

# PALMA SCHOOL

# Palma School Newsletter

A monthly newsletter for the parents of Palma

**JUNE 2024**



## What's Inside:

- Summer School 2024
- Letter from the Principal
- Students of Distinction
- Campus Ministry
- Palma Athletics
- Guidance Department
- Academic Calendar
- Summer Reading
- Freshman Football
- Cross & Shield

### SUMMER SCHOOL

Summer School  
for girls and boys  
entering  
grades 6-12

**SEE PAGE 2**

## Easy Ways To Support Palma

- **Include Palma in your prayers**  
*Prayer is the driving force behind many positive outcomes. Pray for our students, faculty and school.*
- **Tell your friends, neighbors and co-workers**  
*The most effective voice for Palma is yours. Talk to people about Palma and invite them to events.*
- **Include Palma in your estate plans**  
*Leave a lasting legacy for future generations of Chieftains by including Palma in your estate planning or as part of a charitable IRA rollover gift.*

*Be a Leader. Be a Chieftain.*



Questions, comments or suggestions: please email [marketing@palmaschool.org](mailto:marketing@palmaschool.org)

# 2024 CO-ED (ALL GRADES)

## SUMMER SCHOOL

Do you wish for your son(s)/daughter(s) to **accelerate** in Math? Do they need to **elevate** a failing grade? Do they want to **keep academic skills sharp** for next year? Palma is proud to offer a well-designed, diverse and **challenging** curriculum that is intended to **prepare** students to **excel** across all disciplines and is excited to offer **CO-ED** summer courses which are open to all students in our community. Palma School is **fully accredited** by the Western Catholic Education Association (WCEA) and the Western Association of Schools and Colleges (WASC).



### SCHEDULE OF COURSES

*Summer session courses meet Monday through Friday\**

ENROLL IN SUMMER SCHOOL

#### JUNE 3 THROUGH JULY 5

8:00am - 10:30am	10:35am - 1:05pm	8:00am - 1:05pm
Algebra 1 Review	Algebra 2 Review	Geometry (Honors)
Biology Review	English 9 and 10 Review	<b>Fees and Details</b> <b>Classes for 10 credits:</b> \$1,495 <b>Classes for 5 credits:</b> \$785 <b>Fundamentals of Spanish:</b> \$785 <b>Discount:</b> \$50 for two or more 5-credit courses <b>Textbooks (if needed):</b> to be purchased or rented at first class meeting <i>There are no refunds after the start of Summer School.</i>
English 11 and 12 Review	Math 7 Review	
JHS English/ Literature Review	Pre-Algebra Review	
Spanish 1 Review & Fundamentals of Spanish	Spanish 2 Review	
	Spanish 3 Review	

\*NOTE: Religious Review students will meet once each week, by appointment, with the instructor.

# 2024 SUMMER SCHOOL COURSE DESCRIPTIONS

## **ALGEBRA 1 REVIEW**

*Credits: 5 (High School or Junior High)*

Reviews numbers and basic arithmetic operations applied to them and proceeds through solving systems of equations and inequalities, polynomials and algebraic fractions by applying various algebraic axioms, concepts and methods. For those who failed or did poorly in Algebra I or those who wish to improve their math skills before entering school in the fall.

## **BIOLOGY REVIEW**

*Credits: 5 (High School)*

This course reviews the study of energy flow, plant and animal classification, microorganisms/aspects of cell theory, biochemistry, heredity and genetics, and evolution. Designed for students who failed or received a low grade in one or both semesters of Biology.

## **FRESHMAN/SOPHOMORE ENGLISH REVIEW (ENG 9 & 10)**

*Credits: 5 (High School)*

Review of college preparatory freshman and sophomore English composition and literature - specifically, of Palma's required summer reading texts. Designed for Palma students who have failed or received a low grade in English I or II and for those who need "extra help" with their summer reading or with English skills.

## **FUNDAMENTALS OF SPANISH**

*This course is for enrichment only; not for credit – 2.5 hrs for 5 weeks*

This course introduces students to the Spanish language and prepares incoming students who will be taking Spanish 1 at Palma. The instructor will review the fundamentals of Spanish such as numbers, sentence structure, alphabet, and verb conjugations.

