



**PALMA SCHOOL**  
KNOWLEDGE • SERVICE • LEADERSHIP

919 Iverson Street, Salinas, CA 93901 | 831.422.6391 | [palmaschool.org](http://palmaschool.org)



# Palma School Newsletter

A monthly newsletter for the parents of Palma

**AUGUST 2023**



*Welcome to Palma 2023*

*What's Inside:*

- Letters from the President and Principal
- 2023-2024 Academic Calendar
- Taste of Palma Parents and Staff Mixer
- Red & Gold Family Day
- Student / New Parent Orientations
- 2023-2024 Dress Code
- 2023-2024 Bell Schedule
- FACTS Fact Sheet
- Palma Athletics
- Parents' Club
- Parents' Club Support Form
- Volunteer Form
- The Palma Closet
- August Lunch Menu
- Back-to-School/Mini-Schedule Night Form

*Be powerful. Be a Chieftain.*



Questions, comments or suggestions: please email [marketing@palmaschool.org](mailto:marketing@palmaschool.org)

## schedule highlights

### **Tuesday, August 1**

6:30pm Fall Sports Mandatory Parent/Player/  
Coach Meeting in Br. Dunne Hall

### **Wednesday, August 2**

6:00pm HS Sports Physicals in front of the Gym

### **Tuesday, August 8**

5:30pm President-Parent Meeting in BDH

### **Wednesday, August 9**

8:00-11:30am Frosh & Students New to Junior  
High School Orientation (Gym)

8:00-9:00am Frosh Parent Orientation (BDH)

11am-12pm Junior High Parent Orientation  
(BDH)

### **Thursday, August 10**

All Student Mandatory Orientation

8:00am Sixth & Seventh Grade, class of 2029

9:00am Eighth Grade, class of 2028

10:00am Freshmen, class of 2027

11:00am Sophomores, class of 2026

12:00pm Juniors, class of 2025

1:00pm Senior, class of 2024

### **Friday, August 11**

First Day of Classes

### **Saturday, August 12**

9:00am Red & Gold Family Day

### **Monday, August 14**

5:30pm Athletic Council Meeting

### **Tuesday, August 15**

8:30am Masses in Blessed Edmund Rice Chapel  
per. 1-3 Assumption of the Bl. Virgin Mary

### **Friday, August 18**

6:00-7:30pm Taste of Palma Parent & Staff Mixer

### **Tuesday, August 22**

6:00pm JHS Sports Mandatory Meeting in BDH

### **Monday, August 28**

6:00pm Parents' Club Meeting in CSC

### **Wednesday, August 30**

6:00pm Mini Schedule Night, starts in BDH



## From the President

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I look forward to seeing all of you in the coming days. As always, I thank you for your love and support of our school.

I love this time of year.

Many of our boys would disagree with this statement as they envision the work entailed in kickstarting another school year. I, and an incredible group of employees here at Palma, see the best in our boys as they launch off in these next few days. Laughter and hugs amongst friends and teachers, new challenges from their classes, sports and activities starting, and hard work done by all. I get to have a front-row seat to watch our boys pushing themselves for another year, another goal, another challenge, all within the confines of Palma School; a school that for the last 72 years has done an incredible job of nurturing these young people through these exciting first steps.

It has been a busy summer here at 919 Iverson Street as we have finished off several projects to help improve our campus. New water lines throughout the school have been completed, a new roof for our campus, B wing classrooms have been renovated, and A and D wing restrooms received a much-needed facelift. Many of these items might not be recognized by our students and our families, but it is important for us to maintain this 72-year-old school and provide the best facilities to our students.

On Thursday, July 20, I sent an email to our Palma community in regard to the change in admission policy for the upcoming 2024/2025 school year. In the letter, I referenced future meetings to discuss the many questions our families and community may have in this transition. By now, you will have received an email inviting you to a meeting on Tuesday, August 8, at 5:30pm in Brother Dunne Hall. This meeting will be for current Palma parents only. We will have a chance to meet with larger constituency groups at a later time. Please check your email for details.

I look forward to seeing all of you in the coming days. As always, I thank you for your love and support of our school.

Sincerely,

A handwritten signature in blue ink that reads "Chris Dalman". The signature is fluid and cursive, with the first name "Chris" and last name "Dalman" clearly distinguishable.

Chris Dalman '88  
*President*



## From the Principal

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Our teachers,  
staff, and coaches  
are all looking  
forward to serving  
our families and  
getting to know  
the many families  
who are new  
to Palma!

Dear People of Palma,

On behalf of the Palma Family, I welcome you to our 72nd year of excellence in education, where **knowledge, leadership, and service** set the standard for college prep learning, formation of Christian character and success for life! The start of the 2023-2024 school year is now just over one week away! Our teachers, staff, and coaches are all looking forward to serving our families and getting to know the many families who are new to Palma! The annual August edition of the *Palma Newsletter* provides families with reminders, event flyers, a revised academic calendar, monthly lunch menu, and more.

