

P PALMA SCHOOL Palma School Newsletter

A monthly newsletter for the parents of Palma

OCTOBER 2023



Photo courtesy of Shane Mercado

Palma Water Polo is making a splash this fall.

What's Inside:

- Letter from the Principal
- Campus Ministry
- Palma Athletics
- Guidance Department
- College Fair
- College Tour 2024
- Paint Night
- Flu Clinic
- Yearbook
- October Lunch Menu



Pray the Rosary

Join your Palma family in the Blessed Edmund Rice Chapel at 2:40p to pray the rosary.

Monday, Oct. 2

Tuesday, Oct. 10

Monday, Oct. 16

Monday, Oct. 23

Monday, Oct. 30

Be powerful. Be a Chieftain.



Questions, comments or suggestions: please email marketing@palmaschool.org

schedule highlights

Wednesday, October 4

6:00-7:30p - Financial Aid Pres. via Zoom

Monday, October 9

NO CLASSES - Indigenous Peoples Day

Monday, October 9

9:00a-1:00p - Campus Tour (pre-registered only)

Monday, October 9

5:30-6:30p - Athletic Council Meeting in CSC

Wednesday, October 11

4:00-7:00p - Free Flu Shot Clinic in BDH

Friday, October 13

9:00a-12:30p - PSAT in BDH

Monday, Oct. 16 - Friday, Oct. 20

Homecoming Week

Wed., Oct. 18 Dodgeball Tournament, 6:30-8:30p

Thu., Oct. 19 Gym Decorating, 6:30-7:30p

Fri., Oct. 20 Rally in the Gym, 1:45-2:35p

Sat., Oct. 21 Dance in the Gym, 7:00-10:00p

Monday, October 23

6:00-7:00p - Parents' Club Meeting in CSC

Tuesday, October 24

6:00-8:00p - Winter, Spring HS Sports **Mandatory** Player/Parent/Coach Meeting in BDH

Wednesday, October 25

8:30a - Red Day Schedule

Thursday, October 26

9:30a - Gold Day Schedule

Thursday, October 26

6:30-8:00p - Parent-Teacher Conferences in BDH



From the Principal

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Thank you for
your sacrifices
and investments
of your time,
your talent, and
your treasure in
making Palma
School a great
success.

Dear People of Palma,

Thank you for reading this monthly newsletter. Try as I might to keep my communication with you brief, I could not limit myself to one page this month. This is a beautiful time of year, and I beam with pride at our Chieftain students, our highly committed teachers, staff and coaches, and so many supportive parents, volunteers, benefactors and proud alumni. Palma School is a place where *The Essential Elements of an Edmund Rice Education* thrive, where we “celebrate the value and dignity of each person and nurture the development of the whole person,” where we “collaborate and share responsibility for the mission,” and where we “pursue excellence in all endeavors” (*Essential Elements* V, VI, and VII). Thank you for your sacrifices and investments of your time, your talent, and your treasure in making Palma School a great success.

October Month of the Rosary Catholics have a strong devotion to Mary, the Blessed Mother of God, and especially through the holy rosary. Some have described praying the rosary as a spiritual weapon to counter the powers of darkness. Others depend on it for daily prayer and tranquil meditation, both public and private. It is often used to center families grieving the loss of a loved one, particularly in the afternoon/evening prior to a funeral Mass. The rosary is not a form of idolatry; people don't use the rosary to pray to Mary. Rather, it is preferred to think of the rosary as an instrument for meditation that empowers us to pray with and through Mary. The rosary invokes the Mother of God to pray with and for us as we meditate on the sacred mysteries of the Gospel that surround the infancy and early life of Jesus (the Joyful Mysteries), Jesus' Passion and death (the Sorrowful Mysteries), the Resurrection of Jesus (the Glorious Mysteries), and the ministry of Jesus (the most recent Luminous Mysteries). As a mantra of repetitive prayers are recited (the Our Father, the Hail Mary and the Glory Be), believers meditate on these mysteries of the Gospel in order to engage the mind and soul for communion with God.

