



Palma School Newsletter

A monthly newsletter for the parents of Palma

SEPTEMBER 2022



Fall Sports are in Full Swing

What's Inside:

- Letter from the Principal
- Where to find the Calendar and More
- Palma Athletics
- Guidance Department
- Parents' Club
- September Lunch Menu



Be powerful. Be a Chieftain.



Questions, comments or suggestions: please email marketing@palmaschool.org

schedule highlights

See page 3 for full calendar access

Monday, September 5

Labor Day - School Closed

Monday, September 12

Adoration of the Bl. Sacrament - BER Chapel

Monday, September 12

Homecoming Spirit Week begins

Tuesday, September 13

6:30p - Dodgeball Tournament in the Gym

Wednesday, September 14

Red Day Schedule — Assemblies

Thursday, September 15

Gold Day Schedule

Friday, September 16

Homecoming Game at Rabobank Stadium

Saturday, September 17

7:00p - HS Homecoming Dance in the Gym

Monday, September 19

6:30p - Parents' Club Meeting in the CSC

Wednesday, September 21

4-5 pers. - School Picture Re-Takes

Monday, September 26

Faculty In-Service - No Classes

Tuesday, September 27

5th per. - Mini College Fair in the Gym

Wednesday, September 28

6:00p - Insider's Guide to College Admissions Testing Webinar



From the Principal

...we are investing in perhaps the most important endeavor of all: the education of young men in mind, body and soul. I thank each of you for your important role in the mission of Palma.

Labor Day is fast approaching, and I want to thank each of you who labor and sacrifice for our school community in so many different ways. Each of us makes a conscious commitment to cultivate a community where all are to be welcomed, celebrated and affirmed with the awareness that we are investing in perhaps the most important endeavor of all: the education of young men in mind, body and soul. I thank each of you for your important role in the mission of Palma.

We have some terrific organizations under the Palma umbrella that are here both to help you and to steer your enthusiasm to volunteer for our students in so many ways. Among them, the Athletic Council and the Palma Parents' Club are invaluable to our mission in so many ways; I am grateful for their labors of love and their efforts to welcome our parents to some of our sons' best years in education here at Palma.

The Athletic Council coordinated our annual [Red & Gold Family Day](#) on August 13. Building upon a captive audience present for the football scrimmage, some informational "booths" staffed by the ASB and some student clubs were on hand to advertise the many facets of Palma. A band played, and the Palma Parents' Club offered a booth and free prizes. There was even a "kid-zone" featuring an ax throw, inflatable basketball event and an obstacle course. The event was free, and families had the option of purchasing a barbecue tri tip take-out dinner, a bag of produce, some novelties, and Palma souvenirs. This venue was provided both to celebrate the Palma Family and to allow families to meet one another and Palma staff in an informal way. It is estimated that over 500 people attended the event, complimenting the work of so many volunteers, the Athletic Council, and Athletic Director, Mr. Rob Bishop.

The Palma Parents' Club hosted our annual [Taste of Palma Parent Mixer](#) in the C-Quad on Friday, August 19. Some adult beverages were provided along with some delicious samples from Portobellos, which offers daily food services from our campus kitchen and cafeteria. This was a great way to savor some food and fellowship, and to meet other parents and Palma staff. The primary purpose of the Parents' Club is to build a sense of community among parents, planning functions that provide social events, as well as some financial support for the school. Every parent, by virtue of having a son enrolled at Palma, is a member of the Parents' Club.

The beginning of the 2022-23 school year has been terrific. Successful schools do not just happen; they are created. Forged by the toils of highly committed teachers, staff, volunteer parents, participating students and a supportive community, schools can be positioned for great success. We have a history here of many good and giving people with willing and gracious hearts. I encourage you to continue this legacy with the same generous hospitality you have graced the arrival of some of our newest families and employees. I am proud and humbled to be serving the Palma Family. *Go Chieftains!*

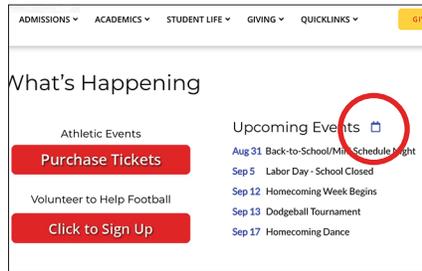
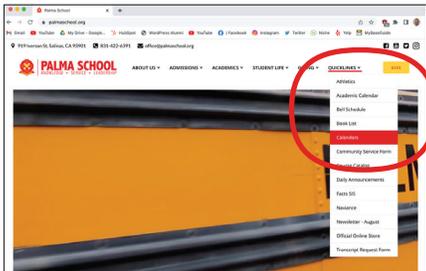
Yours in Blessed Edmund Rice,