## **GEOMETRY (HONORS)**

*Credits: Honors: 10*

An intensive course to present the principles of geometry covered at Palma. This honors course is designed primarily for Palma students who wish to advance to Algebra II Trigonometry during the coming school year.

**ENROLL IN SUMMER SCHOOL**

## **JHS ENGLISH/LITERATURE REVIEW (JUNIOR HIGH)**

*Credits: 5 (Junior High)*

Reviews the principles of English composition and literature covered in the seventh and eighth grade at Palma Junior High. Primarily designed for Palma Junior High students who have failed or received a low grade in English and for those who need "extra help" with their summer reading or with English skills.

## **JUNIOR/SENIOR ENGLISH REVIEW (ENG 11 & 12)**

*Credits: 5 (High School)*

Review of college preparatory junior and senior English composition and literature - specifically of Palma's required summer reading texts. Designed for Palma students who have failed or received a low grade in English III or IV and for those who need "extra help" with their summer reading or with English skills.

## **MATH 7 (JUNIOR HIGH)**

*Credits: 5 (Junior High)*

This course reviews the principles of general math covered in the seventh and eighth grade at Palma Junior High. Primarily designed for Palma Junior High students who have failed or received a low grade in General Math or those who wish to improve their math skills before entering school in the Fall.

## **PRE-ALGEBRA**

*Credits: 5 (High School or Junior High)*

Review of the principles of pre-algebra covered at Palma. Primarily designed for Palma students who have failed or received a low grade in Pre-Algebra or those who wish to improve their math skills before entering school in the fall.

## **RELIGIOUS STUDIES REVIEW**

*Credits: 5 (High School or Junior High)*

Independent study by contract to make up Religious course or credit shortages in required subjects. Enrollment is restricted to Palma students. The students will meet once each week, by appointment, with the instructor.

## **SPANISH 1, 2 OR 3 REVIEW**

*Credits: 5 (High School or Junior High)*

This course is to review the principles of college preparatory Spanish 1, 2 or 3 covered at Palma. Designed for Palma students who have failed or received a low grade in Spanish 1, 2 or 3; or those who wish to improve their language skills before entering school in the fall.





## From the Principal

Have a safe summer vacation filled with many opportunities for recreation! God bless you and your families.

I hope that the summer days ahead bring our Chieftains much peace and rejuvenation as they prepare a return to Palma School in the fall. "Time off" is good for our growth and maturity; it affords opportunities for our students to exercise some freedoms and responsibilities, and to earn trust for good decision-making. It should also be noted, however, that our students need to be guided on how to spend that down time. As parents we should know where and who with they are. We should know their friends and their families. They need to be encouraged to keep busy about good and purposeful work.

Please consider some important realities\* to which our youth are exposed today and especially during summers:

- 40% increase in first-time use of marijuana during June and July; the number of drinkers and cigarette smokers also jumps during the summer
- 10,000,000 American junior and senior high school students admit to drinking monthly
- 79% teens report that being drunk/high feels good
- 67% teens say drinking/drug use helps them forget problems
- 66% teens succumb to peer pressure ("others do it")
- 47% teens say they have nothing better to do
- many teens who drink report that they buy their own alcohol or get it from mom/dad
- nearly 50% of teen fatalities from car crashes involves alcohol
- 30% of California 11th graders reported either driving a car after drinking or being in a car driven by another who had
- car crashes are the leading cause of death for young people aged 15-20; when combining most teens' inexperience on the road with risk taking behavior and any use of any drug or alcohol, this results in a high risk for disaster

There are even more staggering statistics and research on the exponential growth of vape pens, and other drug-laced tobacco burning devices that create interest among our youth. Experts report that the best predictor of risky sexual behavior is alcohol and/or drug use.

Illicit use of controlled substances, alcohol, and narcotics are, for some people, a very attractive means to social gains, popularity, parties, and attention from the opposite sex. Our youth need to be reminded of the empty illusions that these substances portray. They need to have conversations with parents, mentors, teachers, and coaches who can call their attention to the regrets, the mistakes, lack of motivation, insidious behaviors, even illegal activity that so often accompany inappropriate / illicit use of such substances.