The Palma Family could use your prayer. We are beyond blessed, and yet we are burdened with many needs as well. I also ask that you keep me and all whom I serve here at Palma in your prayer. To facilitate some opportunities to gather in prayer, I am inviting anyone willing and able to join me in prayer on the first day of each week of classes throughout October in our Bl. Edmund Rice Chapel for 20-25 minutes just after the last class of the day is dismissed. This way, even parents who pick up their sons can join us if they so choose. All are welcome to join me in the chapel:

Mon., Oct. 2 @ 2:40 pm Tue., Oct. 10 @ 2:40 pm (*no classes on M., Oct. 9*)

Mon., Oct. 16 @ 2:40 pm Mon., Oct. 23 @ 2:40 pm Mon., Oct. 30 @ 2:40 pm

If you cannot be with us physically at any of the above times, perhaps you might consider praying from wherever you are in spiritual union with us — even at the above times? Please join me in commitment to prayer in a special way this month in solidarity with Christ, his mother Mary, and the strong legacy of rosary prayer among Catholic schools.

Palma Parking Lot Pick-up/Drop-off Most parking spots on campus are assigned during the school year. So I ask parents to respect spaces reserved for those spots before 8:30am, in particular. If parents have business on campus and arrive after 8:30am please feel free to park in any unused parking spot; any student with a reserved space who is arriving later than 8:30am, will need to make adjustments, and our Director of Student Life has communicated this to our students in multiple ways and multiple times.

Continued on the next page

Also, as nice as it is seeing parents at drop-off times in the morning and at pick-up times in the afternoon, it would not hurt our young men to exercise some pedestrian safety and walk to another prearranged space along any one of our neighboring streets for their parents to pick them up. This would relieve the 12-15 minute congestion in our parking lot and along the streets at the end of each school day. And, after picking up their favorite Palma student on campus, if parents would simply turn right instead of left at the corner of Iverson and Acacia Streets, drivers could further alleviate congestion at drop-off and pick-up times.

Lastly, while no one student is more important to Palma than another, no one parent is more important to Palma than another also. So why not, when dropping off your favorite Palma student in the parking lot, drive all the way in beyond the first turn, *beyond the flag pole* (red curb), and drop him off in front of the chapel? Please do not stop in the middle of the driveway upon entering our lot, and create a log jam behind you on a two-way street. Moreover, when you drive beyond the first turn in the parking lot, why not pull over along the drop-off lane and allow others to pass you on the left instead of parking and/or stopping right in the middle of the lane? Let's be cautious and prudent and kind to others.

Dress Code Perhaps one of the most defining characteristics of a private, especially a Catholic school, is the reality of an enforced dress code, if not a uniform. There are some who have advocated for monogrammed sweater vests, dress shoes, and ever more strict policies regarding haircuts and facial hair. Others would very much like to see as little regulation as possible. "These are college-bound students," they say, "Why should Palma care about collared shirts, or clean-shaven faces?" Still others who are content with Palma's current dress code, "But if only these students would tuck their shirts in!" they argue.

For many years, Palma has adhered to a [dress code](#), which is clearly stated in the [Student and Parent Handbook](#), and to which families consent when students are enrolled. The philosophy of Palma's dress code is well-stated: "The attire of students and the pride they show in their appearance contributes greatly to their performance in and out of class and to the respect they earn. This pride in being a gentlemen and a student at Palma is well worth preserving and fostering." Nonetheless, Palma's dress code allows for some small degree of self-expression and individuality, if not ample opportunity for discussion regarding differing points of view and individual preferences. Yet there are some who seem to never tire of pushing the limits — testing school authority. Some brashly ignore policy, and others think so highly of themselves for evading a watchful eye, if even for a moment.

I hope I never tire of the need to deal with issues regarding dress code. Yes, there are days when administrators and teachers "pick and choose their battles" regarding dress code enforcement, but there is something so healthy about this struggle between an adolescent who craves his independence and the adult who must provide the parameters and subsequent consequences for those who go too far. It is a very human desire to rebel, and even more so a teen's desire, to do what *he* wants. But perhaps it is equally important that the threshold for that rebellion be a safe one. And if that threshold is merely a student's attempt to evade the dress code, then I am happy to enter that struggle anytime and anywhere. I find it far better to work at keeping students in compliance with *dress code*, than to confront the tragic realities of illegal and illicit rebellion that so often plague many others beyond our campus.