Mr. David J. Sullivan
Principal

Here's Where You Find It

Palma School Calendar

The easiest and most convenient way to view the school calendar is on the Palma School app. You can download it from Google Play and the Apple App Store. The Calendar accessed with a button on the home screen.

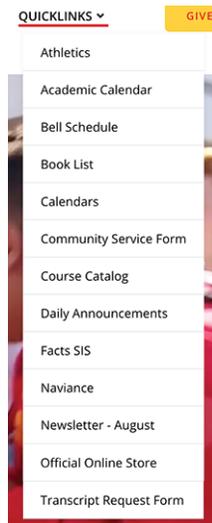


The calendar can also be found on the Palma School website under Quicklinks or on the homepage in the "What's Happening" section. Simply click on the calendar icon to the right of "Upcoming Events."



Palma Athletics

Athletics can be found on the Palma School Athletics App downloaded from Google Play or the Apple App Store. It can also be found on the Palma School website under Quicklinks or under the "Student Life" tab. Both locations have schedules and rosters of each team, both JHS and high school.

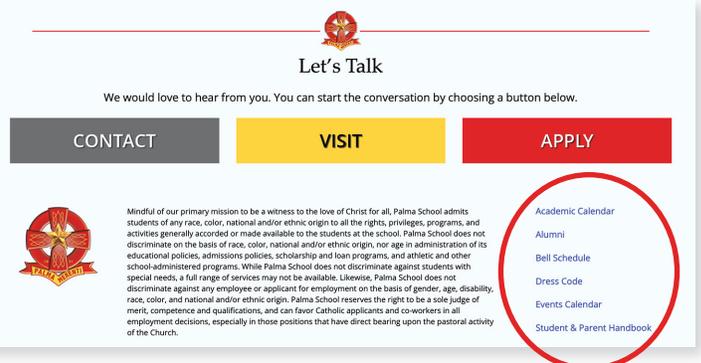


Quicklinks is a one-stop resource

You can find the most frequented resources under Quicklinks on the homepage of the Palma School website.

More links on the bottom of each web page

You can find the academic calendar, bell schedule, dress code, handbook and another link to the calendar at the bottom of each Palma School website page. Also at the bottom is a link to the Palma Alumni page.





Chieftain Athletics

Mr. Rob Bishop
x229
bishop@palmaschool.org

Go Chieftains!



The 2022 Fall athletic season is here

Our teams have been practicing hard and are getting into the swing of their Fall 2022 campaigns. Here are how their contests are scheduled for September:

Cross Country

- Sept 10 Monterey Bay Invite (*Toro Park*)
- Sept 14 Cypress Center Meet 1 (*Palo Corona Reg. Park*)
- Sept 17 Jackie Henderson Memorial (*N. Monterey Cty.*)
- Sept 21 City Cross Country Champs. (*Natividad Creek*)
- Sept 38 Cypress Center Meet 2 (*Toro Park*)

Water Polo (*Hartnell College pool*)

- Sept 7 at Alvarez
- Sept 14 home against San Benito
- Sept 27 home against Pacific Grove
- Sept 28 home against Monterey

Football (*Rabobank Stadium*)

- Sept 2 Sacred Heart Cathedral
- Sept 10 Hillmar (*Saturday game*)
- Sept 16 Soquel
- Sept 24 Everett Alvarez (*Saturday game*)
- Sept 30 at Alisal

I encourage everyone to attend as many games as you can. The boys are aware of your presence in the stands and it makes a huge difference to know they have the support of our school community. Games are also a great way to socialize and continue to build community at Palma. See the [website](#) for home venue locations.

Athletic Council

Athletic Council meets the first Monday of every month (Sept. 12th because of the holiday) at 5:30pm in the Cislini Study Center. The Council is responsible for providing support for all of Palma's JHS and high school sports since tuition dollars are not used for athletics. You are invited to attend the meetings.