Do you have an adolescent in your life about whom you suspect there might be a problem? Have a conversation about what you are observing, do NOT wait until the issues become life altering. You can help by simply asking the questions. Asking for help is really the hardest step. A healthy soul frees and forms a healthy mind; and a healthy mind disciplines a healthy body. Have a safe summer vacation filled with many opportunities for recreation! God bless you and your families. *Go Chieftains!*

Yours in Blessed Edmund Rice,

David J. Sullivan  
Principal

\*2010 statistics by the Community Hospital of the Monterey Peninsula's Clint Eastwood Youth Program





# Congratulations to these seniors who met the requirements for CSF Life Membership!

Nicholas Bengard	Thomas Ducker	Isaac Kelly	Thomas Nunes	Nicolas Veliz IV
Keoni Bennett	Anmol Ghuman	Johannes Landis	Gabriel Ovando	Timothy Youssef
Evan Bobadilla	Rolando Infante	Gavin Lanini	Tobias Perkowski	Joel Zaragoza
Aaron Braasch	Ian Jury	Gavin Martinez	Caleb Romero	
Tyler Cina	Luka Kawamoto	Drew Molinari	Timothy Slater	
Roberto De León	Noa Kawamoto	Jaideep Nahal	Jaden Soliz-Kincaid	

Life Members have qualified and applied for membership to CSF based on grades earned during four of their sophomore, junior, and senior semesters, one semester of which must be during senior year. CSF Life Members were able to wear gold CSF cords at the graduation ceremony and also have the official CSF gold seal affixed to their diplomas.

High school students should watch for the CSF membership drives in September and February of each school year. Students become eligible to apply after the first semester of freshman year and must reapply for membership each semester.

## Class of 2024 Palma High School Distinguished Scholars

After a review of spring-semester grades and other criteria, Palma is pleased to announce that the following seniors have met the requirements to be recognized as Distinguished Scholars of the class of 2024. These students, each of whom applied last fall for one or both of the programs listed below, were recognized at graduation with plaques and honor cords.

Their diplomas have also been affixed with a special seal, and their custom transcripts, which are being sent to colleges, clearly indicate their stellar efforts.

### STEM+ Scholars

Anmol Ghuman    Nicolas Veliz    Timothy Youssef

### Excellence in the Humanities Scholars

Nicholas Bengard    Roberto De León    Jaideep Nahal  
Thomas Ducker    Anmol Ghuman    Nicolas Veliz

The scholar programs recognize qualifying students for their mastery of a rigorous curriculum as indicated by the courses they take, the grades they earn, and their passage of Advanced Placement Exams. The programs are distinctions beyond the high achievement that already signifies a Palma High School diploma. Those interested in learning more about the scholar program should contact Mr. Viarengo.

## Students of Distinction in JHS Class of 2024

### California Junior Scholarship Federation (CJSF)

Joaquin Avelar-Moreno	Noah Hockin	Quinton Piña
Carson Bolding	Jacob Martinez	Griffin Ripley
Mason Borrmann	Jonah Martinez	Matheo Sanchez
Colton Brown	Thomas Mazzei	Isaiah Serrano
Gabriel Colon	Owen Mazzuca	Diego Sullivan
Frank Gallegos Carmona	Richard Medrano-Gutierrez	Christopher Villegas
Gabriel Gracia	Joseph Mollner	Jack Witting
Timothy Gin	William Phelps	

### National Junior Honor Society

Joaquin Avelar-Moreno	Thomas Mazzei
Justin Bhardwaj	Owen Mazzuca
Carson Bolding	Joseph Mollner
Colton Brown	Graham Neff
Gabriel Colon	Quinton Piña
Cole Flickner	Griffin Ripley
Timothy Gin	Matheo Sanchez
Colton Hodges	Jack Witting
Jonah Martinez	



# Campus Ministry

Mr. Willie Beesley '86  
x300  
beesley@palmaschool.org

*Everyone have a great summer!*

## Palma and CTF Soledad

We had a great year of collaboration and camaraderie at CTF Soledad this past year. It culminated with a brunch that was covered by KSBW (links below). Thank you to everyone who participated this year. We are looking forward to next year.



[KSBW PART ONE](#)

[KSBW PART TWO](#)

## 2024/2025

We are looking for parent volunteers interested in taking students to community service opportunities on a regular basis after school next fall. Contact Mr. Beesley beesley@palmaschool.org if you are interested.

## Prayers and Props

Please remember to visit Palma's Campus Ministry page to share props or accomplishments your son has done outside of school as well as prayers you wish to be offered at Palma's Masses and Chapel Time.