Thank you for reading. Thank you more for your support. Remind your son: Be a leader. Be a Chieftain! And let's mentor that.

Yours in Blessed Edmund Rice,



Mr. David J. Sullivan
Principal



CSF *California Scholarship Federation*



CSF stands for the California Scholarship Federation, whose mission is to recognize and encourage academic achievement among students in California. There are approximately 1500 chapters in schools throughout the state, and each chapter is composed of students who meet CSF eligibility requirements. Eligible students become members by submitting applications based on their semester grades, with good behavior another factor for qualification. Membership is for one semester, and membership drives are held each semester within established periods dictated by CSF bylaws.

Congratulations to the students below who had spring 2023 semester grades and behavior that qualified them to apply for membership and who also met the deadline for submitting an application. Students must reapply each semester they are eligible; the next application period will be in February based on the current semester's grades. Students can earn Life Membership by earning membership during four semesters in grades 10 through 12, one of which must be based on grades earned during senior year. If you have any questions regarding CSF, please contact Mr. Viarengo (viarengo@palmaschool.org).

Grade 10

Johanne Ajoc
Wyatt Bakker
Dylan Chung
Keith Ewart
Ryan Flores
Eric Garcia

Anthony Guerrero
Benjamin James
Damien Lopez-Regalado
John Michael Manalang
Christopher Ng
Francis Perez

Sebastiann Ponce
Jeremy Ramirez
Eduardo Saavedra
Luke Secondo
Andrew Sosic

Taylor Swan
Tristan Thoeni
Aiden Veliz
Heinrich Vetter
Joseph Viarengo

Grade 11

Benjamin Alcantara
Brady Amaral
Boston Collins
Benjamin Dalton
Daniel Gutierrez
Lukas Hell
Isidro Hernandez

Ivan Hu
Eric McKay
Lucas Milburn
Jose Montes
Dan Nino
Daniel Pedersen
Ayden Perez

Nicolas Pezzini
Kianno Philpot Montano
Christian Ramirez
Jeremy Regalado
Xavier Reinhardt
Skyler Reyes-Espinola

Enrique Saavedra
Garrett Schoeder
Elias Siegel
Dean Silacci
Phillip Velasquez
Jaskaran Walia

Grade 12

Nicholas Bengard
Keoni Bennett
Aaron Braasch
Dylan Calabro
Tyler Cina
Roberto De León
Thomas Ducker

Anmol Ghuman
Ryan Guerra
Rolando Infante
Ian Jury
Noa Kawamoto
Luka Kawamoto
Isaac Kelly

Johannes Landis
Gavin Lanini
Gavin Martinez
Drew Molinari
Jaideep Nahal
Thomas Nunes
Gabriel Ovando

Tobias Perkowski
Caleb Romero
Timothy Slater
Jaden Soliz-Kincaid
Nicolas Veliz IV
Joel Zaragoza



Campus Ministry

Mr. Willie Beesley '86
x300
beesley@palmaschool.org

Join Campus Ministry Liturgy Club. We'll meet on October 3rd and 25th in B-3, first half of both lunches

All are welcome!

Morning Mass is offered every class day at 7:30am in the Blessed Edmund Rice Chapel. These Masses are open to parents, friends, students, staff, neighbors, and all. Come and see!

Holy day of obligation

The next holy day of obligation is All Saints Day on November 1, 2023 in the Blessed Edmund Rice Chapel during periods 1-3. All are welcome.

Prayers and props

Please visit Palma's Campus Ministry webpage to send us your prayer requests and intentions to be offered up during the morning Masses. You'll also find "Props" to alert us to accomplishments your son has achieved in or outside of school. We want you to brag about your son!!

VISIT THE CAMPUS MINISTRY WEBPAGE

All Souls



Remember our brothers and sisters who have gone to their rest in the hope of rising again.

