



Palma School Newsletter

A monthly newsletter for the parents of Palma

JUNE 2022



Congratulations to all of our graduates.

Class of 2022



JHS Class of 2022

Be powerful. Be a Chieftain.

What's Inside:

- Letter from the Principal
- June Calendars
- CSF Life Membership
- Palma School Distinguished Scholars
- Chieftain Athletics
- Guidance Department
- 2022-23 Academic Calendar
- Summer Reading List
- Summer School
- Freshman Football
- Amazon Smile



Easy Ways To Support Palma

- **Include Palma in your prayers**
Prayer is the driving force behind many positive outcomes. Pray for our boys and our school.
- **Tell your friends, neighbors and co-workers**
The most effective voice for Palma is yours. Talk to people about Palma and invite them to events.
- **Shop on Smile.Amazon.com**
It is the same Amazon website except 0.5% of your purchase dollars will be donated to Palma.
- **Include Palma in your estate plans**
Leave a lasting legacy for future generations of Chieftains by including Palma in your estate planning or as part of a charitable IRA rollover gift.





From the Principal

A healthy soul
frees and forms a
healthy mind; and
a healthy mind
disciplines a
healthy body.
Have a safe
summer vacation
filled with many
opportunities for
recreation!

Summer is here! I hope that the days ahead bring our Chieftains much peace and rejuvenation as they prepare for knowledge, service and leadership in the fall 2022. I believe "time off" is good for our growth and maturity. The summer affords opportunities for our young men to exercise some freedoms and responsibilities, and to earn trust for good decision-making. It should also be noted, however, that our sons need to be guided on how to spend that down time. As parents we should know where and who with they are. We should know their friends and their families. They need to be encouraged to keep busy about good and purposeful work.

Please consider some important realities to which our sons are exposed today. The following information was published over a decade ago by the Community Hospital of the Monterey Peninsula's Clint Eastwood Youth Program:

- 40% increase in first-time use of marijuana during June and July; the number of drinkers and cigarette smokers also jumps during the summer
- 10,000,000 American junior and senior high school students admit to drinking monthly
- 79% teens report that being drunk/high feels good
- 67% teens say drinking/drug use helps them forget problems
- 66% teens succumb to peer pressure ("others do it")
- 47% teens say they have nothing better to do
- the best predictor of risky sexual behavior is alcohol and/or drug use
- many teens who drink report that they buy their own alcohol or get it from mom/dad
- nearly 50% of teen fatalities from car crashes involves alcohol
- 30% of California 11th graders reported either driving a car after drinking or being in a car driven by another who had
- car crashes are the leading cause of death for young people aged 15-20; when one combines most teens' inexperience on the road with risk taking behavior and any use of any drug or alcohol, this results in a high risk for disaster

Data show that the use of vape pens and the like are still growing at alarming rates along with other smoking devices of interest to kids that are changing at a pace too fast to track!

Illicit use of controlled substances, alcohol, and narcotics are, for some people, a very attractive means to social gains, popularity, parties, and attention from the opposite sex. Our sons need to be reminded of the empty illusions that these substances portray. They need to have conversations with parents, mentors, teachers, and coaches who can call their attention to the regrets, the mistakes, lack of motivation, insidious behaviors, even illegal activity that so often accompany inappropriate/illicit use of such substances.

Do you have an adolescent in your life about whom you suspect there might be a problem? If you are concerned, have a conversation about what you are observing, do NOT wait until the issues become life altering. You can help by simply asking the questions. Asking for help is really the hardest step. A healthy soul frees and forms a healthy mind; and a healthy mind disciplines a healthy body. Have a safe summer vacation filled with many opportunities for recreation! God bless you and your families. *Go Chieftains!*

Yours in Blessed Edmund Rice,

Mr. David J. Sullivan
Principal



June 2022 Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																	
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Revised 5/31/2022. Go CHIEFTAINS!