[PRAYERS AND PROPS](#)

## VOLUNTEER OPPORTUNITIES

**Jacob's Heart** – Deliver groceries, decorate cards and grocery bags, assist staff with office tasks, etc.  
[CLICK HERE FOR INFO OR TO REGISTER](#)

**All in Monterey County** – Food Drives Every Wednesday ALL-IN Drive Through Market at Seaside HS at 4:30pm till supplies run out. Volunteers help gift bounties of food to our guests as they drive through. For info [CLICK HERE](#)

**Blue Zones Project**  
Live longer, better. Encouraging changes in our community that lead to healthier options.  
[CLICK HERE](#)

**Save Our Shores**  
Foster thriving and sustainable ecosystems in the Monterey Bay and surrounding habitats through equitable environmental action. [CLICK HERE](#)

**Dorothy's Place**  
Essential services and transitional support to people experiencing the injustice of homelessness and extreme poverty. [CLICK HERE](#)

**Lincoln Cunningham Park Clean Up - Seaside**  
10:00am-12:00pm (BYO work gloves, water, snacks)  
Fill out Seaside volunteer form at [CLICK HERE](#)

**REACH Junior Warriors Basketball**  
Join the fun and volunteer with Special Kids Connect for REACH Junior Warriors Basketball program on Mondays and Wednesday starting April 8. You must be 13 or older to volunteer. For more information: [CLICK HERE](#)

*Visit the "Student Outreach" page on our website for more volunteer opportunities. Do you know about an upcoming service opportunity? Reach out to Mr. Beesley at beesley@palmaschool.org.*



# Chieftain Athletics

Mr. Rob Bishop  
x229  
bishop@palmaschool.org

*Go Chieftains!*

## Time to light up the night again

Last year a whole lot of volunteers had a whole lot of fun working our fireworks booth. This is a good fund raiser to start out the new school year and gives us great visibility in the community. Please consider signing up for a short, three-hour shift. The booth will be open from noon until 9:00pm on Friday, June 28th, then from 9:00am to 9:00pm Saturday, June 29th through Thursday, July 4th. The booth will be located on South Main Street in the Star Marketing parking lot (corner of S. Main and Blanco) in Salinas. I hope to see you at the booth as a volunteer and/or to purchase your fireworks.

Sign up for a shift

**Celebrate the 4th of July**  
**Support Palma Athletics**



**with Fireworks from the  
Palma Fireworks Booth!**

**June 28th-July 4th**  
**Star Market Parking Lot**  
**Corner of S. Main and Blanco, Salinas**  
 open daily until 9 pm

## Volunteer and have some fun

This summer, Palma Athletics will be returning to satisfy the tri-tip cravings of fans at the California Rodeo, July 18th through 21st. I will be sending an email with more details and sign up opportunities. Please consider helping on a shift.



## Athletics website and app



We are currently installing a new athletics website and app. It offers easier navigation and a host of features that will enhance connectivity for Chieftain fans. Stay tuned for more information as we bring it online.

## Palma Athletics on Instagram

Did you know Palma Athletics has an Instagram page? View photos from our athletic games and fund raisers. Check it out at [instagram.com/palmaathletics](https://www.instagram.com/palmaathletics).



For the latest athletic updates please follow me on twitter at [@Coach\\_Rbishop](https://twitter.com/Coach_Rbishop). I tweet upcoming game times for all sports each week as well as results and other fun information regarding Palma Athletics.

**My heart-felt thanks to all of the volunteers who gave their time to make the 2023-2024 sports season happen. Your involvement with athletics is appreciated by our faculty, staff and especially our student-athletes.**