As a reminder, please do not wait until the start of classes to purchase books for your son(s). Information was sent to you in early July. Supplies are already in great demand among students everywhere at this time of year, and timelines for shipment of materials seem ever more difficult to manage. If you wait, there may be a chance that your book deliveries will be delayed. Remember that it is your son's responsibility to come to class with the right resources, prepared to learn. Also, if your son is still in junior high and he wants to participate in interscholastic athletics, he'll need to provide clearance of a physical from his physician. Please make an appointment to do so if you haven't already.

Here are just a few more start of the year reminders, information about which can be found enclosed in this newsletter and on our school's website:

- **New Students' Orientation Day** (W, Aug. 9) – This is for all students in 6th and 9th grades, and for students new to our 7th and 8th grades. CORE (*cor* is Latin for heart) creates the heart of our student culture, and our upperclassmen CORE leaders are eagerly preparing to welcome our newest students to the Palma Family.
- **New Parents' Orientation Day** (W, Aug. 9) – New parents are invited to join us for a presentation by Palma administrators and directors, along with a tech orientation to help parents navigate iPad learning and grades, digital postings, daily announcements, online calendar of events, and more.
- **ALL Students' Orientation Day** (Th, Aug. 10) – This is mandatory for all students, and the scheduled times for each grade level are enclosed. Students are required to be properly groomed and to report on time. Students will also take Student ID pictures; Lifetouch has been emailing information directly to you for options to purchase pictures.
- **Red & Gold Family Day** (Sat, Aug. 12) – Coordinated by the Athletic Council and volunteers, this is a family-friendly fun day. You can purchase a delicious barbecue meal and Palma novelties. It is estimated that over 500 people attend annually.

We have so much to celebrate! Each of us makes a conscious commitment to cultivate a community where all are to be welcomed, celebrated and affirmed with the awareness that we are investing in perhaps the most important endeavor of all: the education of young men in mind, body and soul. I thank each of you for your important role in the mission of Palma. God bless you. *Go Chieftains!*

Yours in Blessed Edmund Rice,

Mr. David J. Sullivan  
Principal

# 2023-2024 PALMA SCHOOL ACADEMIC CALENDAR

Doctor appointments, college visits, family vacations, etc. should take place outside of school times or on school holidays — not during scheduled school days. This academic calendar is provided to assist families with vacation schedules so as not to conflict with school attendance.

Revised August 1, 2023.



AUGUST 2023						
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SEPTEMBER 2023						
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OCTOBER 2023						
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NOVEMBER 2023						
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DECEMBER 2023						
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24/31	25	26	27	28	29	30

## SPECIAL EVENTS

Th Aug 10 Attendance Mandatory: ALL Grade Levels Orientation  
 F Aug 11 First Day of Classes  
 S Aug 12 Red & Gold Family Day  
 T Aug 15 Solemnity of Assumption of Mary Mass, per. 1-3  
 F Aug 18 Taste of Palma Mixer for Parents & Staff, 6-8pm  
 W Aug 30 Back-to-School Night in BDH, 6pm  
 W Nov 1 All Saints Mass, per. 1-3  
 Su Nov 5 Palma Admissions: Open House  
 Su Nov 12 Fall Sports Awards Program in the Gym  
 T Nov 28 Giving Tuesday  
 F Dec 8 Feast of the Immaculate Conception Mass, per. 1-3  
 T Dec 12 Misa de La Virgen de Guadalupe, BER Chapel, TBD  
 M-W Dec 18-20 Fall Semester Final Exams; Special Schedule  
 S-Su Jan 28-Feb 3 National Catholic Schools Week  
 T Jan 30 Fall Semester Honor Roll Program, 5:30pm  
 W Feb 14 Ash Wednesday Mass, per. 1-3  
 Th May 2 Founder's Day Mass & BBQ / Chieftain Giving Day  
 Su May 19 Winter & Spring Sports Awards Program  
 T-Th May 21-23 Spring Semester Final Exams; Special Schedule  
 Th May 23 8th Grade Graduation Mass in BER Chapel, 5pm  
 F May 24 Senior Baccalaureate Mass at Madonna Del Sasso, 9am  
 TBD Junior High Graduation  
 Su May 26 Senior High Graduation at Sherwood Hall, 10am

