

PALMA SCHOOL

Palma School Newsletter

A monthly newsletter for the parents of Palma

JANUARY 2024



What's Inside:

- Letter from the Principal
- Campus Ministry
- Palma Athletics
- Guidance Department
- Parents' Club
- JHS Father-Son Game Day
- Crab Feed
- High School Mother-Son Dinner Dance
- January Lunch Menu

Classes Resume

Monday, January 8

Welcome Back!

schedule highlights

Monday, January 1

SCHOOL CLOSED – New Year's Day

Tuesday, January 2-Friday, January 5

No Classes – Office open 8am-12noon

Monday, January 8

Classes resume

Monday, January 8

5:30p - Athletic Council Meeting in CSC

Wednesday, January 10

5:00p - College Financial Aid Present. in BDH

Monday, January 15

School Closed – Dr. Martin Luther King Jr. Day

Wednesday, January 17

1:45p - State Championship Rally in the gym

Thursday, January 18

5:30p - Parent-Teacher Conferences in BDH

Monday, January 22

6:00p - Parents' Club Meeting in CSC

Wednesday, January 24

Red Day Schedule

Thursday, January 25

Gold Day Schedule

Thursday, January 25

11:37a - JHS Spelling Bee in BDH

Tuesday, January 30

4:30p - NHS/NJHS Induction Ceremony in BDH

Tuesday, January 30

5:30p - Fall Semester Honor Roll Prog. in the gym

Be a Leader. Be a Chieftain.



Questions, comments or suggestions: please email marketing@palmaschool.org



From the Principal

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Let us be reminded as the spring semester approaches fast that with hard work, preparation, determination, and role models who believe in them, students will live up to our expectations. Happy New Year, Palma!

Dear People of Palma,

New year...new resolutions...renewed vigor. Happy New Year! I have marveled at students who have taken advantage of the new year to hit that proverbial re-set button — to recommit themselves to their respective courses of study, with a conscious effort to be better men in mind, body, and soul.

The most pronounced of changes happen when they concern students who, for many reasons, have simply not been able to start the school year in August with such resolutions. These are the students with labels — most probably *mis*labels. Perhaps school caught their days of summer by surprise; they were not ready; they just did not start off on the right foot. Perhaps they lapsed into bad habits, old routines, and public misperceptions of who they could become. I pray some mistakes *have* been made, and with them, some opportunities for growth. After all, the worst mistake we can make in life is not to learn from one. I have seen students decide at this time of year to make changes: to better their study habits, to work harder, to take more responsibility, to become leaders. The new year presents opportunity — a chance to shatter the old labels, a chance to forge a better tomorrow with hard work today. It is not too late! With persistence and a nurturing community, students can make changes.

For others who have been achieving in academics, if anything, and in all the right ways, perhaps the new year can serve as an opportunity for some perspective on priorities in life. Intellectual preparation is extremely important for a young man pursuing the college of his dreams. But far more important is a balance on a life steeped in the virtues of temperance, simplicity, joy, and being truly present in the moment — not just frenzied plans for the future. That kind of joy cannot be found in extreme pursuits of anything temporal. Just recently I saw two very close friends bury their fathers who died rather unexpectedly. There is nothing like a funeral to remind me of what and especially **who** ought to be important to me right now, in the moment. I am grateful for my gift of faith at times like these.

We can help our young men grow by expecting them to be the good that is in every one of them. Jesus himself set this standard of expectation when he saw the best in his apostle Simon — a mere fisherman — and renamed him Peter, which means rock. This fiery tempered “student” who betrayed Christ would one day become the foundation of the Church. Students do not want to fail. They do not want to give up. They want new labels — those who under- and over-perform. But they often feel they have little chance when their peers, their parents, even their teachers react to their poor choices as “their same old ways.” We must not give up on expecting the most from our students!

Let us be reminded as the spring semester approaches fast that with hard work, preparation, determination, and role models who believe in them, students will live up to our expectations. Happy New Year, Palma!

Yours in Blessed Edmund Rice,

David J. Sullivan
Principal



Campus Ministry

Mr. Willie Beesley '86

x300

beesley@palmaschool.org

*Join Campus Ministry Liturgy Club.
We meet in B-3, first half of both lunches.*

All are welcome!