Please send us the names of your deceased loved ones by the end of October. They will be placed on the altar in the Blessed Edmund Rice Chapel and will be remembered in reverence and prayer in November. Drop off this form or email beesley@palmaschool.org. Please use "All Souls" in the subject line. *Thank you.*



Bball in the Hall

Eli Garnica '26, JJ Saucedo '26 and Robert Galli '23 ran drills and scrimmaged with young men in Juvenile Hall.

Mr. Beesley '86 is teaching guitar for liturgical music. Here he's teaching *Saints Go Marching* for the All Saints Day Mass.



Eighth graders Colton Hodges, Thomas Mazzei, Jonah Corpus, Carson Bolding, Mason Holaday and DJ Sullivan performed a skit during Chapel time.



SNIP will be collecting pet needs in front of school on October 10-11. Thank you SNIP crew for your commitment.



Chieftain Athletics

Mr. Rob Bishop
x229
bishop@palmaschool.org

Go Chieftains!

A giant **THANK YOU** to our volunteers

Thank you to all of the parents who have volunteered at our athletic contests so far this year. You make a huge difference and we cannot do it without you.

Chieftain athletics in October

October is a big month for Chieftain athletics. Our squads are in the middle of their seasons and heading into their most impactful contests in league play. I encourage everyone to attend as many games as you can. The boys are aware of your presence and it makes a huge difference to know they have your support.

Winter sports reminder

There is a MANDATORY Player/Parent/Coach meeting on Tuesday, October 24th at 6:00pm in Br. Dunne Hall. This meeting is for High School student-athletes who are planning to play on a winter and/or spring sports team.



HOME CAMPUS
ONE STOP SHOP FOR SCHOOL ATHLETICS

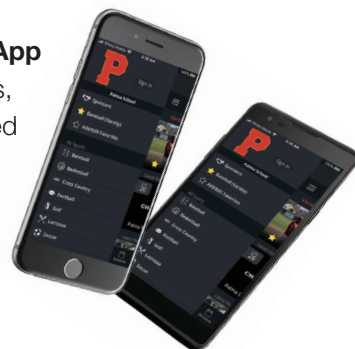
If you plan on participating on a HS winter sports team, (i.e. basketball, soccer, wrestling) or JH basketball, and haven't already done so, you need to get your athletic clearance before the season begins. Visit www.homecampus.com. Click "For Students & Parents" and select "California." Returning users log into the existing account used the previous school year. New users need to create an account. Please register with a valid Parent/Guardian email address as the username and generate a password. Select "Start Clearance Here" and complete all of the required fields. Sign the documents by typing in an EXACT match of what is on the Student & Parent/Guardian page. Make sure to click "Save & Continue" after completing the files page to submit the clearance. Your clearance is ready for review by Palma School once you have reached the "Confirmation Message" page. **YOU ARE NOT CLEARED YET.** Palma must review and clear you. An email notification will be sent once you have been cleared for participation.



Palma Athletics App

contains schedules, rosters and updated scores. It is part of

the "gochieftains" website. You can find the app at the Apple and android app stores.



Put your name up in lights

Put your company name or family message on all three scoreboards. Your message could appear on the Jumbotron at Rabobank Stadium, on the Holaday Seed Scoreboard in the gym and on the 17-foot video scoreboard during contests on our track, field and baseball stadium. Contact Mr. Bishop at bishop@palmaschool.org for more details.

Get involved

There are a variety of ways the Palma community can participate at athletic events and we can never have too many volunteers. From helping out at games to providing the many hands needed at fund raising events, Palma parents are the ones who make athletics happen for our students. Be reminded that all parents are encouraged to attend our monthly Athletic Council meetings to discover what's being planned.



You can also find daily athletic updates on my twitter feed at [@Coach_Rbishop](https://twitter.com/Coach_Rbishop). In addition to posting them on our app, I also tweet upcoming game times for all sports each week as well as results and other fun information regarding Palma and Palma Athletics.

Get your official Chieftains logowear using the link below.