## NOTABLE DATES

W Sep 13 First Quarter Progress Reports  
 F Oct 6 End of First Quarter  
 W Oct 11 First Quarter Report Cards  
 W Nov 8 Second Quarter Progress Reports  
 Th Dec 21 End of Second Quarter/Fall Semester  
 Th Jan 11 Second Quarter Report Cards  
 W Feb 14 Third Quarter Progress Reports  
 F Mar 8 End of Third Quarter  
 W Mar 13 Third Quarter Report Cards  
 W Apr 17 Fourth Quarter Progress Reports  
 M-F May 6-17 AP Exams  
 F May 24 End of Fourth Quarter/Spring Semester  
 F May 31 Fourth Quarter Report Cards

## NO CLASSES DAYS

M Sep 18 Professional Growth Day  
 M Oct 9 Indigenous Peoples Day / Quarter Break  
 M-F Nov 20-24 Thanksgiving Week Vacation  
 Th Dec 21 Exam Correction Day  
 F Dec 22 Christmas Vacation (through Jan. 5, 2024)  
 Th-M Feb 15-19 Winter Break  
 W Mar 13 St. Patrick's Luncheon  
 F Mar 29 Easter Vacation (through Apr. 5)  
 F May 3 Founder's Day

## SCHOOL CLOSED

M Sep 4 Labor Day  
 Th-F Nov 23-24 Thanksgiving  
 M Dec 25 Christmas Day  
 M Jan 1 New Year's Day  
 M Jan 15 Dr. Martin Luther King, Jr. Day  
 M Feb 19 Presidents Day  
 F Mar 29 Good Friday  
 M May 27 Memorial Day

JANUARY 2024						
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FEBRUARY 2024						
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MARCH 2024						
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APRIL 2024						
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MAY 2024						
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26	27	28	29	30	31	



Kindly join us for the

# Taste of Palma

**P A R E N T   &   S T A F F   M I X E R**

Friday, August 18, 2023

6:00pm to 7:30pm

Appetizers • Beverages • Fellowship • Fun

*Meet other Palma parents and staff in a welcoming atmosphere and casual attire.*

*This event is for adults only. We look forward to seeing you!*

**PALMA PARENTS' CLUB**

[parentsclub@palmaschool.org](mailto:parentsclub@palmaschool.org) | [palmaschool.org/parents-club](https://palmaschool.org/parents-club)



# RED & GOLD FAMILY DAY

**Saturday, August 12, 2023 • 9am-1pm**

**Palma School Fields**

- Intrasquad Football Scrimmages
- Alumni Flag Football
- Live Music
- Fun Games
- Farmers' Market
- Tri-Tip Dinners to Go
- Logo Gear



*Tri-Tip Dinner for Four*  
**\$40 pre-order** \$45 day of event

**PRE-ORDER ONLINE**

Pre-order using the link above or return this form, along with your payment, to Palma School's main office at 919 Iverson Street, Salinas. We will accept cash, check, debit or credit card. **Orders to be picked up between 11am and 1 pm on Saturday, August 12th at Palma School**

Family or Business Name \_\_\_\_\_

Contact Name \_\_\_\_\_

Number of Dinners: \_\_\_\_\_ x \$40.00 = \$ \_\_\_\_\_

For more information, contact Mr. Bishop, Athletic Director, at [bishop@palmaschool.org](mailto:bishop@palmaschool.org)

# Student / New Parent Orientations

**Wednesday, August 9 | 8:00-11:30am**

## **Frosh & Students New to Junior High School Orientation** **Gym**

All Freshmen have an extra orientation to meet with CORE leaders — upperclassmen who excel in many activities here. CORE also provides an orientation for all 6th graders and new-to-Palma 7th and 8th graders. This fun, interactive experience is designed to give students ownership of their new school. CORE leaders continue to meet with the students throughout the school year and act as mentors, guides, and friends.

**Wednesday, August 9 | 8:00-9:00am**

## **Frosh Parent Orientation** **Brother Dunne Hall (BDH)**

*Please bring your son's iPad with you.* This one-hour presentation acquaints new parents with Palma School. You will hear from faculty and staff members and learn about the activities of each department. You will also have the opportunity to ask questions.

**Wednesday, August 9 | 11:00am-12:00pm**

## **Junior High Parent Orientation** **Brother Dunne Hall (BDH)**

*Please bring your son's iPad with you.* This one-hour presentation acquaints new parents with Palma School. You will hear from faculty and staff members and learn about the activities of each department. You will also have the opportunity to ask questions.

**Thursday, August 10**

## **All Student Mandatory Orientation**

- 8:00am Sixth & Seventh Grade, class of 2029**
- 9:00am Eighth Grade, class of 2028**
- 10:00am Freshmen, class of 2027**
- 11:00am Sophomores, class of 2026**
- 12:00pm Juniors, class of 2025**
- 1:00pm Seniors, class of 2024**

Your mandatory orientation day begins in Brother Dunne Hall with brief presentations. Attending this orientation day is not optional as official student attendance records will begin.