Morning Mass is offered every class day at 7:30am in the Blessed Edmund Rice Chapel. They are open to parents, friends, students, staff, neighbors, and all. Come and see!

Casa de Cultura

Thank you to everyone who donated rice and beans for families living in Pajaro. An estimated 3,000-3,500 pounds of beans and rice were distributed to more than 300 families on December 19th from Casa de Cultura.



Adoration and Advent reconciliation service

On Friday, December 15th students gathered in the BER Chapel for Adoration of the Blessed Sacrament



and an opportunity to go to Confession. Thank you Bishop Sylvester Ryan, Fr. Ron Shirley, Fr. Mike Volk, Fr. Carlos Warfield, Fr. Stephen Akers, Fr. Greg Sandman, Fr. Jhonnatan Carmona, Fr. Martel Ramos and Fr. Robert Sullivan for being present to our students.

Prayers and props

Please visit Palma's Campus Ministry webpage to send us your prayer requests and intentions to be offered up during the morning Masses. You'll also find "Props" to alert us to accomplishments your son has achieved in or outside of school. We want you to brag about your son!!

[VISIT THE CAMPUS MINISTRY WEBPAGE](#)

Live, Jesus, in our hearts forever!

Prison visits



How do our Brothers in Blue feel about Palma? They were compelled to make this sign, which was displayed by Soledad Emergency Services, on the day of our football team's send off to the State Championship in December. The class of 2024 will resume their visits to CTF Soledad Prison this month. Your prayers and support for our Chieftains and our Brothers in Blue are appreciated.

Student Outreach

Help Palma bring "service" to life

Visit the student outreach page on our website to explore volunteer community service opportunities. The page can be found under the "Student Life" tab or by clicking here

[VISIT THE STUDENT OUTREACH WEBPAGE](#)

In addition, please check out these opportunities to serve the Palma community in the Blessed Edmund Rice Chapel:

Edmund Rice Society — join the club and/or join us on the Mexico Mission

Liturgical Aide — We are seeking altar servers, readers, and students who play instruments (Mr. Beesley is offering a guitar class). You can receive two credits per semester for your participation.



Chieftain Athletics

Mr. Rob Bishop
x229
bishop@palmaschool.org

Go Chieftains!

Happy new year!

Congratulations to our varsity football team. It is great to have another state championship team honored here at Palma. A rally is being planned for January 17; stay tuned.



December basketball tournaments

Thank you to the generous sponsors who supported our December basketball tournaments. Thank you Con and Cathy Linehan for supporting the Mickey Linehan Memorial. Thank you Scattini and Amaral families for making the Scattini Tournament a big success.

Palma winter sports

High school winter seasons are in full swing with both varsity wrestling and basketball early favorites again for championships.

Palma School Athletics App

contains schedules, rosters and updated scores. It is part of the "gochieftains" website. You find the app at Apple and android app stores.



Support Palma athletics on the big boards

Put your company name or family message on our scoreboards. Your message will appear on the Holaday Seed Scoreboard in the gym and on the 17-foot video scoreboard during contests on our track, field and baseball stadium. Contact Mr. Bishop at bishop@palmaschool.org for more details.



Volunteers are wanted

To host successful winter sporting events, **we need your help!** Please visit the athletics council page on our website at <https://palmaschool.org/athletics> for more information on volunteering at these events. There is something for everyone to support your Chieftain athletics programs.

For all of your daily athletic updates please follow me on

twitter at [@Coach_Rbishop](https://twitter.com/Coach_Rbishop). I tweet upcoming game times for all sports each week as well as results and other fun information regarding Palma Athletics.



GET YOUR OFFICIAL PALMA GEAR HERE

MARK YOUR CALENDAR Palma Athletics Crab Feed is Saturday, February 10, 2024



Guidance Department

Mrs. Irina Short
x242
short@palmaschool.org

College deadlines are coming fast!