PALMA CHIEFTAINS
THE OFFICIAL ONLINE STORE



Guidance Department

Mrs. Irina Short
x242
short@palmaschool.org

*Time for college-bound seniors
to make some decisions*

Financial aid presentation for seniors and their parents in December

Palma and Notre Dame parents will be invited to attend a Financial Aid Presentation in December. The FAFSA will be making its new debut in December this year instead of October. The FAFSA is undergoing many changes. However, parents and students are encouraged to create their FAFSA IDs prior to the release of the new FAFSA. Please create your FSA ID prior to our presentation.

1. Create your FSA ID – Both the student and their parent need to complete this process to electronically sign the FAFSA. The California Dream Act application includes the prompts for setting up a State Student Aid PIN for electronic signatures.
2. You can go to the FAFSA link now and create your ID:
<https://studentaid.gov/fsa-id/create-account/launch>

Other aid forms required by private colleges

Seniors applying to private colleges and universities should ensure that they complete all financial aid applications required by the school. **Some private colleges require applicants to complete and submit the CSS Profile. For many colleges this form is due in early November.** This form can be completed online at <https://cssprofile.collegeboard.org>. Colleges that do not require the CSS Profile often require applicants to complete other university-specific financial aid forms. Check with the Admissions and Financial Aid offices at the private colleges to which you are applying. Failure to do so could reduce the amount of financial aid you might receive.

Optional digital PSAT/NMSQT testing for grades 10-11

Sophomores and juniors who opted to sign up to take the new digital PSAT/NMSQT this month will be testing in Brother Dunne Hall on Friday, October 13th. They will begin the test at 9:00am. Students can prepare for the PSAT/NMSQT by using the free resources that can be found on the student section of the College Board site:

<http://www.collegeboard.com/student/testing/psat/prep.html>

Virtual and in-person college visits

All high school students can attend these presentations. They must register for the presentation in their SCOIR account at least two days before the event.

Oct 3	8:30am	University of Portland <i>In-person visit in the CSC</i>
Oct 17	8:30am	Wentworth Institute of Technology <i>In-person visit in the CSC</i>
Oct 23	9:20am	University of Redlands <i>In-person visit in the CSC</i>
Oct 25	8:30am	Cal Lutheran University <i>In-person visit in the CSC</i>
Oct 26	9:15am	Chapman University <i>In-person visit in the CSC</i>
Oct 31	8:30am	Oregon State University <i>In-person visit in the CSC</i>

Senior monthly reminder

- Finalize your college decisions.
- Prepare early decision, early action, or rolling admission applications.
- Complete the CSS/Financial Aid Profile if it is required by any of your selected colleges.
- Create your FSA ID (both parent and student must create an ID).

Future dates

- **College Fair** Wed., Nov. 1 at 1:30pm in the gym
- **Financial Aid Presentation** Wed., Dec. 12 at 6:00pm
- **Southern CA College Trip Mandatory Parent/Student Meeting** Tues., Dec. 5 at 6:00pm via Zoom
- **Southern CA College Trip** Tues., Feb. 13 - Sat., Feb. 17, 2024

LIVE

IN PALMA'S GYM

COLLEGE FAIR '23

Wednesday, November 1 | 1:30-3:00pm

HERE IN ATTENDANCE

CSU, FRESNO
CSU, SACRAMENTO
CSU, SAN FRANCISCO
CSU, STANISLAUS
GRAND CANYON UNIVERSITY
HIGH POINT UNIVERSITY
MONTEREY PENINSULA COLLEGE
MISSOURI UNIVERSITY OF SCIENCE AND TECHNOLOGY
OREGON STATE UNIVERSITY
PACIFIC UNIVERSITY

SAINT MARY'S COLLEGE OF CA
SETON HALL UNIVERSITY
UNIVERSITY OF ARIZONA
UNIVERSITY OF CA, DAVIS
UNIVERSITY OF CA, SANTA BARBARA
UNIVERSITY OF CA, SANTA CRUZ
UNIVERSITY OF OKLAHOMA
UNIVERSITY OF THE PACIFIC
UNIVERSITY OF PORTLAND
UNIVERSITY OF SAN DIEGO
UNITED STATES AIR FORCE ROTC
US MILITARY ACADEMY, WEST POINT
WASHINGTON STATE UNIVERSITY