Orientation day activities include:

- Receive official class schedules and information
- Initiate secured campus WiFi access on your iPad
- Take your school picture for your student ID card
- Complete and submit picture order form (optional)
- Purchase locks and logo wear

Students are required to report on time and be dressed and groomed according to the Palma School dress code. Students will not be allowed to have their picture taken if not properly dressed/groomed.

You are asked to be on campus when your class orientation is being held. Students are permitted to leave at the conclusion of your class orientation.

Athletic activity for all levels for all fall sports will not begin earlier than 2:30pm on this day.



## Palma Dress Code

Palma's Dress Code is updated annually for any necessary revisions for the following school year. The dress code is in effect on the Palma campus from 7:30 A.M. to 3:30 P.M. The attire of students, and the pride they show in their appearance contributes greatly to their performance in and out of class and the respect they earn. This pride in being a gentleman and a Palma student is worth preserving and fostering. The Palma dress code applies to all Palma students, including those students who have the privilege of representing Palma in an academic/extracurricular setting or in the wearing of a Palma uniform on an athletic team, even during vacation times of Thanksgiving, Christmas, Winter Break, and/or Easter. Palma's pride in student conduct and appearance is on display for all.

1. Camouflage clothing will not be permitted unless displayed on a college-approved sweatshirt. Camouflage sweatshirts, pants, shorts, backpacks, etc.- are prohibited for students to wear at Palma during school hours.
2. Button-down or zip flannel shirts, with or without hoods, cannot be worn as jackets or outerwear at Palma during school hours.
3. Shirts are to be of the polo style variety and size appropriate; no other button-down shirts are permitted unless worn with a tie, and the shirt is tucked in; undershirts are not to be observed at the bottom of the un-tucked polo-styled shirt. Polo shirts worn over hooded sweatshirts are not permitted.
4. Pull-over sweatshirts (hoodies) are permitted only if they 1) prominently bear the official Palma logo/monogram and/or are "Palma issued," or 2) display the name of an accredited college/university, and 3) are size appropriate. Other brand logos or sweatshirts with nothing on them are not permitted (Sweatshirts with no writing on them are not permitted).
5. No denim/jeans, pants or jackets or their look-alikes; only khakis-styled slacks, cords, or Dockers-styled slacks, size appropriate, are allowed and are to be worn at the waist; dress shorts or cargo shorts (not athletic, beach, or play shorts) may be worn in place of the usual school dress slacks. Sweats or golf rainpants are not permitted at any time. Shorts must have either a button or belt loops. Pants with drawstrings are considered athletic shorts.
6. Footwear should be neat and clean. They may be formal, semi-formal, or athletic. Sandals, slippers, moccasins, or full-sized boots are not allowed; socks must be worn to be clearly visible.
7. Hair styles should always be clean and neat, and well-groomed, not extending below the top of a normal shirt collar nor below the ear, nor below the eyebrows, with no striping, no shaved and/or hair engraving, no ponytails, no other extreme hair styles (i.e., no skin-cuts, no mohawks, no excessive hairstyles) and hair must be the student's natural color. Students are to start each day on campus clean-shaven; sideburns are not to go beyond the bottom of the earlobe; beards and goatees are not permitted. Students who do not meet these requirements may be: 1) suspended until properly groomed; and/or 2) may be fined a penalty of \$1.00 for any/each infraction.
8. Hats, hoods, and beanies (stocking caps) are not to be worn on campus; the Director of Student Life will permit exceptions where reasonably justified by cold weather. No head/hair bands may be worn during the academic school day.
9. Jewelry, studded belts and/or wristbands, expensive watches, etc., should not be worn or brought to school. Earrings and/or other body piercings (nose, lip, tongue, eyebrow, etc.) and/or tattoos are not to be worn on campus or by a Palma student in or at a school-sponsored event, activity, or athletics.
10. Clothing worn at Palma is not to carry inappropriate messages nor be of the types that reflect commercial businesses, sex, drugs, alcohol, or gang activity, nor be suggestive, lewd, sexist, or culturally insensitive in appearance and/or words. This includes clothing, whether it be worn outside or visible under a shirt, anytime on campus or at a school activity, including events off the Palma campus.
11. Undergarments are not to be purposely exposed.
12. Students participating in physical education must wear and maintain a clean Palma P.E. uniform (shirt and shorts) in class and are encouraged to wash up at the conclusion of the class.
13. Student book bags and/or backpacks are to be maintained, clean, and graffiti-free.

Palma's Dress Code applies to all Palma students, from the first day of student orientations to exams and graduation, unless a student is involved in a Palma-sanctioned academic/extracurricular activity. Violations of this dress code are subject to discipline, which may include detention up to and including immediate suspension from school.

