

PALMA SCHOOL

Palma School Newsletter

A monthly newsletter for the parents of Palma

NOVEMBER 2023

AP Spanish teacher Mr. Quintino coordinates the making of *una ofrenda* (offering) in the chapel to celebrate *el Día de los Muertos*.



What's Inside:

- Letter from the Principal
- First Quarter Honor Roll
- Campus Ministry
- Palma Athletics
- Guidance Department
- College Tour 2024
- Paint Night
- See's Candies
- Yearbook
- November Lunch Menu



All Souls Day

Tuesday, Nov. 2

This annual remembrance of Chieftains who have passed away will be shown in Br. Dunne Hall to all students during their Theology classes and will also be available on our website under the Student Life tab.

No Classes
Friday, Nov. 10
Faculty Collaboration Day

schedule highlights

Wednesday, November 1
per 1-3 - All Saints Day Masses

Thursday, November 2
All Souls Day Memorial of Deceased Alumni

Sunday, November 5
12:00-2:00p - Open House (pre-registered only)

Thursday, November 9
6:30p - Palma Parents' Club Paint Night in BDH

Friday, November 10
NO CLASSES - Faculty Collaboration

Sunday, November 12
4:00p - Fall Sports Awards in the gym

Monday, November 13
5:30p - Athletic Council Meeting in CSC

Tuesday, November 14
6:00-7:00p - PSAT: Now What? Webinar

Monday, Nov. 20 - Friday, Nov. 24
NO CLASSES - Thanksgiving Week

Thursday, Nov. 23 - Friday, Nov. 24
SCHOOL CLOSED - Thanksgiving Holiday

Monday, November 27
6:00-7:00p - Parents' Club Meeting in CSC

Tuesday, November 28
Giving Tuesday Fundraiser for Tuition Assistance

Wednesday, November 29
8:30a - Red Day Schedule

Thursday, November 30
9:30a - Gold Day Schedule

Be a Leader. Be a Chieftain.



Questions, comments or suggestions: please email marketing@palmaschool.org



From the Principal

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I am genuinely
moved on a
regular basis by
our students,
their families, our
alumni, teachers
and coaches.
Miracles are
happening all
the time here at
Palma and
through Palma to
the community
beyond.

Dear People of Palma,

The month of November always reminds me of my need to communicate *gratitude* more often with others. I find that a true attitude of gratitude requires time. Time is a precious thing. And there seldom seems to be enough of it — *time* — to reset my disposition, to be thoughtful and reflective, to empathize with the efforts that are being made by those around me, and then to invest myself in a moment to express my gratefulness to another person. Maybe this is why I am such a fan of the holiday season fast approaching, where the calendar affords us an excuse to carve time out of our busy lives to rededicate ourselves with gratitude.

I confess that I need to continually recommit myself to expressions of gratitude. Research argues that our health of mind, body and soul would benefit from an ample dose of it. This would be a delightfully infectious gift to ourselves and to others, and we can do it by simply being more present to those with whom we interact every day. So, what is it that keeps me from starting and ending my days with gratefulness for life's gifts? It would seem that the adversary of gratitude is *busy-ness*! We are dutiful, highly committed, vocation-driven parents who work hard at every facet of our lives, and there are many who depend on us — families, co-workers, friends, neighbors, even the stranger on the street begging for mercy and compassion. But we are plagued by the tyranny of the urgent. Stopping for a moment to be fully present to another with a disposition of gratitude may be simple, but it is not always easy. And this, perhaps, is why it has never been *more* important.

I am genuinely moved on a regular basis by our students, their families, our alumni, teachers and coaches. Miracles are happening all the time here at Palma and through Palma to the community beyond. Yes, we are busy doing great works. But do we give pause to reflect with an attitude of gratitude? What are we truly teaching one another when we don't make time for it? More importantly, what are we teaching our young men? The holidays can be very difficult for people who do NOT have some of the most basic securities to which we are all truly entitled: food, shelter, clothing, even fellowship. Couldn't we be more grateful with one another?