College orientation for junior parents

The college search can be a difficult and frustrating process. It's important that you have a clear understanding of how to navigate this process by using SCOIR. We will be working with your son so that he understands the entire process. Last year, you were emailed several times to create your account in SCOIR so it would link to your son's account. If you haven't created your account, please contact your son's counselor so he/she can send you another activation code. We will be sending you a video later this month that explains how to use your son's SCOIR account. SCOIR is a college and career readiness platform that helps connect academic achievement to post-secondary goals. Its comprehensive college and career planning solutions optimize student success, maximize counselor effectiveness, and track results for school and district administrators. SCOIR provides students and families access to online resources, communication tools, and college and career collaborative activities in SCOIR. SCOIR makes college research easy: Whether it's matching colleges to a student's career interests, or comparing admissions rates at a student's top college choices, SCOIR tools allow students and families to make informed decisions. Students can also compare colleges and universities, explore scholarship opportunities, and track the status of supporting application documents (transcripts and letters of recommendation). Plus, all of these tools are managed from one location, improving communications between students, schools, and parents and reducing paperwork.

Counselors meeting with juniors biweekly

High School Counselor's will begin meeting with juniors biweekly in their Theology classes. They will begin to prepare juniors for the college application process, starting late January.

Financial aid presentation for senior parents set for January 10 in Brother Dunne Hall

Palma and Notre Dame parents are invited to attend the Financial Aid Presentation on Wednesday, January 10th at 5:00pm in Br. Dunne Hall. A financial aid officer, Marisela Rubio from Empowered Admissions, will be here to explain the financial aid application process and answer questions for college-bound seniors and their families. The evening will provide an overview of the Financial Aid programs available. Wondering what the FAFSA is? The Free Application for Student Aid is the financial aid form required by all colleges. Come to the meeting to learn how to fill out this form. The presentation will provide an overview of the Financial Aid programs available. It will last approximately one hour.

Please create your FSA ID prior to the presentation.

1. Create your FSA ID – Both the student and their parent need to complete this process to electronically sign the FAFSA. The California Dream Act application includes the prompts for setting up a State Student Aid PIN for electronic signatures.
2. You can go to the FAFSA link now and create your ID's:
<https://studentaid.gov/fsa-id/create-account/launch>

Schedule of SAT/ACT test dates for 2024

	Test Date	Register by	Late Reg. Deadline*
ACT	Feb 10	Jan 5	Jan 19
SAT	Mar 9	Feb 23	Feb 27
ACT	Apr 13	Mar 8	Mar 22
SAT	May 4	Apr 19	Apr 23
SAT	Jun 1	May 17	May 21
ACT	Jun 8	May 3	May 17
ACT	Jul 13	Jun 7	Jun 21

* A late fee will be added after the "Register by" date.

Future dates

- Financial Aid Presentation for Senior Parents —
Wednesday, January 10th at 5pm in the Br. Dunne Hall
- Southern California College Trip — Tuesday, February 13th - Saturday, February 17th

continued on the next page

Guidance Department continued from the previous page

Tips for student athletes

When it comes to athletic scholarships and college sports recruiting, it is important for you to become familiar with the rules and regulations surrounding the various college associations, conferences, and divisions. Violation of the rules, even while still in high school, can result in ineligibility in your future athletic career. Your first task should be to determine which associations (NCAA, NAIA, and NJCAA)

you prospective colleges and universities belong to, and then carefully review those group's websites. College-bound student-athletes preparing to enroll in a Division I or Division II school need to register with the NCAA Eligibility Center to ensure they have met amateurism standards and are academically prepared for college coursework. Before you can make official visits or sign a letter of intent you must be registered.

Parents' Club

PARENTS' CLUB WEB PAGE: [HTTPS://PALMASCHOOL.ORG/PARENTS-CLUB/](https://palmaschool.org/parents-club/)
EMAIL: PARENTSCLUB@PALMASCHOOL.ORG

THANK YOU!!!

Thank you to all who supported our Winter See's Candies fundraiser. We were able to net more than \$3,900, which is nearly a 30% increase over last year.