It is the responsibility of each student to follow the Palma School Dress Code and the responsibility of parents to support this Dress Code. The final judge of respectability and compliance is the Director of Student Life. If you or your son find this dress code conflicts with your family/religious beliefs, please contact the Director of Student Life to appeal for his authorization of possible exceptions.

Rev. 6-29-2023

## Bell Schedule 2023-2024 School Year

Grades 7 through 12							
Grade 6	Period	Regular Day Schedule (48 min. classes)	Late Arrival Sched. - Thurs.* (42 min. classes)	Early Release Schedule (40 min. classes)	Minimum Day Schedule (30 min. classes)	Red Day Schedule (Generally one Wed. per month) (86 min. Block Periods)	Gold Day Schedule (Generally one Thurs. per month) (86 min. Block Periods)
Begin at 8:15 (9:15 on Thurs.)	0 - Period <small>60 min. classes except Thurs.</small>	7:25 - 8:25	- - -	7:25 - 8:25	7:25 - 8:25	7:25 - 8:25	No Zero-Period Class
	Faculty Assembly	- - -	8:05 - 8:55	- - -	- - -	- - -	8:05 - 8:55
	Warning Bell	8:25 A.M.	9:10 A.M.	8:25 A.M.	8:25 A.M.	8:25 A.M.	9:10 A.M.
	1st Period	8:30 - 9:18	9:15 - 9:57	8:30 - 9:10	8:30 - 9:00	8:30 - 9:56 BLOCK 1	9:15 - 10:44 BLOCK 3 <sup>+</sup>
	2nd Period	9:22 - 10:10	10:01 - 10:43	9:14 - 9:54	9:04 - 9:34	10:01 - 11:30 BLOCK 2 <sup>+</sup>	
	11:10-11:58 Lunch 11:37-12:19 (Thurs.)	3rd Period <sup>+</sup>	10:15 - 11:06	10:48 - 11:33	9:59 - 10:42	9:39 - 10:12	11:34 - 12:17 LUNCH - Gr. 6-8 ASSEMBLY** - Gr. 9-10 ASSEMBLY** - Gr. 11-12
4th Period JHS Lunch		11:10 - 11:58	11:37 - 12:19	10:46 - 11:26	10:16 - 10:46		
	5th Period HS Lunch	12:02 - 12:50	12:23 - 1:05	11:30 - 12:10	10:16 - 10:46	12:21 - 1:04 ASSEMBLY** - Gr. 7-8 LUNCH - Gr. 9-12	BLOCK 5 11:41 - 1:07 JHS BLOCK 5 12:20 - 1:07 HS LUNCH
	6th Period	12:55 - 1:43	1:10 - 1:52	12:15 - 12:55	10:51 - 11:21	1:09 - 2:35 BLOCK 6	1:12 - 2:38 BLOCK 7
	7th Period	1:47 - 2:35	1:56 - 2:38	12:59 - 1:39	11:25 - 11:55		
	Dismiss at 2:45	P.M. Tutorials	2:40 - 3:15	2:40 - 3:15	- - -	- - -	2:40 - 3:15

+3 minutes for Daily Announcements

\*Late Arrival Schedule on Thursdays provides for collaboration time among faculty, with a focus on curriculum and instruction, grade-level articulation, and professional development.

**\*\*Assemblies on Red Day can include large-group assemblies in common areas, small group assemblies/advisories in classrooms, or virtual assemblies as needed.**

**FACTS provides an opportunity to stay involved in your son's academic progress.**

**FACTS Family Portal is a secured portal that allows you to view your son's academic information (i.e. grades, attendance, and more).**

### **USERS**

Visit <https://logins2.renweb.com/logins/ParentsWeb-Login.aspx>

### **NEW FAMILIES: SPECIAL NOTE BEFORE SETTING UP FACTS FAMILY PORTAL ACCOUNT**

- If your address, email address and/or contact information has changed since enrolling at Palma, please contact [FACTS@palmaschool.org](mailto:FACTS@palmaschool.org) with the new information before accessing account. Please include student's name with your submission.

### **NEW FAMILIES:**

- Log on to Family Portal login from the main Palma Webpage under Quicklinks: <https://ps-ca.client.FACTS.com/pw/>
- Know our FACTS District Code: **PS-CA**
- Click on Create New Family Portal Account
- Enter your e-mail address which was used to register your son at Palma School
- Click Create Account
- FACTS will immediately email you a password. Click the emailed link provided to gain access to create your username and password. For security purposes, that link will only be active for 15 minutes.
- Create username and password (password should be a minimum of 6 characters in length)
- Go back to FACTS Family Portal login page and enter your new username and password
- Click the Login button
- You should now be logged into the School Information home page of Family Portal

### **ADDITIONAL NOTES:**

- If you would like to add an additional account for your spouse, please follow the steps above using their email address (provided to Palma)
- Students will use their Palma student ID number to log in (i.e. [29043@gopalma.org](mailto:29043@gopalma.org)) and will be provided a password on Orientation Day
- If you need further assistance, please email [FACTS@palmaschool.org](mailto:FACTS@palmaschool.org) or [Tech@palmaschool.org](mailto:Tech@palmaschool.org)

### **RE-ENROLLED FAMILIES:**

Special Note: If your address and/or contact information has changed since you submitted your re-enrollment form, please contact [FACTS@palmaschool.org](mailto:FACTS@palmaschool.org) with the new information before accessing account.