This November of thanksgiving and through the subsequent holiday season, I pray that our students and so many more young men and women beyond Palma experience the wonder of their worth; that they may know with confidence that they truly matter! I pray that we, the adults in their lives, model this with a deep sense of gratitude for their place in our world, and for our place in service to them and the mentoring of them. I am reminded that life brings no guarantees to wait for tomorrow to be grateful. So, with this in mind I say thank you, Palma Family! And have a blessed and Spirit-filled Thanksgiving holiday! *Go Chieftains!*

Yours in Blessed Edmund Rice,

David J. Sullivan
Principal

HONOR ROLL: FIRST QUARTER 2023-2024

Congratulations to those students with a GPA of 3.2 and above for earning a place on the first quarter honor roll. Students whose GPA is from 3.2 to 3.49 have earned second honors, and those with a 3.5 and above have earned first honors, with those earning a 4.0 or above designated as such.

GRADE 6

4.0+ First Honors

Joey Dutra
Hudson Neff
Aiden Santa
Evan Scattini
Adrian Valdes
Ayden Vasquez
Dylan Villalobos

First Honors

Ace Amaral
Kaleb Arreola
Casey Bittner
Lucas Carmona Young
Eli Fulgencio
Giovanni Giammanco
Josh Gin
Tommy Gomez Marrujo
Alexander Guerrero Morgan
Adrian Huerta-Vasquez
Reid Jensen
Bryce Johnson
Adi Maharaj
Hudson Phelps
Jacoby Piña
Nathan Pomaes-Guzman
Cristobal Reynoso-Noriega
Cruz Rodriguez
Noel Rodriguez
Erik Schantin
Mason Sgheiza
Finn Snyder
Noah Tacdol
Trey Wallace

Second Honors

Edward Gonzalez
Gio Hayes
Brooks Lindley
Titus Meeks
Dylan Mendelsohn
Daniel Ramirez

GRADE 7

4.0+ First Honors

Jack Alioto
Brayden Brown
Aidan Delucchi
Drew Laurie
Simon Charles Magana
Isaiah Martinez
Trey Nunes
Michael Richert
Stephen Souza
Nathan Tapia-Coria

First Honors

Clayton Buzzell
Henry Cordoba
Nehemiah Cruz
Corey Garcia
Vincenzo Hayes
Andrew Holtz
Christopher Infante
Gregory Jensen
Jay Lopez
Andinn Martens
Liam McGee
Vincent McGirr
Evan Mendelsohn
Lucas Merritt
Jayson Reyes-Espinola
Jacob Rivas
Matthew Rodriguez
Joel Santiago
Elijah Suarez
Jacob Torrez
Finnegan Tovar
Ernest Varela
Martin Vetter
Henry White

Second Honors

Joah Criscuolo
Thomas Madrid
Bruno Mankowski

Sean Murray
Ethan Ramos

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GRADE 8

4.0+ First Honors

Joaquin Avelar-Moreno
Justin Bhardwaj
Carson Bolding
Mason Borrmann
Colton Brown
Gabriel Colon
Cole Flickner
Gabriel Garcia
Timothy Gin
Miguel Hernandez
Colton Hodges
Jonah Martinez
Jacob Martinez
Thomas Mazzei
Owen Mazzuca
Joseph Mollner
Quinton Piña
Griffin Ripley
Matheo Sanchez
Andrew Suarez
Diego Sullivan
Ric Watkins
Jack Witting
Christian Zielinski

First Honors

Andrei Caceres
Sebastian Casillas
Jonah Corpus
Francis Devine
Frank Gallegos
Noah Hockin
Mason Holaday
Richard Medrano-Gutierrez
Sheadon Montgomery
Graham Neff
Dakota Phelps

Isaiah Serrano
Jameson Szaszy
Anthony Tringali
Mateo Valdes
John Villegas
Ethan West

Second Honors

Nathan Barajas-Orozco
Braedon Cagle
Luke De Oliveira
Blake Herod
Joseph Lauderdale
Harrington Lilly
Jacob Perez
Justin Veliz
Sebastian Venegas