**— Mr. Rob Bishop**

GET YOUR OFFICIAL PALMA GEAR HERE





# Guidance Department

Mrs. Irina Short  
x242  
short@palmaschool.org

*Congratulations Graduates!*

## **The class of 2024 is off to college!**

Another year is in the history books! It's time for our graduated seniors to begin the experiences of life after high school. Once again, Palma School graduates have indicated their intention to continue their education in colleges and universities across the nation. This year's class has selected a truly diverse collection of colleges and universities. Our 2024 grads can be found on a total of seven different CSU campuses: one attending Chico, four are going to Cal Poly San Luis Obispo, three at Fresno, one at Long Beach, four at Monterey Bay, three at San Diego, and five at San Jose. Our students will also be attending two different UC campuses: two students at Berkeley, and one at Los Angeles. Palma grads are also on their way to other great colleges across the country like: Arizona State University, CA Baptist College, Cornell University, Grand Canyon University (six students), Indiana University, North Central College, Portland State, Saint Mary's College, SUNY University, University of Dallas, University of Notre Dame (two students), University of Oregon (two), University of San Diego (two), University of San Francisco, and of the Pacific. Our students will also be attending several community colleges: Gavilan College, Hartnell College (five), Lassen Community College, Monterey Peninsula College (11 students), San Jose City College and Santa Monica College (two).

## **The keys to success**

In the fall, returning students and parents should continue to take advantage of Palma's outstanding web-based guidance program called SCOIR. It is an online research and planning tool for Palma students, parents, and guidance counselors. The website manages individual students as they move through the entire college planning, application, and decision process. Through SCOIR, counselors and students can communicate about pending deadlines and receive important notices directly. SCOIR is an important resource for college and career planning and can assist the student in making informed decisions about their future. SCOIR allows you to search for colleges,

compare academic stats, research careers and find scholarship opportunities. In addition, SCOIR allows you to see how you compare with Palma alumni who applied to your favorite colleges in the past, monitor your applications, prepare a resume, ask for letters of recommendation, and find scholarships. Parents are encouraged to create their account in SCOIR to link to their student's account.

## **D's in college-prep courses just won't cut it!**

Four-year colleges and universities will only accept grades of "C" or better to meet college-prep course requirements for admission. If your student is planning to attend a four-year college, they must make-up any deficiencies prior to graduation. Students taking summer school courses to make-up D's and F's are reminded that passing a 5-credit course during summer school will only replace one 5-credit semester grade (not the entire year). In other words, a student failing both semesters of Algebra would need to register for (and pass) 10 credits of Algebra prior to graduation. Also, remember that universities require that incoming college freshmen need at least two years of credit in the same foreign language. This means that a student who completed one year of Latin and one year of Spanish has not met that requirement. The CSU and the University of California require completion of one year (10 credits) of a visual or performing art prior to graduation. Palma students have a number of options for accomplishing this requirement.

## **Junior monthly reminder**

- Continue to explore colleges and financial aid opportunities.
- Look into summer programs, workshops, internships, or jobs.
- Continue to work on your common application and essays.
- SCOIR and The Common Application open up on August 1st for private and out of state applications.
- The UC Application opens up on August 1st.

# 2024-2025 ACADEMIC CALENDAR

**Doctor appointments, college visits, family vacations, etc. should take place outside of school times or on school holidays — not during scheduled school days.** This academic calendar is provided to assist families with vacation schedules **so as not to conflict with school attendance.** Revised May 21, 2024.

AUGUST 2024						
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SEPTEMBER 2024						
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29	30					

OCTOBER 2024						
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NOVEMBER 2024						
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DECEMBER 2024						
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## SPECIAL EVENTS

- F Aug 9 New Student Orientation Grades 6-9  
New Parents Orientation: Frosh & Grades 6-8
- M Aug 12 Attendance Mandatory: ALL Grade Levels Orientation
- T Aug 13 First Day of Classes
- Th Aug 15 Solemnity of the Assumption of Mary Masses, per. 1-3
- Sa Aug 17 Red & Gold Family Day
- F Aug 23 Taste of Palma Mixer for Parents & Staff, 6-8pm
- W Aug 28 Mini-Schedule, Back-to-School Night in BDH 6pm
- F Nov 1 All Saints Mass per. 1-3
- Th Dec 12 Misa de La Virgen de Guadalupe, BER Chapel, 7am
- W-F Dec 18-20 Fall Semester Final Exams; Special Schedule
- W Mar 5 Ash Wednesday Mass, per. 1-3
- Th May 1 Founder's Day Mass & BBQ / Chieftain Giving Day
- T-Th May 27-29 Spring Semester Final Exams, Special Schedule
- F May 30 Senior Baccalaureate Mass at Madonna del Sasso
- F May 30 Jr. High School Graduation
- Su Jun 1 High School Graduation at Sherwood Hall, 10am