- Log on to FACTS Family Portal (formerly known as ParentsWeb)
- Know our FACTS District Code: **PS-CA**
- Know your FACTS System User Name (this is your son's Student ID)
  - *Students:* your FACTS System email is your official school email address
  - *Parents:* your FACTS System email is the email address you provided Palma on your registration form
- Enter your District Code (PS-CA), User Name (Email) and Password
- Click the appropriate Button for you (Parents, Students, Staff), then click Login

### **CHANGING YOUR PASSWORD:**

- Log on to Family Portal
- Click on "Family Information" near the lower left
- Click "Change Password"
- Enter your new password twice, click Submit

### **WHO DO I CONTACT WITH QUESTIONS ABOUT FACTS?**

If you have questions about FACTS, please contact [FACTS@palmaschool.org](mailto:FACTS@palmaschool.org) or [tech@palmaschool.org](mailto:tech@palmaschool.org)



Download the Palma School Apps at the Apple or Android app store.

Search: Palma School

# Palma School Athletics

Before your son is eligible to participate in sports, you must first complete our online athletic clearance forms. A set of directions on how to register and fill out all the proper forms online at [www.homecampus.com](http://www.homecampus.com).

One packet is valid for the entire school year for multi-sport athletes. There is a section online where your son can choose all the sports in which he is planning to participate for the year. Please select only one sport per season. Complete the packet online NOW for all seasons of sport, including winter and spring. Do not wait for your son's season to arrive!

## Sports Physicals

Palma Sports Physicals Night is scheduled for Wednesday, August 2 at 6:00pm in the Steve Clayton Memorial Gym. Open to all prospective Palma **High School athletes** for fall, winter and spring sports. JHS athletes need to get their physicals from their pediatrician.

## Football / Cross Country / Water Polo

**Mandatory Player/Parent/Coach Meeting**  
**THIS EVENT IS MANDATORY FOR ALL HIGH SCHOOL ATHLETES** playing a fall sport and their parents. The meeting will be held at 6:30pm in Brother Dunne Hall on Tuesday, August 1, 2023.

## JUNIOR HIGH SCHOOL SPORTS ONLY

**Player/Parent/Coach Meeting**  
**THIS EVENT IS MANDATORY FOR ALL JUNIOR HIGH SCHOOL ATHLETES.** The meeting will be held at 6:00pm in Brother Dunne Hall on Tuesday, August 22, 2023.



**Athletics on the Website**  
Find all athletic information on our website under the "Student Life" tab.

## Online Chieftain Logowear

Get your gear online! T-shirts, jackets, sweatshirts, and everything else Chieftain can be purchased through our website. Click on the "Official Online Store" button found under Quicklinks. Limited items will also be available at Rabobank Stadium during home football games.

## Palma Athletic App

Palma's Athletic App contains schedules, rosters and scores. It is part of the "gochieftains" website. Go to the Apple or android app stores to download the app.

## DOWNLOAD BOOSTER CARD FORM

## Help Fund Palma Athletics —

### ***Purchase Your Booster Card Today!***

Palma School does not use tuition revenue to operate any of its athletic programs. Consequently, all of the sports programs offered at Palma are supported through fund raising activities conducted by the Athletic Council. Funds raised from the sponsorships and sports program ads help supply the athletic programs at Palma with the proper equipment needed for students to safely participate in the athletic activities. Use the button below to download the Booster Card purchase form.



### SHOW YOUR COMPANY'S SUPPORT

Advertising on one or all of our scoreboards. Contact Mr. Bishop for specifications and details.

# Parents' Club

PARENTS' CLUB WEB PAGE: [HTTPS://PALMASCHOOL.ORG/PARENTS-CLUB/](https://palmaschool.org/parents-club/)  
EMAIL: [PARENTSCLUB@PALMASCHOOL.ORG](mailto:PARENTSCLUB@PALMASCHOOL.ORG)

The Palma Parents' Club (PPC) is powered by parents, with oversight from the Principal, who work together to supplement our sons' experience here. We organize and run events and fund raisers. We always welcome new parents and love volunteers.