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GRADE 9

4.0+ First Honors

Chase Amaral
Logan Barsoom
Daniel Borghezian-Rubio
Noah Dominguez
Patrick Driscoll
Eli Dukes
Ali ElChaarani
Cruz Espinoza
Jackson Harris
Fabian Hernandez
Nathan Jandinero
Bearitt Langmann
Moi Linares
Maximilian Lomboy
Shaune Mercado
Lorenzo Mercado
Ethan Moncada
Ian Negron Bugarin
Kevin Ng
Wyatt Nunes
Michael Ochoa
Gabriel Arturo Perez

Bernie Phillips
Davis Pisoni
Dominic Silva
Sebastian Silva
Alexiz Velasquez
Efrain Venegas
Jonathan Woodyard

First Honors

Shane Aguilar
Bryce Amaral
Caleb Bobadilla
Jordan Camacho
Adal Casillas
Jacob Diaz
Daniel Fanucchi
Jaden Galimba
Aiden Garcia
Caleb Gersonde
Brandon Hamlet
Bolin Hinkle
Connor Jimenez
Damien Lopez
Nicholas Lopez
Ray Luna
Leo Myaskovsky
Rocco Orlowski
Joseph or Joe Rivera
Shane Sanders
Joseph Scott
Brendan Spencer
Christopher Ushakoff

Second Honors

Jerry Arceo
Blake Blowers
Michael Crivello
Marco Crivello
Paxton Dorey
Cristofer Gage
Andres Garcia
Xaiden Gomez

Continued on the next page

HONOR ROLL: FIRST QUARTER 2023-2024

Continued from the previous page

Zachary Gonzales
Marco Hernandez
Isaak Hernandez
Peter Kremer
Temito Leon Ramirez
Eliart Manzur
Evan McKay
Alfredo Novoa
Dominic Pellegrino
Gabriel Perez
Sebastian Ramsey
Tristan Robare
Tai Suich
Carson Wilcox

GRADE 10

4.0+ First Honors

Johanne Ajoc
Dylan Chung
Aiden Contreras
Keith Ewart
Ryan Flores
Tyler Fundingsland
Eric Garcia
Osbaldo Godoy
Miles Holaday
Benjamin James
Zachary Lee
John Michael Manalang
Cesar Mercado
Matthew Miranda
Brandon Munoz-Marrujo
Christopher Ng
Francis Perez
Sebastiann Ponce
Jeremy Ramirez
Eduardo Saavedra
Jose Saucedo
Luke Secondo
Andrew Sosic
Taylor Swan

Tristan Thoeni
Aiden Veliz
Heinrich Vetter
Joe Viarengo

First Honors

Jose Avelar-Moreno
Wyatt Bakker
Ethan Cameron
Reuben Desmond
Elijah Garnica
Bryce Gokey
Joseph Harreld
Amar Lopez
Damien Lopez-Regalado
Nathaniel Lugo
Alexander Ortiz
Zenon Paden
Keoni Pato-Guardado
Quintin Ruelas
Brayden Sargenti
Gabriel Serrano
Samuel Strachan
Cruz Tovar
Daniel Witting

Second Honors

Matthew Alioto
Job Barroso-Robles
Joseph DeFonzo
Angel Gallardo
David Garcia
Anthony Guerrero
Julian Infante
Lorenzo Lorca
Zachary Nixon
Robert Schroeder
Evan Villegas

GRADE 11

4.0+ First Honors

Benjamin Alcantara
Benjamin Dalton
Lukas Hell
Isidro Hernandez
Ivan Hu
Eric McKay
Lucas Milburn
Jose Montes
Dan Nino
Ayden Perez
Nicolas Pezzini
Kianno Philpot Montano
Isaiah Rangel
Jeremy Regalado
Skyler Reyes-Espinola
Enrique Saavedra
Sebastian Sanchez
Maxwell Sanchez
Garrett Schoeder
Griffin Stoffel
Gibson Stoffel
Adrian Valadez
Isaiah Velasquez
Aidan Williams