PLUS MATERIALS FROM

BIOLA UNIVERSITY
CAL LUTHERAN UNIVERSITY
CAL POLY SAN LUIS OBISPO
CHAPMAN UNIVERSITY
GONZAGA UNIVERSITY

SANTA CLARA UNIVERSITY
TEXAS TECH UNIVERSITY
UNIVERSITY OF CHICAGO
UNIVERSITY OF REDLANDS



*The college that's right
will always find you!*



COLLEGE TOUR

SOUTHERN CALIFORNIA COLLEGE TRIP FOR JUNIORS AND SOPHOMORES

February 13-17, 2024

Cal Poly SLO • Cal Poly Pomona • UCLA • USC • UCSB
Point Loma Nazarene • University of San Diego • SDSU

COLLEGE TOUR PARTICIPATION FORM

This trip is reserved for sophomores and juniors. We still have spaces left. If you are interested, please fill out the form (form available at the link above) and return it to Mrs. Short along with your \$300 deposit, which will go toward the total cost of the trip. The balance of \$620 must be paid in two installments:

- Installment of \$310: due Friday, October 27th
- Final payment of \$310: due by Thursday, November 30th

All payments are nonrefundable and all participating Palma students understand and agree to be governed by expectations for decorum, attire, and the like consistent with Palma School's Student and Parent Handbook.

There will be a mandatory meeting for all students and parents on Tuesday, December 5th at 6:00pm via Zoom.

There are two requirements for students who wish to attend:

All students must have a cumulative 3.0 GPA and be in good standing with no behavior or disciplinary issues.

NEW THIS YEAR The Guidance Department is helping to coordinate after-school pizza sales and working concessions at football games to help reduce the cost of the trip for those students/parents who volunteer to help. Students and parents who are interested in participating should contact Mrs. Short at short@palmaschool.org.

PALMA PARENTS' CLUB



Paint NIGHT

NOVEMBER

9



NOVEMBER 9 | 6:30-8:30PM | \$35 PER PERSON
BROTHER DUNNE HALL | PALMA SCHOOL

Join us to sip, savor and enjoy an evening with our Palma Family! Wine, snacks and other refreshments will be provided.



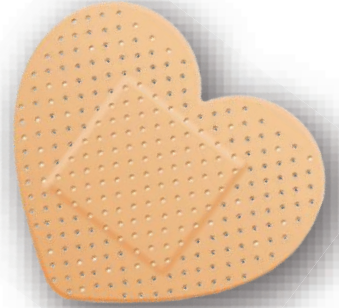
PURCHASE TICKETS TO ATTEND



THE FLU ENDS WITH YOU!

FREE

FLU VACCINE



Palma School in collaboration with
the Monterey County Health Department
& Salinas Valley Health
will be holding a **NO COST** Community Flu Vaccine Clinic
open to the public available for age 6 months and above
(all children 18 & under must be accompanied by a parent or guardian)

NO appointment necessary — we hope to see you there!

GET VACCINATED

Wednesday, October 11, 2023
4:00-7:00 p.m.

@ PALMA SCHOOL

Brother Dunne Hall
919 Iverson Street, Salinas, CA

PALMA SCHOOL
KNOWLEDGE • SERVICE • LEADERSHIP



 **Salinas Valley**
HEALTH



Yearbook

Ms. Cassie Jimenez
cjimenez@gopalma.org

Yearbooks are on sale now!

SENIOR PORTRAIT ANNOUNCEMENT

Dear Palma Senior Parent(s)/Guardian(s),

The 2023 Palma Yearbook staff is ready to start working on this year's high school yearbook — with much more time than last year! The cost of this all-color book will be \$100. To ensure that proper corrections and proofing can be made, please be sure to respect the deadline dates for each section. I will communicate with you on these deadlines via the monthly editions of the Palma newsletter. If you misplace any forms, they will be available online on the Palma website.

Senior Baby Ads

The first major deadline is the "Senior Baby Ads." The "Baby Ads" deadline is **Friday, November 3, 2023**. If you need ideas concerning the "Baby Ads," check the last few yearbooks to see how others have done them and start collecting your photos and creating your design. For more information on how to submit, see the "Baby Ad" flyer on the following page.