## Parents' Club Meetings

Please join us for the first Parents' Club meeting of the year on Monday, August 28th, at 6:00pm in the Cislini Study Center (CSC). Palma Parents' Club meetings are scheduled for:

August 28	February 26
September 25	March 25
October 23	April 22
November 27	May 20
January 22	

Parents' Club is a great way to meet other Palma parents and learn about upcoming events!

## Parents' Club Events

The following events are designed to enhance your and your son's experience here at Palma. These events include:

Palma Closet\* – August 10

Taste of Palma Mixer for Parents & Staff – August 18

Day on the Green Father/Son Event – TBA

Parents' Club Paint and Sip\* – Fall 2023

See's Candies Christmas Fund Raiser\* – Fall/Winter 2023

Fall Semester Honor Roll Program – January 30

Mother-Son Dinner & Dance – TBA

See's Candies Easter Fund Raiser\* – Spring 2024

St. Patrick's Luncheon\* – March 13

Founder's Day BBQ – May 2

Junior High School Academic Awards Program – May 8

Staff Appreciation Luncheon – May 28

*\*Events that raise funds to support Parents' Club*

## Volunteers are needed

Parents' Club has several events in August with which we can use your help. Help get the year off to a great start and volunteer! Use the button below to sign up.

**HELP PARENTS' CLUB**





# PALMA 2023-2024 PARENTS' CLUB

## YOU MAY SUPPORT THE PALMA PARENTS' CLUB IN TWO WAYS!

**1) HOSPITALITY** - Parents' Club hospitality provides refreshments for various events throughout the year. Refreshments such as baked goods, finger foods, fruit & berries, fresh produce, water, lemonade, etc. add to a welcoming and hospitable atmosphere. Parents may also volunteer to set up and/or take down before/after an event. Thank you, in advance, for your generosity to the Palma Family.

☐ Taste of Palma Mixer for Parents & Staff, Friday, August 18

☐ Admissions Events

☐ Academic Awards Program, Tuesday, January 30

☐ Mother-Son Dinner Dance, TBA

☐ St. Patrick's Luncheon, Wednesday, March 13

☐ Founder's Day BBQ, Thursday, May 2

**2) SUGGESTED DONATION - \$20 per family.** Please consider making a small donation (or more!) to support the Parents' Club.

**KINDLY RETURN THE FOLLOWING INFORMATION TO THE MAIN OFFICE BY FRIDAY, SEPT. 8, 2023**

**ATTENTION: PALMA PARENTS' CLUB**

Parent's(s') Name(s): \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Palma Son #1: \_\_\_\_\_ Gr: \_\_\_\_\_ Palma Son #2: \_\_\_\_\_ Gr: \_\_\_\_\_

Donation Enclosed: \$ \_\_\_\_\_ ☐ Check # \_\_\_\_\_ ☐ Cash

*Transactions may be made in person in the main office. We cannot accept debit or credit cards.*

## PALMA PARENTS' CLUB

parentsclub@palmaschool.org | palmaschool.org/parents-club

COUNT ME IN!

# VOLUNTEER

## VOLUNTEERS NEEDED FOR 2023-2024 PALMA SCHOOL YEAR

We have many needs and certainly invite and welcome parents and/or grandparents who have time to volunteer to help make the following Palma events run smoothly. Please check-off those with which you will be able to assist:

- ☐ Help organize/supervise/work the Sober Grad Night for the Class of 2024, which takes place Sunday, May 26 to Monday, May 27
- ☐ Launder altar linens for the Blessed Edmund Rice Chapel on campus
- ☐ Create and maintain colorful altar cloths, flower/plant arrangements for the various liturgical seasons for Palma's Blessed Edmund Rice Chapel
- ☐ Donate refreshments and/or decorations for Palma Junior High School dances
- ☐ Other: Helping in the following areas: \_\_\_\_\_

### **(PLEASE PRINT)**

Volunteer Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Your son's(s') name(s) and grade(s):

_____ Name	_____ Grade	_____ Name	_____ Grade
_____ Name	_____ Grade	_____ Name	_____ Grade
_____ Name	_____ Grade	_____ Name	_____ Grade

**PLEASE RETURN TO PALMA BY FRIDAY, SEPTEMBER 8, 2023. THANK YOU!**

# **THE PALMA CLOSET** **BACK TO SCHOOL** **SALE**



**THURSDAY, AUGUST 10TH**  
**7AM to NOON**  
**BY BROTHER DUNNE HALL**

Join us for our BACK TO SCHOOL SALE of used, pre-loved Palma items collected in our donation drives last Spring. Everything from Palma apparel to textbooks\* all priced from \$1 to \$30. Sorry, no debit or credit cards accepted. *All proceeds benefit the Palma Parents' Club.*