## NOTABLE DATES

- F Dec 20 End of Second Quarter/Fall Semester
- F May 30 End of Fourth Quarter/Spring Semester

## NO CLASSES DAYS

- M Sep 23 Professional Growth Day
- M Oct 14 Indigenous Peoples Day / Quarter Break
- M Nov 11 Veterans Day
- M-F Nov 25-29 Thanksgiving Week Vacation
- M Dec 23 Christmas Vacation (through January 7, 2025)
- Th-M Feb 13-17 Winter Break
- M-F Mar 24-28 Spring Break
- F-M Apr 18-21 Easter Break
- F May 2 Founder's Day
- F May 30 Exam Correction Day

## SCHOOL CLOSED

- M Sep 2 Labor Day
- Th-F Nov 28-29 Thanksgiving
- W Dec 25 Christmas Day
- W Jan 1 New Year's Day
- M Jan 20 Dr. Martin Luther King Jr. Day
- M Feb 17 Presidents Day
- F Apr 18 Good Friday
- M May 26 Memorial Day

JANUARY 2025						
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FEBRUARY 2025						
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MARCH 2025						
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APRIL 2025						
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MAY 2025						
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JUNE 2025						
Su	M	T	W	Th	F	Sa
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# 2024 Summer Reading List Page 1 of 3

Students entering the following grades in the fall of 2024 are **required** to read the books listed under classes they will be taking. All students will be assessed early in the first quarter. Books can be purchased at online booksellers either as physical books or e-books. This summer reading list with links to purchase the books at Amazon.com can also be found on the Palma website under Quicklinks. All students entering grades 6 through 9 read the same books for their grade level. Students in grades 10 through 12 read the same book for social studies at their grade level but should note the English class on the hard copy of the list of course requests mailed home in April to make sure they read the correct book(s) for that class.

*\*Books may be purchased from other sources. Covers may not match those shown here. Match ISBNs to ensure correct book and/or edition.*

## Language Arts 6



**Grade 6**  
***City of Ember***  
Jeanne DuPrau  
ISBN 9780375822742

**PURCHASE**

## History 6



**Grade 6**  
***Dar and the Spear Thrower***  
Marjorie Cowley  
ISBN 9780395797259

**PURCHASE**

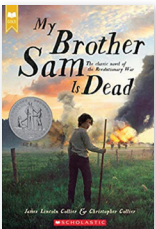
## Language Arts 7



**Grade 7**  
***Theodore Boone: The Activist***  
John Grisham  
ISBN 9780142423097

**PURCHASE**

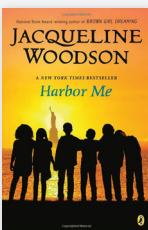
## American History 7



**Grade 7**  
***My Brother Sam is Dead***  
James Lincoln Collier & Christopher Collier  
ISBN 9780439783606

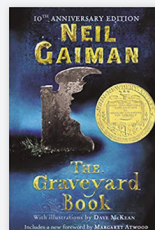
**PURCHASE**

## Language Arts 8



**Grade 8**  
***Harbor Me***  
Jacqueline Woodson  
ISBN 9780525515142

**PURCHASE**



**Grade 8**  
***The Graveyard Book***  
Neil Gaiman  
ISBN 9780060530945

**PURCHASE**

## English IA and English I Honors



**Grade 9**  
***Fahrenheit 451***  
Ray Bradbury  
ISBN 9781982102609

**PURCHASE**



**Grade 9**  
***Steelheart***  
Brandon Sanderson  
ISBN 9780385743570

**PURCHASE**

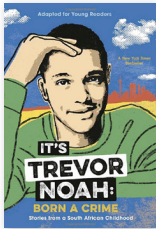


# 2024 Summer Reading List Page 2 of 3

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*\*Books may be purchased from other sources. Covers may not match those shown here. Match ISBNs to ensure correct book and/or edition.*