Senior Portrait

The second deadline that is extremely important is the Senior Portrait. Each senior is expected to have a professional portrait taken. The photographers listed on the flyer on page 14 are preferred photographers for taking Palma Senior Portraits. We have had quality problems in the past with people sending in non-professional portraits. Please use a professional photographer for your son's Senior Portrait. The Senior Portrait is due on **Friday, December 1, 2023**. All portraits can be emailed to me directly at cjimenez@gopalma.org whenever you have the one you want used for your son. For more information, see the "Senior Portrait" flyer on page 14.

Please don't hesitate to reach out with any questions.

NOW'S YOUR CHANCE

» BUY A YEARBOOK TODAY

[CLICK HERE TO PURCHASE YOUR YEARBOOK](#)



BABY ADS

High School Ads Only

Full Page = \$360 | Half Page = \$260 | Quarter Page = \$160

8th Grade Ads Only

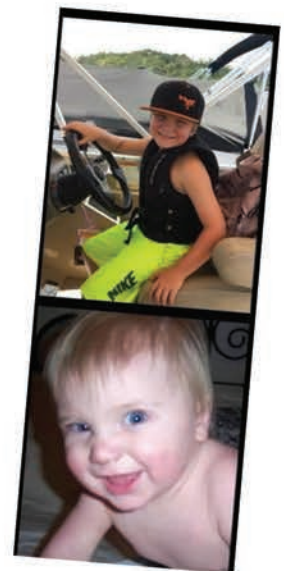
Eighth Page = \$25

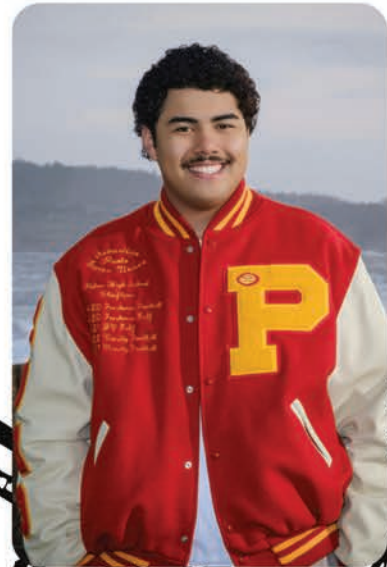
HOW TO SUBMIT

- Step 1: Go to www.yearbookordercenter.com and enter order number 7322
- Step 2: Click "Create a Yearbook Ad"
- Step 3: Follow the prompts to design your ad, add it to your cart and purchase it.

Your ad is not complete until you add it to your cart and complete the checkout process. For ordering help, call The Yearbook Order Center at 866-287-3096 or email yearbookordercenter@herffjones.com

For technical questions, call Tech Support at 877-362-7750 or email techadvisor@herffjones.com





SENIOR PHOTOS

The Palma senior portrait must be a formal photograph. Please do not submit non-professional shots. Any candid snapshots will not be used. The photo will need a head and upper body shot. Full-body shots will not be permitted. Please note, your son should be the major focus in the photo so please limit the amount of background featured in the photo (i.e. props such as planes, tractors, trees, etc.). Your son must be in a collared shirt and/or Palma Letterman, including no earrings, no jewelry, and his hair must be his natural color and cut according to Palma dress code standards. All photographs will be reviewed and those photographs that do not adhere to Palma dress code rules will be returned and will not appear in the yearbook. Some examples of acceptable photos are featured on this flyer. The senior portrait is due **Friday December 1, 2023 and can be sent to me directly at cjimenez@gopalma.org**

STRONGLY RECOMMENDED PHOTOGRAPHERS FOR SENIOR PORTRAITS 2023-2024:

- Cook's Photography 831-424-5486 www.cooksphotography.com
- Gary Dangerfield 831-915-9991 dangerfield@sbcglobal.net
- Simon Jimenez 831-320-7594 simon@jimenezvision.com
- Manuel Ortega Photography 831-682-7170 www.manuelortegaphoto.com