June 2022 Calendar

- 1 JHS Trip to Wash., DC/NY: May 31-Jun 5**
 8:00am Final Exam Make Ups in CSC
 3:30pm Alumni Council Meeting in Br. Dunne Hall
 5:00pm Mexico Mission Meeting in CSC
-
- 2** 4:30pm HS Basketball Workouts in Gym
-
- 3** 6:00am Summer Conditioning (Here)
 4:30pm HS Basketball Workouts in Gym
Spring Semester 2022 Report Cards Mailed
-
- 4** 10:00am HS Basketball: JV @ Monterey Tournament
 8:24pm Students Return to SFO from Wash., DC
-
- 6** 8:00am Summer Session 1: Jun 6-Jul 8
 8:00am Diplomas Available for Pickup
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym
-
- 7** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 4:00pm Football: 7-on-7
-
- 8** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym
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- 9** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym
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- 10** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
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- 13** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym
 5:30pm Athletic Council Meeting in CCR
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- 14** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 4:00pm Football: 7-on-7
-
- 15** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym

- 16** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym
-
- 17** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
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- 920 Service Mission to Mexico: June 20-25**
 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym
-
- 21** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 4:00pm Football: 7-on-7
Summer Solstice
-
- 22** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym
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- 23** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym
-
- 24** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
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- 27** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym
-
- 28** 8:00am Summer Session 1: Jun 6-Jul 8
 10:35am Summer Session 2: Jun 6-Jul 8
 12:00pm AC Fireworks @ Star Market
 4:00pm Football: 7-on-7
-
- 29** 8:00am Summer Session 1: Jun 6-Jul 8
 9:00am AC Fireworks @ Star Market
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym
-
- 30** 8:00am Summer Session 1: Jun 6-Jul 8
 9:00am AC Fireworks @ Star Market
 10:35am Summer Session 2: Jun 6-Jul 8
 2:30pm HS Basketball Workouts in Gym

Mondays, Wednesdays, Fridays — 6:00am-10:00am — Summer Conditioning open to all students



Congratulations to these seniors who met the requirements for CSF Life Membership!

Colton Amaral	Joseph DaSilva	Christopher McCarty	Martin Perez
Noah Andersen	Keith Day	Nathan Mei	Paul Rivera
Joshua Bassetti	Gavin Ducker	Aryan Nahal	Ryan Roggio
Kyle Batacan	Ricardo Garcia-Lopez	Andrew Newcomb	Luke Rossi
Michael Binoj	Samuel Gomez	Jacob Nguyen	Ryle Tomimbang
Sean Bosch	Charles Hayden	Chandler Nicholson	Cade Wheeler
Adam Bucholtz	Maddux Hrepich	Seth Nino	Kai Yasuda
Joseph Bucholtz	Jake Mahler	Andrew Ottone	

Life Members have qualified and applied for membership to CSF based on grades earned during four of their sophomore, junior, and senior semesters, one semester of which must be during senior year. CSF Life Members were able to wear gold CSF cords at the graduation ceremony and also have the official CSF gold seal affixed to their diploma.

High school students should watch for the CSF membership drives in September and February of each school year. Students become eligible to apply after the first semester of freshman year.

Class of 2022 Palma High School Distinguished Scholars

After a review of spring-semester grades and other criteria, Palma is pleased to announce that the following seniors have met the requirements to be recognized as Distinguished Scholars of the class of 2022. These students, each of whom applied last fall for one or more of the programs listed below, were recognized at graduation with plaques and honor cords. Their diplomas have also been affixed with a special seal, and their custom transcripts, which are being sent to colleges, clearly indicate their stellar efforts.

STEM+ Scholar Program

Kevin Espinas
Aryan Nahal
Jacob Nguyen

Excellence in the Humanities Scholar Program

Kevin Espinas
Aryan Nahal
Andrew Ottone

Certified Bilingual Scholar Program

Moises Benito
Aryan Nahal
Jacob Nguyen

The scholar programs allow qualifying students additional ways to showcase their mastery of a rigorous curriculum. The programs are distinctions beyond the high achievement that already signifies a Palma High School diploma. Once a student applies to a program, his participation and progress are monitored by the Guidance Department and the Vice Principal. Those interested in learning more about the scholar program should contact Mr. Viarengo.