## English II



Grade 10

***It's Trevor Noah —  
Born a Crime***

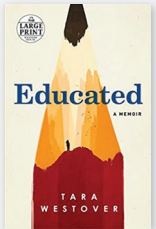
*(Adapted for Young Readers)*

Trevor Noah

ISBN 9780525582199

**PURCHASE**

## English II Honors



Grade 10

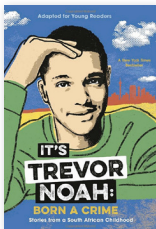
***Educated:  
A Memoir***

Tara Westover

ISBN 9780399590504

**PURCHASE**

## World History and AP World History



Grade 10

***It's Trevor Noah —  
Born a Crime***

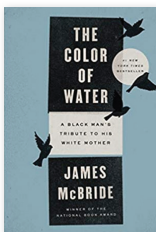
*(Adapted for Young Readers)*

Trevor Noah

ISBN 9780525582199

**PURCHASE**

## English III



Grade 11

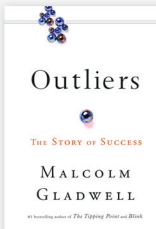
***The Color of Water***

James McBride

ISBN 9781594481925

**PURCHASE**

## AP English Language and Composition



Grade 11

***Outliers: The Story of Success***

Malcolm Gladwell

ISBN 9780316017930

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Grade 11

***Scythe***

Neal Shusterman

ISBN 9781442472433

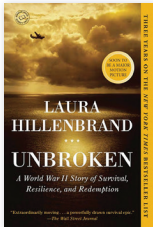
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# 2024 Summer Reading List Page 3 of 3

Students entering the following grades in the fall of 2024 are **required** to read the books listed under classes they will be taking. All students will be assessed early in the first quarter. Books can be purchased at online booksellers either as physical books or e-books. This summer reading list with links to purchase the books at Amazon.com can also be found on the Palma website under Quicklinks. All students entering grades 6 through 9 read the same books for their grade level. Students in grades 10 through 12 read the same book for social studies at their grade level but should note the English class on the hard copy of the list of course requests mailed home in April to make sure they read the correct book(s) for that class.

*\*Books may be purchased from other sources. Covers may not match those shown here. Match ISBNs to ensure correct book and/or edition.*

## U.S. History and AP U.S. History



Grade 11

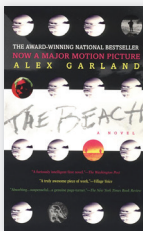
**Unbroken**

Laura Hillenbrand

ISBN 9780812974492

**PURCHASE**

## English IV



Grade 12

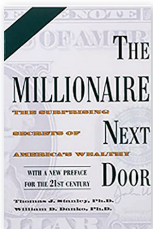
**The Beach**

Alex Garland

ISBN 9781573226523

**PURCHASE**

## Gov't/Econ and AP Gov't & Pol.



Grade 12

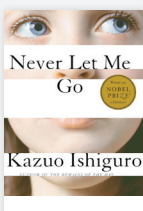
**The Millionaire Next Door**

Thomas J. Stanley & William D. Danko

ISBN 9781589795471

**PURCHASE**

## AP English Literature and Composition



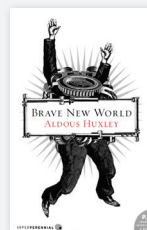
Grade 12

**Never Let Me Go**

Kazuo Ishiguro

ISBN 9781400078776

**PURCHASE**



Grade 12

**Brave New World**

Aldous Huxley

ISBN 9780060850524

**PURCHASE**

# FRESHMAN FOOTBALL



## First Day of Frosh Football

**Friday, August 9th - 3:30-5:30pm**

Please wear T-shirts, shorts, and football cleats to the first practice.

Equipment will be handed out after practice that day.

**FRESHMEN DO NOT GET CUT FROM THE FOOTBALL TEAM**

*All freshmen are invited to take advantage of the summer strength and conditioning program at Palma!*

**Summer Conditioning** (Mon-Wed-Fri beginning June 3rd)

### **Session 1 – Linemen/TEs/LBs/Summer School Students**

6:00-7:00am - Strength in the weight room

7:00-8:00am - Speed/Conditioning

8:00-9:00am - Practice

### **Session 2 – QBs/RBs/WRs/DBs**

7:00-8:00am - Strength in the weight room

8:00-9:00am - Practice

9:00-10:00am - Speed/Conditioning



*NOTE: Due to construction on the Palma campus, the weight room will be temporarily moved to 900 South Main Street in the Park Row Center. We will lift weights with new state-of-the-art equipment purchased in the new facility and then walk the .6 mile back as a group with coaches after the workout.*

*Parents: Please drop off players at the new facility and pick them up at Palma.*



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