JOIN OUR YEARBOOK TEAM



REAL WORLD SKILLS IN ONE CLASS: YEARBOOK

LIFE SKILLS

Communication
Leadership
Time management
Project management
Problem solving
Team building
Conflict resolution
Public speaking
Networking

JOURNALISM SKILLS

Concept brainstorming
Reporting
Writing
Researching
Photography
Design and layout
Editing
Public relations
Media law

BUSINESS SKILLS

Budget planning
Promotion
Advertising
Marketing
Selling
Customer service
Market research

TECHNOLOGY SKILLS

Business software
Graphic design software
Photo-editing software
Online design
Online research
Production management

SOCIAL MEDIA SKILLS

Storytelling
Creating content
Organizing content
Audience engagement
Brand management
Online research

Need more convincing?

- Class credit
- Great addition to a portfolio/resume
- Be in charge of who is featured
- SNACKS



**FYI, SNAPS DON'T LAST FOREVER,
BUT YEARBOOKS DO.
COME JOIN US!**

For more information, email
cjimenez@gopalma.org

Palma School Lunch Menu

October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>\$8 2</p> <p>Teriyaki chicken wings with French fries or Chicken Caesar salad</p>	<p>\$8 3</p> <p>Beef fajitas</p>	<p>\$8 4</p> <p>Turkey panini sandwich with mayo, lettuce, tomato and cheese</p>	<p>\$8 5</p> <p>Chicken Alfredo pasta or Chicken Caesar salad</p>	<p>\$8 6</p> <p>Clam chowder with bread</p>
<p>INDIGENOUS PEOPLES DAY SCHOOL CLOSED 9</p>	<p>\$7 10</p> <p>Hot dogs wrapped in bacon</p>	<p>\$8 11</p> <p>Pork chile verde with rice, beans, salsa and cheese</p>	<p>\$8 12</p> <p>Buffalo wings with French fries or Chef salad</p>	<p>\$8 13</p> <p>Chicken tacos (3) with pico de gallo</p>
<p>\$8 16</p> <p>Beef quesadilla w/salsa or Chicken Asian noodle salad</p>	<p>\$8 17</p> <p>Chicken fry rice</p>	<p>\$8 18</p> <p>Teriyaki chicken wings with French fries or Chicken Caesar salad</p>	<p>\$8 19</p> <p>BBQ tri tip sandwich with cheese, bbq sauce and grilled onions</p>	<p>\$8 20</p> <p>Pepperoni pizza or Beef and broccoli</p>
<p>\$8 23</p> <p>Turkey panini sandwich with mayo, lettuce, tomato and cheese</p>	<p>\$8 24</p> <p>Beef quesadilla w/salsa or Chicken green salad</p>	<p>\$8 25</p> <p>Pork chile verde burrito with rice, beans and cheese</p>	<p>\$8 26</p> <p>Buffalo wings with French fries or Chef salad</p>	<p>\$8 27</p> <p>Chicken fry rice</p>
<p>\$8 30</p> <p>Beef broccoli with white rice</p>	<p>\$8 31</p> <p>Pepperoni pizza or Chicken Caesar salad</p>			

Daily Breakfast	Daily Lunch	Beverages, Sides & Treats
<p>Breakfast Burrito \$8 <i>egg, cheese & sausage or chorizo</i></p> <p>Breakfast Sandwich \$7 <i>egg, cheese, ham, tomato on sourdough</i></p> <p>French Toast \$8</p> <p>Pancakes (2) \$5</p> <p>Muffin or Pastry \$3</p> <p>Grilled Bagel \$3 <i>with cream cheese</i></p>	<p>Hamburger \$7</p> <p>Cheeseburger \$8</p> <p>French Fries \$4</p> <p>Turkey & Cheese Sandwich \$7</p> <p>Ham & Cheese Sandwich \$7</p> <p><i>All sandwiches served with lettuce, tomato and onion</i></p>	<p>Bottled Water \$1</p> <p>La Croix \$1</p> <p>Gatorade, Vitamin Water, etc. \$2</p> <p>Chips \$2</p> <p>Cookie \$1</p> <p>Muffin, Bread, Pastry \$3</p>

We accept cash, debit/credit cards, Apple Pay and Google Pay