Chieftain Athletics

Mr. Rob Bishop
x229
bishop@palmaschool.org

Go Chieftains!

Time to light up the night again

Last year a whole lot of volunteers had a whole lot of fun working our fireworks booth. This is a good fund raiser to start out the new school year and gives us great visibility in the community. Please consider signing up for a short, three-hour shift. The booth will be open from noon until 9:00pm on Tuesday, June 28th, then from 9:00am to 9:00pm Wednesday, June 29th through Monday, July 4th. The booth will be located in the Star Market parking lot.

Sign up for a shift

Celebrate the 4th of July
Support Palma Athletics



**with Fireworks from the
Palma Fireworks Booth!**

June 28th-July 4th
Star Market Parking Lot
corner of Blanco & S. Main, Salinas
open daily until 9 pm

Volunteer and have some fun

This summer, Palma Athletics will be returning to satisfy the tri-tip cravings of fans at the California Rodeo, July 21st through 24th. I will be sending an email with more details and sign up opportunities. Please consider helping on a shift.



Sports schedules — get the app



How do you keep up with all of the schedules and scores with so many varsity sports? Download the app, of course! Download the *GoChieftains* app from the Apple App or Google Play stores. The app will provide schedules, rosters and the most up-to-date scores.

Now on Instagram

Palma Athletics now has an Instagram page where you can view photos from our athletic games and fund raisers. Check it out at [instagram.com/palmaathletics](https://www.instagram.com/palmaathletics).



For all of your daily athletic updates please follow me on twitter at [@Coach_Rbishop](https://twitter.com/Coach_Rbishop).

I tweet upcoming game times for all sports each week as well as results and other fun information regarding Palma Athletics.

My heart-felt thanks to all of the volunteers who gave their time to make the 2021-2022 sports season happen. Your involvement with athletics is appreciated by our faculty, staff and especially our student-athletes.

— Mr. Rob Bishop

GET YOUR OFFICIAL PALMA GEAR HERE



Guidance Department

Ms. Irina Short, Chair
x242
short@palmaschool.org

Have a great summer!

The class of 2022 is off to college!

Another year is in the history books! It's time for our graduates to begin the experiences of life after high school. This year's class has selected a truly diverse array of colleges and universities. Our 2022 grads can be found on eight CSU campuses: two students will be attending Chico, 11 will be attending Cal Poly SLO, one at Cal Poly Pomona, two at Fresno, five at Monterey Bay, one at San Diego, three at San Jose and one at Sonoma. Our students will also be attending four UC campuses: two students at Davis, two at Los Angeles, two at Merced, and one at Riverside. Palma grads are also on their way to great colleges across the country like: Arizona State, Cal Lutheran, Chaminade University of Honolulu, Chapman University, Citadel Military, Grand Canyon University, Michigan State, Oregon State, Texas Christian, William & Mary, University of Colorado Boulder, University of Dublin, University of La Verne, University of Notre Dame, University of Oregon, University of San Diego, University of San Francisco, University of Utah and the University of Wyoming. Our students will also be attending several community colleges: City College of San Francisco, Gavilan College, Hartnell College (eight students), Irvine Valley College, and Monterey Peninsula College (10 students).

The keys to success

In the fall, returning students and parents should continue to take advantage of Palma's outstanding web-based guidance program called Naviance. It is an online research and planning tool for Palma students, parents, and guidance counselors. The website manages individual students as they move through the entire college planning, application, and decision process. Through Naviance, counselors and students can communicate about pending deadlines and receive important notices directly. Naviance is an important resource for college and career planning and can assist the student in making informed decisions about his future. Naviance allows you to search for colleges,

compare academic stats, research careers and find scholarship opportunities. In addition, Naviance allows you to see how you compare with Palma alumni who applied to your favorite colleges in the past, monitor your applications, prepare a resume, and ask for letters of recommendation. Parents can also see each time their son has met with his counselor. Parents can reach out to their son's counselor to receive their own access password or they can use their son's password.