GET YOUR OFFICIAL PALMA GEAR HERE

Palma School Athletics App

contains schedules, rosters and updated scores. It is part of the "gochieftains" website. You find the app at Apple and android app stores or by scanning this QR code.



Thank you

Thank you to everyone who made Palma's Red & Gold Family Day a great way to kick off the school year. We had a lot of fun and it was great seeing you there to support our athletic programs.

Get involved

There are a variety of ways the Palma community can participate at athletic events and we can never have too many volunteers. From helping out at games to providing the many hands needed at fund raising events, Palma parents are the ones who make athletics happen for our boys. Be reminded that all parents are encouraged to attend our monthly Athletic Council meetings. We would like at least one parent representative from each team, whether your sport is in or out of season, to join us. The next meeting is scheduled on Monday, September 13th at 5:30pm in the Cislini Study Center. For more information please contact Mr. Bishop in the Athletics office.



For all of your daily athletic updates please follow me on twitter at [@Coach_Rbishop](#). I tweet upcoming game times for all sports each week as well as results and other fun information regarding Palma and Palma Athletics.



Guidance Department

Ms. Irina Short, Chair
x242
short@palmaschool.org

Welcome to Palma School! The Guidance Counselors would like to welcome all returning students and their families as well as those who are new to Palma. We hope you are ready for another great year!

Guidance Staff

Mr. Phil Giammanco (*right*) counsels 9th, 10th, 11th and 12th graders whose last names begin with the letters A through K. Email giammanco@palmaschool.org.



Ms. Irina Short (*above*) counsels 9th, 10th, 11th and 12th graders whose last names begin with the letters L through Z. Email short@palmaschool.org.

Mr. Willie Beesley (*right*) advises all 6th, 7th and 8th graders. Email beesley@palmaschool.org.



Tips for student athletes

When it comes to athletic scholarships and college sports recruiting, it is important for you to become familiar with the rules and regulations surrounding the various college associations, conferences, and divisions. Violation of the rules, even while still in high school, can result in ineligibility in your future athletic career. Your first task should be to determine which associations (NCAA, NJCAA, etc.) your prospective colleges and universities belong to, and then carefully review those group's websites.

Seniors need to finalize their college list

September is the time to revisit your college list. Think again about what is important to you in choosing a college — location, majors, size, school values, diversity of student body, finances, etc. Adjust your list so that all of your prospective colleges are ones you'd be happy to attend. Now check that you have included institutions from all three tiers. Your list should include a couple of "reach" schools, then several "possibles" and finally a larger group of "probables." "Reach Schools" include those at which most accepted students have higher GPAs and/or test scores than you. A college that

accepts less than 20% of applicants also should be considered a "reach" for nearly all students. "Possibles" are those colleges which regularly accept students with grades and test scores similar to yours. "Probable" colleges are those at which your test scores and GPA would place you in the top quarter of the entering class.

Scholarships and financial aid

Scholarships come in many forms and sizes. Not all scholarships are based solely on grades and/or financial need. The Guidance office posts information on all scholarships we receive in Naviance. Many students may not be aware that they are eligible to apply for scholarships. Scholarships can be based on a wide range of criteria including academics, athletics, leadership, career interests, writing skills, ethnic background, religious affiliation, or any combination of the preceding. One can also use the internet to check out some of the outstanding FREE scholarship search sites like www.fastweb.com. This and other financial aid and college related links are indexed on the home page of your Naviance account at <http://student.naviance.com/palma>

Counselors will be meeting with all high school students this month

Counselors will be meeting with all high school students this month to create their Naviance accounts. Meetings will take place during the student's Theology or PE class. Counselors will meet with seniors every Tuesday during their Theology class during the first semester.

Schedule of SAT/ACT test dates for 2022

	Test Date	Register by	Late Reg. Deadline*
SAT	Oct 1	Sept 2	Sept 20
ACT	Oct 22	Sept 16	Sept 30
SAT	Nov 5	Oct 7	Oct 25
SAT	Dec 3	Nov 3	Nov 22
ACT	Dec 10	Nov 4	Nov 11

* A late fee will be added after the "Register by" date.