First Honors

Brady Amaral
Noah Cabanas-Granados
Johnny Carnazzo
Luis Chavez Hernandez
Weldon Chisum
Boston Collins
Matthew Garcia-Galindo
Liam Hamilton
James Hinkle
Wells Lilly
Sebastian Mazariegos
Daniel Pedersen
Xavier Reinhardt
Mason Ross

Luke Ruelas
Ryan Russo
Elias Siegel
Dean Silacci
Von Swim
Jordan Wilkins

Second Honors

Cayden Acosta
Alan Gonzalez
Daniel Gutierrez
Giovanni Gutierrez
Jered Kallenberger
Aaron Pacheco
Christian Ramirez
Jonathan Rivas
Soren Roberts
Luke Tedesco
Isaac Torres-Diaz
Jaskaran Walia

GRADE 12

4.0+ First Honors

Nicholas Bengard
Evan Bobadilla
Aaron Braasch
Tyler Cina
Roberto De León
Thomas Ducker
Nathan Garcia
Anmol Ghuman
Noa Kawamoto
Luka Kawamoto
Isaac Kelly
Gavin Lanini
Christopher Martinez
Jaideep Nahal
Tobias Perkowski
Caleb Romero
Timothy Slater
Jaden Soliz-Kincaid

Nicolas Veliz
Timothy Youssef
Joel Zaragoza

First Honors

Logan Albertoni
Keoni Bennett
Dylan Calabro
Nicholas Dominguez
Ryan Guerra
Rolando Infante
Ian Jury
Kai Kawamoto
Johannes Landis
Gavin Martinez
Steven McCarty
Gabriel Melchor
Drew Molinari
Thomas Nunes
Gabriel Ovando
Edgar Padia-Noriega
Marley Quitevis
Axel Reyes
Logan Saldate
Jacob Segura
Diego Villarreal

Second Honors

Hunter Acosta
William Azua
Mateo Chacon
Brandon Chrisman
Dylan Jaynes
Mark Lester
Andre Medina
Gianni Ponce
Jacob Regalado
Leonardo Santana
Kaleb Shannon
Esteban Sotelo



Campus Ministry

Mr. Willie Beesley '86

x300

beesley@palmaschool.org

November is the month of remembrance

All are welcome!

Morning Mass is offered every class day at 7:30am in the Blessed Edmund Rice Chapel. These Masses are open to parents, friends, students, staff, neighbors, and all. Come and see!

All Soul's Day Announcement

Palma will be remembering the students and alumni who have gone to their rest on All Soul's Day in Brother Dunne Hall. All are welcome.



Día de Los Muertos and November

Mr. Quintino's AP Spanish Language class has created an "ofrenda," an altar in remembrance of our loved ones who have made the journey. Also, please come to the Blessed Edmund Rice Chapel and fill out a prayer card for your deceased loved ones so we can pray for them throughout the month of November.



Prison visits



Class of 2024 seniors are visiting CTF Soledad Prison throughout the months of October, November and December. Thank you for your prayers and support for our Chieftains and our Brothers in Blue.

Higher ground

In Prayers and Props on the campus ministry website we are looking for examples of Chieftains taking the "Higher Ground" through service, time, and selflessness. Pictures are welcome.

[VISIT THE CAMPUS MINISTRY WEBPAGE](#)

Community service opportunities

Please check the bulletin board by the Counseling Office for community service opportunities.

Thank you to Dr. Wayne Tinsey for visiting Palma and reminding us what it means to be an Edmund Rice School. Dr. Tinsey is a Global Ambassador for Edmund Rice Education Beyond Borders and provided a presentation about mission and the renewed life of Christian Brothers' education through collaborations between schools around the world. He spoke about human nature and the nature of God.





Chieftain Athletics

Mr. Rob Bishop
x229
bishop@palmaschool.org

Go Chieftains!

Chieftain athletics in November

Our high school winter sports seasons have begun, which include basketball, wrestling and high school soccer. I encourage you to attend as many games as you can. The boys are aware of your presence and it makes a huge difference to know they have your support.