**SHOP EARLY! Supplies are limited.**

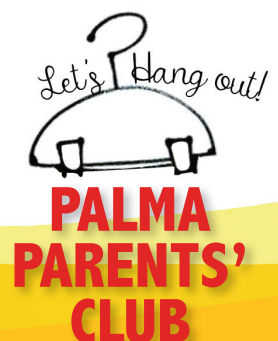
[Click here to reserve a used textbook today!](#)

## **QUESTIONS?**

**Michelle Chisum:** [thechisumfamily@gmail.com](mailto:thechisumfamily@gmail.com)

**Michele Mazzuca:** [michele.mazzuca@gmail.com](mailto:michele.mazzuca@gmail.com)

\* Palma swag: Palma polos, sweatshirts, dri-fit gym shirts & tees, P.E. shorts  
Dress code apparel: Designer & non-label polos, khakis, shorts



# PALMA SCHOOL LUNCH MENU

August 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <i>NO CLASSES</i>	<b>2</b> <i>NO CLASSES</i>	<b>3</b> <i>NO CLASSES</i>	<b>4</b> <i>NO CLASSES</i>	
<b>7</b> <i>NO CLASSES</i>	<b>8</b> <i>NO CLASSES</i>	<b>9</b> <i>ORIENTATIONS</i>	<b>10</b> <i>ORIENTATIONS</i>	<b>11</b> <i>ACTIVITIES</i>
<b>14</b> \$8 Beef fajitas with rice	<b>15</b> \$8 Asada fries with beef, cheese, tomato, onion, jalapeño, sour cream	<b>16</b> \$8 Teriyaki chicken wings with French fries	<b>17</b> \$8 Chicken enchiladas with Mexican rice	<b>18</b> \$8 Spaghetti with meat sauce and garlic bread
<b>21</b> \$8 Chicken Alfredo pasta with bread	<b>22</b> \$8 Beef quesadilla with salsa	<b>23</b> \$7 Pepperoni pizza	<b>24</b> \$8 Buffalo wings with French fries	<b>25</b> \$8 Fish tacos with pico de gallo
<b>28</b> \$8 BBQ tri tip sandwich with cheese, bbq sauce on a ciabatta roll	<b>29</b> \$8 Hot turkey and bacon sandwich with mayo, lettuce, tomato, cheese	<b>30</b> \$8 Teriyaki chicken wings with French fries	<b>31</b> \$8 Steak nachos with beef, cheese, tomato, onion, jalapeño, sour cream	

Daily Breakfast	Daily Lunch	Beverages, Sides & Treats
Breakfast Burrito <i>egg, cheese &amp; sausage or chorizo</i> \$8	Hamburger \$7	Bottled Water \$1
Breakfast Sandwich <i>egg, cheese, ham, tomato on sourdough</i> \$7	Cheeseburger \$8	La Croix \$1
French Toast \$8	French Fries \$4	Gatorade, Vitamin Water, etc. \$2
Pancakes (2) \$5	Turkey & Cheese Sandwich \$7	Chips \$1
Muffin or Pastry \$3	Ham & Cheese Sandwich \$7	Cookie \$1
Grilled Bagel <i>with cream cheese</i> \$3	<i>All sandwiches served with lettuce, tomato and onion</i>	Muffin, Bread, Pastry \$3

We accept cash, debit/credit cards, Apple Pay and Google Pay



## **Back-to-School / Mini-Schedule Night for Parents** **Wednesday, August 30, 2023 at 6:00pm\***

Time	Period	Rm #	Teacher	Course
5:45 – 5:53pm	0	_____	_____	_____
<b>*6:00pm Assembly</b>	<b>—</b>	<b>BDH</b>	<b>Introductions of Faculty</b>	<b>Special Assembly in BDH</b>
6:30 – 6:38pm	1st	_____	_____	_____
6:43 – 6:51pm	2nd	_____	_____	_____
6:56 – 7:04pm	3rd	_____	_____	_____
7:09 – 7:17pm	4th/5th	_____	_____	_____
7:22 – 7:30pm	6th	_____	_____	_____
7:35 – 7:43pm	7th	_____	_____	_____

### **Parents:**

- Your son's teachers will be in their regular classrooms during the evening; please refer to your son's schedule / get the room numbers and class periods from him
- Each class period will be 8 minutes long and 5 minutes are allotted for transition time between each class period, respectively
- Be welcome to visit the Cislini Study Center (CSC) or the cafeteria when your son has a free period or a study hall on his schedule

### **FYI:**

- Some students have a 0-period class; be welcome to go to that(those) class(es) as scheduled above
- Some after-school activities usually appear on your son's schedule as taking place during an evening time; these activities will not meet on Mini-Schedule Night
- **Only classes that meet at Periods 0 through 7 will meet for Mini-Schedule Night on August 30, 2023**

**\*The evening formally begins in Br. Dunne Hall at 6:00pm with an assembly. We will begin on time, so please do not be late!**