Thank you to all who donated gift cards for our Holiday Faculty & Staff Appreciation event. Our hardworking Faculty and Staff were treated to a take-and-bake dinner of lasagna, veggies and bread, as well as a gift card to show our appreciation. Shown below are

(l-r): Denise Vasquez, Lorena Elchaarani, Stephanie Jaime, Selina Velasquez, Michelle Chisum, Michele Mazzuca and Letty Bugarin.



SAVE THE DATE



Junior High Father-Son Game Day
Saturday, January 20 • 10am-1pm

See page 7 for details



Mother Son Dinner Dance
See page 9 for details





Make plans to join your classmates at

Junior High Father-Son* Game Day

Saturday, January 20 · 10am - 1pm

Palma's Gym

\$20/person - tickets must be purchased in advance

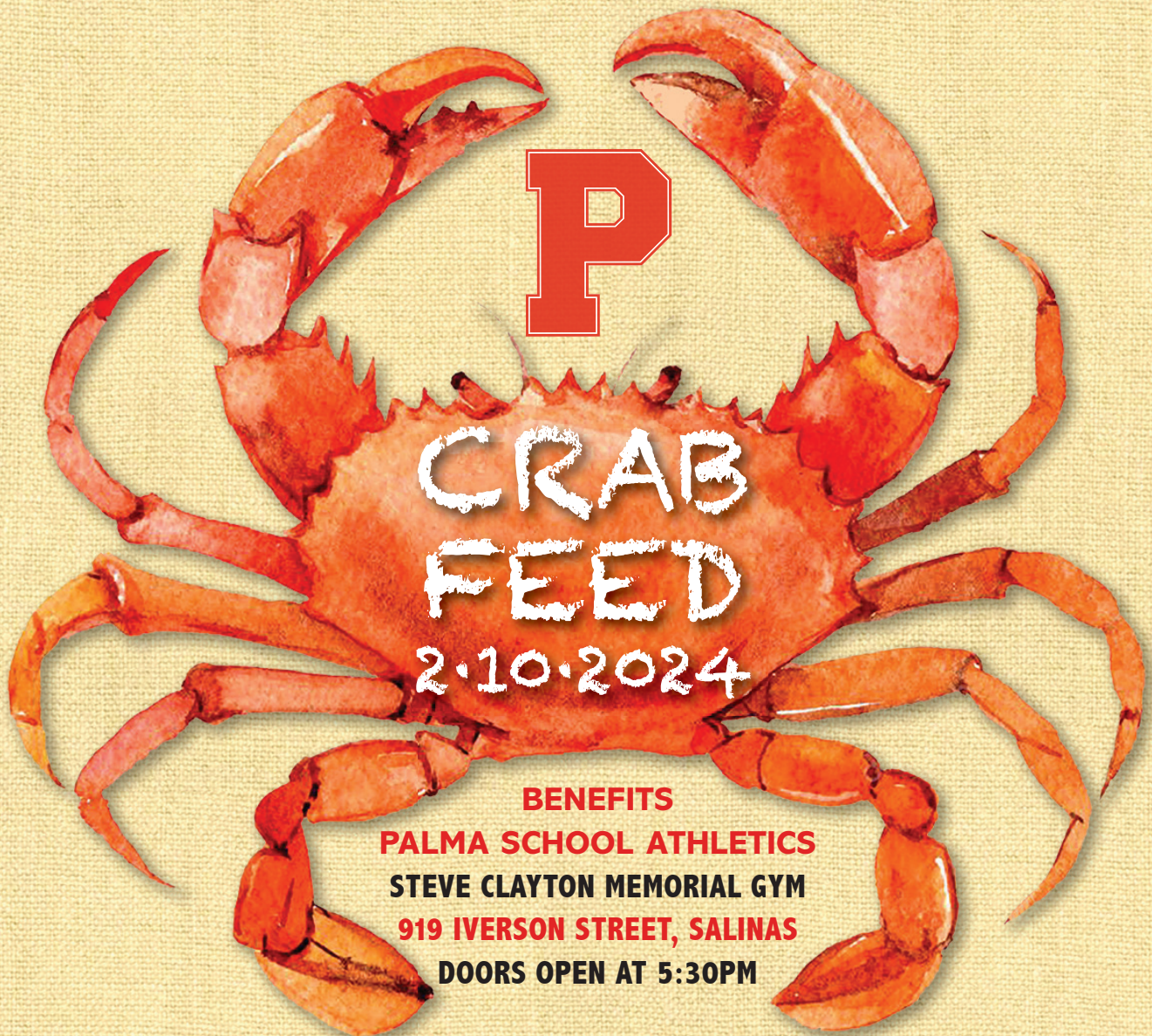
**Open to Palma Junior High boys
& dads, plus male siblings, uncles,
grandpas, step dads and father figures.*