Winter sports reminder

If you plan on participating on a winter sports team and haven't already done so, you will need to get your athletic clearance before you can participate. Visit www.homecampus.com.

- Click "For Students & Parents" and select "California."
- Returning users log into their existing account. New users need to create an account. Please register with a valid Parent/Guardian email address as the username and generate a password.
- Select "Start Clearance Here" and complete all of the required fields.
- Sign the documents by typing in an EXACT match of what is on the Student & Parent/Guardian page.
- Make sure to click "Save & Continue."

Your clearance is ready for review by Palma School once you have reached the "Confirmation Message" page. YOU ARE NOT CLEARED YET. Palma must review and clear you. An email will be sent once you have been cleared for participation.

Fall sports awards

Our annual awards ceremony for our fall sports student-athletes will be held on Sunday, November 12th, beginning at 4:00pm. More details about the event have been emailed to participating families.

Palma School Athletics App



Our athletics app contains schedules, rosters and updated scores. It is part of the "gochieftains" website. Look for the app at Apple and android app stores.

Basketball tournaments

Palma hosts two basketball tournaments in late November and December. The Mickey Linehan Memorial Tournament is the only 8th grade tournament in our area and will be held November 29-December 1. The Lucille & Luis Scattini Tournament is for varsity teams and will be held December 14-16. Both are exciting exhibitions and worth attending. If you want to be a sponsor of either (or both) of these tournaments, please contact bishop@palmaschool.org.

Put your name up in lights

Put your company name or family message on our scoreboards. Your message will appear on the Holaday Seed Scoreboard in the gym and on the 17-foot video outdoor scoreboard. Contact Mr. Bishop at bishop@palmaschool.org for more details.

Get involved

There are a variety of ways the Palma community can participate at athletic events and we can never have too many volunteers. From helping out at games to providing the many hands needed at fund raising events, Palma parents are the ones who make athletics happen for our boys. Be reminded that all parents are encouraged to attend our monthly Athletic Council meetings. We would like at least one parent representative from each team to join us, whether your sport is in or out of season. The next meeting is scheduled on Monday, November 7th at 5:30pm in the Cislini Study Center. For more information please contact Mr. Bishop in the Athletics office.

For all of your daily athletic updates please follow me on twitter at [@Coach_Rbishop](https://twitter.com/Coach_Rbishop). I tweet upcoming game times for all sports each week as well as results and other fun information regarding Palma and Palma Athletics.





Guidance Department

Mrs. Irina Short
x242
short@palmaschool.org

College deadlines are coming fast!

Important information regarding the launch of the 2024-25 FAFSA® form

There are major changes and improvements coming to the 2024-25 Free Application for Federal Student Aid (FAFSA) form. As a result, the new form will be available in December 2023, not October 1. The launch date will apply only for the 2024-25 FAFSA form. The changes include

- expanded eligibility for federal student aid
- a more streamlined application process

Make sure to create your StudentAid.gov account — and remember your username and password so you can access and submit the 2024-25 FAFSA form when it becomes available in December.

Here are links to create your student [FSA ID](#), [Determine Dependency Status](#) and parents create a [FSA ID](#). **Both the student and the parent** must create an FSA ID in order to sign the FAFSA for submission.

Please create your FSA IDs before the Financial Aid Presentation on December 13th at 5pm in BDH.

Other aid forms required by private colleges

Seniors applying to private colleges and universities should ensure that they complete all financial aid applications required by the school. Some private colleges require applicants to complete and submit the CSS Profile. For many colleges this form is due in early November. This form can be completed online at <http://profileonline.collegeboard.com/index.jsp>. Colleges that do not require the CSS Profile often require applicants to complete other university-specific financial aid forms. Check with the Admissions and Financial Aid offices at the private colleges to which you are applying. Failure to do so could reduce the amount of financial aid you might receive.

The college essay

This is your opportunity to tell the college about yourself — your hopes, ambitions, life experiences, inspirations. Take your time on this assignment. Be open. Be reflective.

Find your individual voice and express it honestly.