Financial Aid presentation for seniors and their parents

Palma and Notre Dame parents are invited to attend a virtual Financial Aid Presentation on Wednesday, Oct. 5th at 6:00pm via zoom. A financial aid officer, Marisela Gomez, from Inspired-edu will be here to explain the financial aid application process and answer questions for college-bound seniors and their families. The presentation will provide an overview of the Financial Aid programs available. Wondering what the FAFSA is? The Free Application for Student Aid is the financial aid form required by all colleges. Come to the meeting to learn how to fill out this form.

The presentation will last approximately one hour. Please create your FSA ID prior to the presentation. Zoom link: <https://us06web.zoom.us/j/7256973211>

1. Create an FSA ID — Both the student and their parent need to complete this process to sign the FAFSA electronically. The California Dream Act application includes the prompts for setting up a State Student Aid PIN for electronic signatures.
2. You can go to the FAFSA link now and create your ID's. <https://studentaid.gov/fsa-id/create-account/launch>

Parents' Club

PARENTS' CLUB WEB PAGE: [HTTPS://PALMASCHOOL.ORG/PARENTS-CLUB/](https://palmaschool.org/parents-club/)
EMAIL: PARENTSCLUB@PALMASCHOOL.ORG



Taste of Palma Parent & Staff Mixer



Palma Closet

Taste of Palma Parent & Staff Mixer

Thanks to all who came out for our Parent & Staff Mixer on August 19th! It was a wonderful evening spent meeting new people in the Palma community and reconnecting with familiar faces.

Get involved!

We are looking for a Chairperson (or Co-Chairs) to head up the annual St. Patrick's Luncheon committee, happening on March 15th, 2023. This Palma tradition has been happening for over 50 years and is our largest fundraiser of the year. Please contact parentsclub@palmaschool.org for more information.

Palma Closet

Our Palma Closet sale on August 11th was a huge success! Parents were able to get great deals on clothing, gear and textbooks! Thanks to all who donated items for the sale! If you have gently used clothing, Summer Reading books or textbooks that your son no longer needs, Parents Club is still accepting donations. To arrange a drop-off, please email parentsclub@palmaschool.org. Please do not take donations to the school office.

Parents' Club Meetings

Please join us for Parents' Club meetings at 6:30pm in the Cislini Study Center (CSC). The next meeting is on September 19th.

PALMA SCHOOL LUNCH MENU

September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			\$8 Asada fries with chopped beef, cheese, tomato and jalapeño	\$8 Clam chowder with bread
5	6	7	8	9
LABOR DAY SCHOOL CLOSED	\$7 Hot dog wrapped in bacon	\$8 Pork chile verde with rice, beans, salsa and cheese	\$8 Buffalo wings with French fries	\$8 Chicken tacos (3) with pico de gallo
12	13	14	15	16
\$8 Beef quesadilla with salsa	\$8 Chicken Caesar salad	\$8 Teriyaki chicken wings with French fries	\$8 BBQ tri tip sandwich with BBQ sauce, grilled onions and cheese	\$7 Pepperoni pizza
19	20	21	22	23
\$8 Hot turkey and bacon sandwich with lettuce, tomato, cheese, mayo	\$8 Beef quesadilla with salsa	\$8 Pork chile verde burrito with beans, rice and cheese	\$8 Buffalo wings with French fries	\$8 Fish and chips with French fries and remoulade sauce
26	27	28	29	30
FAC. IN SERVICE NO CLASSES	\$7 Pepperoni pizza	\$8 BBQ tri tip sandwich with BBQ sauce, grilled onions and cheese	\$8 Beef stir fry over rice	\$8 Chicken Caesar salad

Daily Breakfast		Daily Lunch		Beverages, Sides & Treats	
Breakfast Burrito <i>egg, cheese & sausage or chorizo</i>	\$6	Hamburger	\$7	Bottled Water	\$1
Breakfast Sandwich <i>egg, cheese, ham, tomato on sourdough</i>	\$6	Cheeseburger	\$8	La Croix	\$1
French Toast	\$6	French Fries	\$2	Gatorade, Vitamin Water, etc.	\$2
Pancakes (2)	\$5	Turkey & Cheese Sandwich	\$7	Chips	\$1
Muffin or Pastry	\$2	Ham & Cheese Sandwich	\$7	Cookie	\$1
Grilled Bagel <i>with cream cheese</i>	\$2	<i>All sandwiches served with lettuce, tomato and onion</i>		Muffin, Bread, Pastry	\$2

We accept cash, debit/credit cards, Apple Pay and Google Pay. There may be substitutions due to supply issues.