D's in college prep courses just won't cut it

Four-year colleges and universities will only accept grades of "C" or better to meet college prep course requirements for admission. If your son is planning to attend a four-year college, he must make-up any deficiencies prior to graduation. Students taking summer school courses to make-up D's and F's are reminded that passing a 5-credit course during summer school will only replace one 5-credit semester grade (not the entire year). In other words, a student failing both semesters of Algebra would need to take (and pass) 10 credits of Algebra prior to graduation. Also, remember that universities require that incoming freshman need at least two years of credit in the same foreign language. This means that a student who completed one year of Latin and one year of Spanish has not met that requirement. The CSU and the University of California require completion of one year (10 credits) of a visual or performing art prior to graduation. Palma students have a number of options for accomplishing this requirement.

Junior monthly reminder

- Continue to explore colleges and financial aid options
- Look into summer programs, workshops, internships, or jobs
- Continue to work on your common application and essays
- The Common Application opens up on August 1st for private and out-of-state applications
- The UC Application opens up on August 1st.

2022-2023 PALMA SCHOOL ACADEMIC CALENDAR

Doctor appointments, college visits, family vacations, etc., should be made/planned to take place outside of school time or on school holidays, not during the school day.



AUGUST 2022						
S	M	T	W	T	F	S
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SEPTEMBER 2022						
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OCTOBER 2022						
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NOVEMBER 2022						
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27	28	29	30			

DECEMBER 2022						
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SPECIAL EVENTS:

- W-Aug. 10, Orientations for New Students & Parents
8:00 a.m. Frosh Students / 10:30 a.m. Frosh Parents
12:30 p.m. Jr. High Students / 2:30 p.m. Jr. High Parents
- R-Aug 11. Attendance Mandatory: ALL Students Orientation Day
Each class in 1-hour increments starting at 8:00 a.m.
- F-Aug.12, 1st Day of Casses
- S-Aug. 13, Red & Gold Scrimmages/Family Day
- F-Aug. 19, 6-8 p.m. Taste of Palma Mixer for Parents & Staff
- F-Sep. 16, Homecoming 2022
- W-Oct.12, 8:15 a.m. PSAT Testing for Gr. 8-11; Special Schedule
- W-Oct. 25, College Fair in Gym
- W-F, Dec. 14, 15, and 16, Fall Semester Final Exams: Special Schedule
- W-Mar. 15, St. Patrick's Luncheon: NO CLASSES
- R-Apr. 27, Founder's Day Masses & BBQ
- M-F May 1-12: AP Exams
- W-May 3, 6:30 p.m. Junior High Academic Awards Ceremony
- W-May 10, 6:30 p.m. High School Academic Awards Ceremony
- T-R May 23, 24 and 25, Spring Semester Final Exams: Special Sched.
- R-May 25, 5:00 p.m. 8th Grade Graduation Mass in Chapel
- F-May 26, 9:00 a.m. Senior Baccalaureate Mass
- F-May 26, 5 p.m. Junior High Graduation in Clayton Memorial Gym
- S-May 28, 10:00 a.m. Senior High Graduation

RED & GOLD DAYS:

- 14 -Sept, 15-Sept, 19-Oct, 20-Oct, 16-Nov, 17-Nov,
- 18-Jan, 19-Jan, 8-Feb, 9-Feb, 8-Mar, 9-Mar, 19-Apr, 20-Apr

SCHOOL HOLIDAYS, VACATIONS & FACULTY INSERVICES (NO CLASSES) AND SCHOOL-WIDE CLOSURES:

- M-Sep. 5, Labor Day SCHOOL CLOSED
- M-Oct. 10, Indigenous Peoples Day/Qtr. Break NO CLASSES
- F-Nov. 11, Veterans Day NO CLASSES
- M-F Nov. 21-25, Thanksgiving Week Vacation NO CLASSES
- R-F Nov. 24-25, Thanksgiving Holiday SCHOOL CLOSED
- M-Dec. 19, Exam Correction Day NO CLASSES
- M-Dec. 19-Jan. 6, Christmas Vacation NO CLASSES
- M-Dec. 26, Christmas Holiday SCHOOL CLOSED
- M-Jan. 2, New Year Holiday SCHOOL CLOSED
- M-Jan. 16, Martin Luther King, Jr. Day SCHOOL CLOSED
- R-M Feb. 16, 17 and 20, Palma Winter Break NO CLASSES
- M-Feb. 20, Presidents Day SCHOOL CLOSED
- F-Apr. 7, Good Friday SCHOOL CLOSED
- M-Apr. 10-14, Easter Vacation NO CLASSES
- F-Apr. 28, Founder's Day NO CLASSES
- M-May 29, Memorial Day SCHOOL CLOSED

JANUARY 2023						
S	M	T	W	T	F	S
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22	23	24	25	26	27	28
29	30	31				

FEBRUARY 2023						
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

MARCH 2023						
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19	20	21	22	23	24	25
26	27	28	29	30	31	

APRIL 2023						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

MAY 2023						
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

2022 Summer Reading List

Page 1 of 3

Students entering Palma School in the fall of 2022 are **required** to read the books listed under classes they will be taking. All students will be assessed early in the first quarter. Books can be purchased at online booksellers either as physical books or e-books. This summer reading list, with links to purchase the books at Amazon.com,* can be found on the Palma School website (palmaschool.org) under Quicklinks. All students entering grades six through nine read the same books for their grade level. Students in grades 10 through 12 read the same book for social studies at their grade level but should note the English class on the hard copy of the list of course requests mailed home in April to make sure they read the correct book(s) for that class.

**Books may be purchased from other sources. Covers may not match those shown here. Match ISBNs to ensure correct book and/or edition.*

Language Arts 6



Grade 6

The Great Brain

John D. Fitzgerald
ISBN 9780142400586

History 6



Grade 6

Dar and the Spear Thrower

Marjorie Cowley
ISBN 9780395797259

Language Arts 7

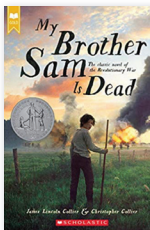


Grade 7

Theodore Boone: The Activist

John Grisham
ISBN 9780142423097

American History 7

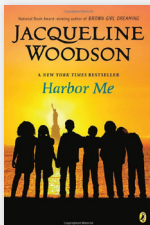


Grade 7

My Brother Sam is Dead

James Lincoln Collier & Christopher Collier
ISBN 9780439783606

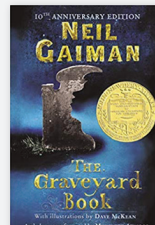
Language Arts 8



Grade 8

Harbor Me

Jacqueline Woodson
ISBN 9780525515142



Grade 8

The Graveyard Book

Neil Gaiman
ISBN 9780060530945

2022 Summer Reading List Page 2 of 3

English IA and English I Honors

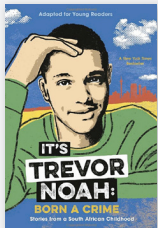


Grade 9
Fahrenheit 451
Ray Bradbury
ISBN 9781982102609



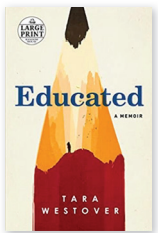
Grade 9
Steelheart
Brandon Sanderson
ISBN 9780385743570

English II

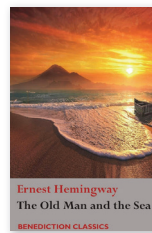


Grade 10
***It's Trevor Noah —
Born a Crime***
(Adapted for Young Readers)
Trevor Noah
ISBN 9780525582199

