secondary goals. Its comprehensive college and career planning solutions optimize student success, maximize counselor effectiveness, and track results for school and district administrators. SCOIR provides students and families access to online resources, communication tools, and college and career collaborative activities in SCOIR.



SCOIR makes college research easy

Whether it's matching colleges to a student's career interests, or comparing admissions rates at a student's top college choices, SCOIR tools allow students and families to make informed decisions. Students can also compare colleges and universities, explore scholarship opportunities, and track the status of supporting application documents (transcripts and letters of recommendation). Plus, all of these tools are managed from one location, improving communications between students, schools, and parents and reducing paperwork.

Counselors meeting with juniors biweekly

High school counselors will begin meeting with juniors biweekly in their Theology classes starting in late January. We will begin to prepare juniors for the college application process.

Tips for student athletes

When it comes to athletic scholarships and college sports recruiting, it is important for you to become familiar with the rules and regulations surrounding the various college associations, conferences, and divisions. Violation of the rules, even while still in high school, can result in ineligibility in your future athletic career. Your first task should be to determine to which associations (NCAA, NAIA, and NJCAA) your prospective colleges and universities belong, and then carefully review those groups' websites.

College-bound student-athletes preparing to enroll in a Division I or Division II school need to register with the NCAA Eligibility Center to ensure they have met amateurism standards and are academically prepared for college coursework. Before you can make official visits or sign a letter of intent you must be registered.

Future dates

- **Southern CA College Trip** Tues., Feb. 14, 2023 - Sat. Feb. 18, 2023

Schedule of SAT/ACT test dates for 2023

	Test Date	Register by	Late Reg. Deadline*
ACT	Feb 11	Jan 6	Jan 20
SAT	Mar 11	Feb 10	Feb 28
ACT	Apr 15	Mar 10	Mar 24
SAT	May 6	Apr 7	Apr 25
SAT	Jun 3	May 4	May 23
ACT	Jun 10	May 5	May 19
ACT	Jul 15	Jun 16	Jun 23

* A late fee will be added after the "Register by" date.

Parents' Club

PARENTS' CLUB WEB PAGE: [HTTPS://PALMASCHOOL.ORG/PARENTS-CLUB/](https://palmaschool.org/parents-club/)
EMAIL: PARENTSCLUB@PALMASCHOOL.ORG



THANK YOU!!!

Thank you to all who supported our Winter See's Candies fundraiser. We had 104 orders totaling \$13,313, which generated approximately \$3,010 profit for PPC.

Thank you to all who donated gift cards for our Holiday Faculty & Staff Appreciation event. Our hardworking Faculty and Staff were treated to a take-and-bake dinner of lasagna, veggies and bread, as well as a gift card to show our appreciation. Michelle Chisum, along with son Weldon ('25) and PPC President Kate Secondo passed out the dinners.



FIFTY-FOURTH ANNUAL St. Patrick's Luncheon

Wednesday, March 15, 2023
11:00 am - 1:30 pm

Steve Clayton Memorial Gym | Palma School

A Committee Planning Meeting for the St. Patrick's Luncheon will be held on January 11th at 6:00pm in the Cislino Study Center. We need a lot of parents to help with our biggest fundraiser of the year!





2023

*High School
Mother and Son Dinner Dance*

LET'S

GLOW

CRAZY FOR MOM


Saturday, March 4, 2023

Embassy Suites, Seaside

[PURCHASE TICKETS](#)

This will be another night to remember.

Tickets: \$175 per couple and \$75 for each additional son. Rooms at the Embassy Suites in Seaside are available under "Palma Mother Son Dance" starting at \$219. You need to reserve your room by February 3, 2023 to take advantage of this special rate.



THE PALMA ATHLETIC COUNCIL PROUDLY PRESENTS



**CRAB
FEED
2.11.2023**

BENEFITS
PALMA SCHOOL ATHLETICS
STEVE CLAYTON MEMORIAL GYM
919 IVERSON STREET, SALINAS
DOORS OPEN AT 5:30PM

SAVE THE DATE

TICKETS WILL GO ON SALE IN JANUARY

\$75 ★ **LIVE** ★ **GREAT** ★ **LIVE & SILENT**
PER PERSON ★ **MUSIC** ★ **FOOD** ★ **AUCTION**

Sponsorship opportunities available

To sponsor, donate or volunteer, please contact Rob Bishop: bishop@palmaschool.org

PALMA SCHOOL LUNCH MENU

January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
CHRISTMAS BREAK — NO CLASSES				
\$8 9	\$8 10	\$8 11	\$8 12	\$8 13
Beef stir fry with French fries	Chile verde burrito with rice, beans and cheese	Chili hot dog	BBQ tri-tip sandwich with grilled onions and cheese	Chicken fried rice
16 MLK, JR BIRTHDAY SCHOOL CLOSED	\$8 17	\$8 18	\$8 19	\$8 20
	Teriyaki skewer over rice	Buffalo wings with French fries	Asada fries <i>or</i> Chicken Caesar salad	Chicken enchilada
\$8 23	\$8 24	\$8 25	\$8 26	\$8 27
Beef stir fry with French fries	Chile relleno with rice	Fried calamari with French fries	Spaghetti with meat sauce and garlic bread	Orange chicken with rice
\$8 30	\$8 31			
Buffalo wings with fries <i>or</i> Bacon chicken sandwich with lettuce, tomato & cheese	Chicken Alfredo with garlic bread			

Daily Breakfast		Daily Lunch		Beverages, Sides & Treats	
Breakfast Burrito <i>egg, cheese & sausage or chorizo</i>	\$6	Hamburger	\$7	Bottled Water	\$1
Breakfast Sandwich <i>egg, cheese, ham, tomato on sourdough</i>	\$6	Cheeseburger	\$8	La Croix	\$1
French Toast	\$6	French Fries	\$2	Gatorade, Vitamin Water, etc.	\$2
Pancakes (2)	\$5	Turkey & Cheese Sandwich	\$7	Chips	\$1
Muffin or Pastry	\$2	Ham & Cheese Sandwich	\$7	Cookie	\$1
Grilled Bagel <i>with cream cheese</i>	\$2	<i>All sandwiches served with lettuce, tomato and onion</i>		Muffin, Bread, Pastry	\$2

We accept cash, debit/credit cards, Apple Pay and Google Pay

Rechargeable lunch cards will be available soon.