**CLICK
TO
PURCHASE
TICKETS**

Ticket sales close on January 15

Questions? Email
parentsclub@palmaschool.org

THE PALMA ATHLETIC COUNCIL PROUDLY PRESENTS



SAVE THE DATE

TICKETS WILL GO ON SALE LATER THIS MONTH

\$125
PER PERSON



LIVE
MUSIC



GREAT
FOOD



LIVE & SILENT
AUCTION

Sponsorship opportunities available

To sponsor, donate or volunteer, please contact Rob Bishop: bishop@palmaschool.org



2024

Mother Son Dinner Dance

DANCE

THE NIGHT AWAY

Saturday, March 2, 2024

Monterey Marriott

Doors open at 6:00pm
Dinner served at 7:00pm
Dancing until 10:00pm

*Moms are asked to wear nice dresses or pants. Sons should wear slacks and a button-down shirt.
Ties and tennis shoes are optional. Disco style includes groovy patterns, bright colors, abstract
prints, or sequins.*

Purchase Tickets

Reserve a Room

**Tickets: \$175 per couple and \$75 for each additional son. Rooms at the
Monterey Marriott are available under "Palma Mother Son Dance."**

**You need to reserve your room by February 19, 2024 to take
advantage of this special rate.**

Palma School Lunch Menu

January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 NEW YEAR'S DAY SCHOOL CLOSED	2	3 CHRISTMAS BREAK NO CLASSES	4	5
\$8 8 Blackened chicken fettuccini pasta	\$8 9 Beef taquitos with sour cream, lettuce and salsa	\$8 10 Pork carnitas plate with rice, beans and salsa	\$8 11 Buffalo wings with French fries	\$8 12 Chicken fried rice
15 DR. MARTIN LUTHER KING JR. DAY SCHOOL CLOSED	\$8 16 Fish and chips with tartar sauce	\$8 17 Teriyaki chicken wings with French Fries or Chicken Caesar salad	\$8 18 BBQ tri tip sandwich with cheese, grilled onions and BBQ sauce	\$8 19 Jambalaya over rice
\$8 22 Turkey panini with bacon, cheese and grilled onions	\$8 23 Meat lasagna with garlic bread	\$8 24 Asada fries with grilled beef, cheese, jalapeño, green onion & sour cream	\$8 25 Chicken burrito with rice, beans and salsa	\$8 26 BBQ cheddar burger
\$8 29 Philly cheesesteak sandwich	\$8 30 Chili cheese fries	\$8 31 Chicken panini sandwith with bacon, basil pesto, mayo, cheese, grilled onions and tomato		

Daily Breakfast	Daily Lunch	Beverages, Sides & Treats
Breakfast Burrito \$8 <i>egg, cheese & sausage or chorizo</i>	Hamburger \$7	Bottled Water \$1
Breakfast Sandwich \$7 <i>egg, cheese, ham, tomato on sourdough</i>	Cheeseburger \$8	La Croix \$1
French Toast \$8	French Fries \$4	Gatorade, Vitamin Water, etc. \$2
Pancakes (2) \$5	Grilled Turkey Sandwich \$7	Chips \$2
Muffin or Pastry \$3	Grilled Ham & Cheese Sandwich \$7	Cookie \$1
Grilled Bagel \$3 <i>with cream cheese</i>	Cold Turkey or Ham Sandwich \$7	Muffin, Bread, Pastry \$3
	Chicken Green Salad \$8	
	Chicken Caesar Salad \$8	
	<i>Sandwiches include lettuce, tomato, onion</i>	

We accept cash, debit/credit cards, Apple Pay and Google Pay