English II Honors



Grade 10
***Educated:
A Memoir***
Tara Westover
ISBN 9780399590504



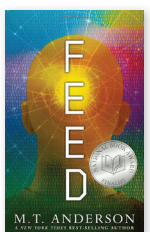
Grade 10
Old Man and the Sea
Ernest Hemingway
ISBN 9780684801223

World History and AP World History



Grade 10
Homegoing
Yaa Gyasi
ISBN 9781101971062

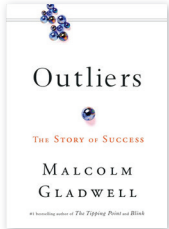
English III



Grade 11
Feed
MT Anderson
ISBN 9780763662622

2022 Summer Reading List

AP English Language and Composition



Grade 11

Outliers: The Story of Success

Malcolm Gladwell
ISBN 9780316017930

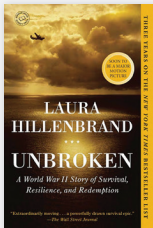


Grade 11

Scythe

Neal Shusterman
ISBN 9781442472433

U.S. History and AP U.S. History

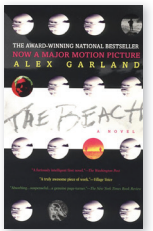


Grade 11

Unbroken

Laura Hillenbrand
ISBN 9780812974492

English IV

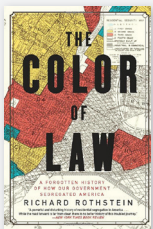


Grade 12

The Beach

Alex Garland
ISBN 9781573226523

Government and AP Government



Grade 12

The Color of Law

Richard Rothstein
ISBN 9781631494536

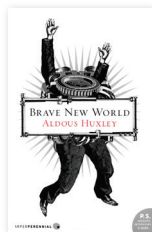
AP English Literature and Composition



Grade 12

One Flew Over the Cuckoo's Nest

Ken Kesey
ISBN 9780143105022



Grade 12

Brave New World

Aldous Huxley
ISBN 9780060850524



Summer School 2022

Summer school classes will begin on Monday, June 6th and run through Friday, July 8th.

There are two daily sessions

Session I is scheduled to run Monday through Friday from 8-10:30 am and Session II is scheduled from 10:35 am-1:05 pm. Most summer classes award five units (one semester's worth) and are designed to allow students who struggle in a given subject to make up grade deficiencies or to work on improving skills. Geometry Honors allows students to earn 10 units (two semesters' worth) and advance to Algebra II/Trigonometry in the fall. This class runs throughout both daily sessions. Enrollment in Geometry Honors is limited and requires

approval from a student's current math teacher. Theology-review courses are independent study, with periodic meeting times arranged with the instructor; other course offerings may also be available as independent study per arrangement with the summer school director and the individual instructor.

Classes are coed and are open to all students in our community. Courses are offered pending student interest and sufficient enrollment.

To see the complete list of classes or to register, please click on the links below.

[Click here for the summer school information](#)

[Click here to register](#)



First Day of Frosh Football

Saturday, August 6th, 9:00-11:00am

Please wear T-shirts, shorts, and football cleats to the first practice. Equipment will be handed out after practice that day.

FRESHMEN DO NOT GET CUT FROM THE FOOTBALL TEAM

All freshmen are invited to take advantage of the summer strength and conditioning program at Palma!

Summer Conditioning (Mon-Wed-Fri beginning June 1st)

Session 1 — Linemen/TEs/LBs/Summer School Students

- 6:00-7:00am - Strength in the weight room
- 7:00-8:00am - Speed/Conditioning
- 8:00-9:00am - Practice

Session 2 — Skilled Positions

- 7:00-8:00am - Strength in the weight room
- 8:00-9:00am - Practice
- 9:00-10:00am - Speed/Conditioning



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AmazonSmile is a website operated by Amazon.com with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on Smile.Amazon.com, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice.

Simply go to smile.amazon.com and select Palma School from the list of eligible charitable organizations, then start shopping. The more you shop, the more Chieftains have a reason to smile.