Do's and Don'ts for your application

- Do use unique personal anecdotes. You want your application to stand out!
- Do get to know your universities and what they stand for before filling out your applications.
- Do follow any directions given in your application, such as adhering to word or page limits. Read the question thoroughly and don't elicit information that was not requested.
- Don't procrastinate. Last minute, rushed applications may not reflect your best work.
- Don't lie. Period. Any fabricated grades or omitted grades, test scores, leadership positions — admission counselors will find out and it will certainly jeopardize your acceptance and scholarships.

College visits

All high school students can attend these presentations. They must register for the presentation in their SCOIR account at least two days before the event.

| | | |
|-------|---------|---|
| Nov 1 | 1:30pm | College Fair in the Palma gym |
| Nov 2 | 9:15am | University of the Pacific <i>In-person*</i> |
| Nov 9 | 9:15am | Syracuse University <i>In-person*</i> |
| Nov 9 | 10:00am | University of San Diego <i>In-person*</i> |

**in the Cislini Study Center*

Senior monthly reminder

- Finalize your college decisions.
- Prepare early decision, early action, or rolling admission applications.
- Complete your app essays. Be sure to proofread them.
- Request transcripts and letters of recommendation in SCOIR. CSUs and UCs do not want transcripts nor letters or recommendation.
- Create your FSA IDs for the FAFSA
- Complete the CSS/Financial Aid Profile if it is required by any of your selected colleges.



COLLEGE TOUR

SOUTHERN CALIFORNIA COLLEGE TRIP FOR JUNIORS AND SOPHOMORES

February 13-17, 2024

Cal Poly SLO • Cal Poly Pomona • UCLA • USC • UCSB
Point Loma Nazarene • University of San Diego • SDSU

The trip includes a chartered bus, hotel stays with breakfast each morning and a one-day Disneyland Park Hopper ticket. Students will need money for other meals and incidentals. A complete itinerary will be available at the mandatory informational meeting for students and parents on Tuesday, December 5th at 6:00 pm via Zoom. Questions can be directed to Mrs. Short at short@palmaschool.org or 831-422-6391.

Total Cost: \$920. Please submit a \$300 **non-refundable** deposit with this registration form to reserve your space. Make checks payable to Palma School. The balance must be paid in full prior to the December 5th meeting. Space is limited to 40 students. Qualified students must have a minimum 3.0 GPA, be in good standing, and consistently demonstrate the values of Palma School. Reservations are on a first come, first served basis.

Student Name _____ Grade Level _____ Cumulative GPA _____

Student's Email Address _____ Mobile Phone _____

Parent's Email Address _____ Mobile Phone _____

I would like to reserve my space on the Southern California College Trip 2024. I understand that, while on this trip, appropriate behavior is expected from me at all times, consistent with the 2023/2024 Palma Student and Parent Handbook. I understand that I will be disciplined appropriately if I fail to live up to expectations and not follow the rules set by trip chaperones. Additionally, I understand any damage caused by me and/or my roommates is the financial responsibility of my/our family(ies), not Palma School. I confirm I am in good standing and have at least a 3.0 cumulative GPA.

Student/Participant Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

PALMA PARENTS' CLUB



Paint NIGHT

NOVEMBER

9



NOVEMBER 9 | 6:30-8:30PM | \$35 PER PERSON
BROTHER DUNNE HALL | PALMA SCHOOL

Join us to sip, savor and enjoy an evening with our Palma Family! Wine, snacks and other refreshments will be provided.



PURCHASE TICKETS TO ATTEND





Dear Parents, Students and Friends of Palma:

Palma Parents' Club's annual See's Candies Winter Fundraiser is going strong. We choose See's because of its fine reputation for quality. This year our See's fundraiser continues to be online.

Since all students benefit from our fundraiser, we would greatly appreciate your family's participation. You can help us by encouraging your son to take orders from friends, relatives, and neighbors (feel free to forward this flyer and online store link or place an order for those who aren't online). We would also appreciate you **reaching out to co-workers and business associates** and remind you to **order a few extras** for holiday gift exchanges, teacher or coach thank you gifts and to avoid being caught empty handed for last-minute gift givers. Has this ever been easier?

[CLICK HERE TO ACCESS PALMA'S SEE'S ONLINE STORE](#)

OPEN NOW! ONLINE STORE CLOSSES: Wednesday, November 29, 2023

Your order will be shipped directly from See's to the address you provide. There are no minimum orders. **Orders will start shipping on November 10, 2022** and after that date will be shipped as soon as the order is placed. Shipping is valid within the continental U.S., Alaska, and Hawaii.



| Candy Value per Recipient | Ground Shipping Cost (Takes up to 6 business days) |
|---------------------------|---|
| Up to \$39.99 | \$7.95 |
| \$40.00-\$69.99 | \$5.95 |
| \$70.00 + | FREE |

**Thank you for helping to make
our fundraiser a BIG success!**

Any questions?

Please call or text Louise Bengard at (831) 595-8481
or e-mail Lbengard@mac.com

Raising By Not Razing

We are excited to announce that starting Wednesday, November 1st, Palma ASB will host **No Shave November**, an event to raise funds for a worthy cause and foster a sense of unity within our school community.

This year, we're introducing a fun twist — class competitions! Juniors and Seniors will face off, while sophomores will go head-to-head with freshmen. Our middle school students in grades 6th, 7th, and 8th will also have their competition. The winning class from each category will choose someone from another class to have their head shaved!

Before we shave anyone's head, we want to assure students and parents that all necessary permissions will be sought to ensure everyone is on board with this fundraising effort.

Additionally, we're offering an alternative for those who prefer to keep their facial hair intact. For a donation of \$20.00, students will receive a wristband, permitting them to keep their facial hair for the entire month of November.

We will have a contest on the last day of November to determine winners in several categories.

Let's unite as a community, support a fantastic cause, and have a little fun along the way! Your participation in No Shave November will make a difference and create lasting memories.



The poster features a red background with a white and red Mustang logo in the top left corner. Below the logo, the text "Mustangs" is written in a stylized font, followed by "MONTEREY COUNTY YOUTH RUGBY" in smaller letters. In the center, there is a photo of a rugby player in action. To the right of the photo are Instagram and Facebook icons. The text "Season Starting in December!" is written in white. Below that, "NOW RECRUITING!" is written in large white letters, followed by "YOUTH RUGBY" in red. Underneath, "U8. U10. U12. U14. HS." is written in white. At the bottom, "Scholarships Available!" is written in a cursive font. In the bottom left corner, contact information for Greg Ball is provided. In the bottom right corner, practice times and location are listed. The website "MONTEREYCOUNTYYOUTHUGBY.COM" is at the very bottom.

Mustangs
MONTEREY COUNTY YOUTH RUGBY

Season Starting in
December!

NOW RECRUITING!
YOUTH RUGBY
U8. U10. U12. U14. HS.

Scholarships Available!

Contact Greg Ball
831-214-1023
mcyrugby@hotmail.com
Instagram @mcyrugby
Facebook @MustangRugby

UNITED YOUTH RUGBY
BAY AREA

Practices Tuesday & Thursday
4:00 to Dark at Lincoln Park in
East Garrison (Fort Ord)

MONTEREYCOUNTYYOUTHUGBY.COM

Please join us in supporting our graduates!



LULAC #2055 Wine Raffle Scholarship Fundraiser

This year there will be **THREE WINNERS!!!**

1st Place: 25 bottles of wine & wine fridge!

2nd Place: 10 bottles of wine!

3rd Place: 5 bottles of wine!

FREE DELIVERY for all Winners! Winners will be announced on Saturday, November 18th

This year LULAC #2055 awarded 65 graduating seniors going onto higher education worth over \$41,000.

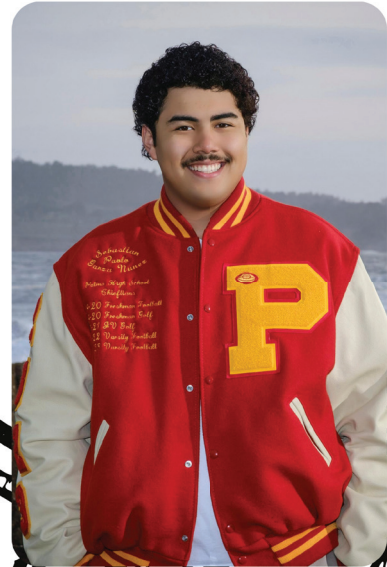


For tickets:

Call Chris Barrera:

831-206-9089

We accept cash, checks or Venmo



SENIOR PHOTOS

The Palma senior portrait must be a formal photograph. Please do not submit non-professional shots. Any candid snapshots will not be used. The photo will need a head and upper body shot. Full-body shots will not be permitted. Please note, your son should be the major focus in the photo so please limit the amount of background featured in the photo (i.e. props such as planes, tractors, trees, etc.). Your son must be in a collared shirt and/or Palma Letterman, including no earrings, no jewelry, and his hair must be his natural color and cut according to Palma dress code standards. All photographs will be reviewed and those photographs that do not adhere to Palma dress code rules will be returned and will not appear in the yearbook. Some examples of acceptable photos are featured on this flyer. The senior portrait is due **Friday December 1, 2023 and can be sent to me directly at cjimenez@gopalma.org**

STRONGLY RECOMMENDED PHOTOGRAPHERS FOR SENIOR PORTRAITS 2023-2024:

- Cook's Photography 831-424-5486 www.cooksphotography.com
- Gary Dangerfield 831-915-9991 www.dangerfieldesbcglobal.net
- Simon Jimenez 831-320-7594 simon@jimenezvision.com
- Manual Ortega Photography 831-682-7170 www.manuelortegaphoto.com
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Palma School Lunch Menu

November 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| | | \$8 1 Chicken enchiladas with Mexican rice | \$8 2 Chicken Alfredo pasta or Chicken Caesar salad | \$8 3 Clam chowder with bread |
| \$8 6 Pepperoni pizza or Beef and broccoli | \$7 7 Hot dog wrapped in bacon | \$8 8 Pork chile verde with rice, beans, salsa and cheese | \$8 9 Buffalo wings with fries or Chef Salad | 10 FACULTY COLLABORATION NO CLASSES |
| \$8 13 Spaghetti with meat sauce and garlic bread | \$8 14 Cheese chile relleno with rice | \$8 15 Teriyaki chicken wings with French fries or Chicken Caesar salad | \$8 16 BBQ tri tip sandwich with cheese, bbq sauce and grilled onions | \$8 17 Jambalaya over white rice |
| 20 | 21 THANKSGIVING WEEK NO CLASSES | 22 | 23 THANKSGIVING HOLIDAY SCHOOL CLOSED | 24 |
| \$8 27 BBQ tri tip sandwich with cheese, bbq sauce and grilled onions | \$8 28 Pepperoni pizza or Chicken Caesar salad | \$8 29 Mediterranean chicken sandwich with basil pesto, cheese, tomato, and lettuce on focaccia | \$8 30 Beef stir fry over rice | \$8 Teriyaki chicken wings with French fries or Chicken Caesar salad |

| Daily Breakfast | Daily Lunch | Beverages, Sides & Treats |
|--|---|-----------------------------------|
| Breakfast Burrito \$8 <i>egg, cheese & sausage or chorizo</i> | Hamburger \$7 | Bottled Water \$1 |
| Breakfast Sandwich \$7 <i>egg, cheese, ham, tomato on sourdough</i> | Cheeseburger \$8 | La Croix \$1 |
| French Toast \$8 | French Fries \$4 | Gatorade, Vitamin Water, etc. \$2 |
| Pancakes (2) \$5 | Turkey & Cheese Sandwich \$7 | Chips \$2 |
| Muffin or Pastry \$3 | Ham & Cheese Sandwich \$7 | Cookie \$1 |
| Grilled Bagel \$3 <i>with cream cheese</i> | <i>All sandwiches served with lettuce, tomato and onion</i> | Muffin, Bread, Pastry \$3 |

We accept cash, debit/credit cards, Apple Pay and Google Pay