



PALMA SCHOOL
KNOWLEDGE • SERVICE • LEADERSHIP

919 Iverson Street, Salinas, CA 93901 | 831.422.6391 | palmaschool.org



Palma School Newsletter

A monthly newsletter for the parents of Palma

SEPTEMBER 2023



The inaugural "Salad Bowl" comes to Rabobank Stadium on Sept. 8th — Yuma Catholic vs. Palma

What's Inside:

- Letter from the Principal
- Where to find the Calendar and More
- Campus Ministry
- Palma Athletics
- Guidance Department
- Parents' Club
- Paint Night
- Flu Clinic
- Yearbook
- September Lunch Menu

Be powerful. Be a Chieftain.

schedule highlights

Monday, September 4

Labor Day – School Closed

Wednesday, September 6

6:30-7:30p - ASB: HS Trivia Night in the Cafeteria

Saturday, September 9

6:00-8:00p - JHS Dance in the Gym

Monday, September 11

5:30p - Athletic Council Meeting in CSC

Tuesday, September 12

6:00p - PSAT/SAT Webinar

Wednesday, September 13

Red Day Schedule — Assemblies

Thursday, September 14

Gold Day Schedule

Monday, September 18

NO CLASSES – Professional Growth Day

Thursday, September 21

4-5 pers. - School Picture Re-Takes in CSC

Monday, September 25

6:00p - Parents' Club Meeting in the CSC



Questions, comments or suggestions: please email marketing@palmaschool.org



From the Principal

The beginning
of the 2023-24
school year has
been terrific.
I am proud and
humbled to
be serving the
Palma Family.
Go Chieftains!

Dear People of Palma,

Where did August go? Labor Day weekend is already here, and I want to thank each of you who labor and sacrifice for our school community in so many different ways. Each of us makes a conscious commitment to cultivate a community where all are to be welcomed, celebrated and affirmed with the awareness that we are investing in perhaps the most important endeavor of all: the education of young men in mind, body and soul. I thank each of you for your important role in the mission of Palma.

We have some terrific organizations under the Palma umbrella that are here both to help you and to steer your enthusiasm to volunteer for our students in so many ways. Among them, the Athletic Council and the Palma Parents' Club are invaluable to our mission in so many ways; I am grateful for their labors of love and their efforts to welcome our parents to some of our sons' best years in education here at Palma.

The Athletic Council coordinated our annual Red & Gold Family Day on August 12. Building upon a captive audience present for the football scrimmages, Palma hosted a free family day with some offerings like our "kid-zone" inflatable fun staffed by various ASB clubs, an alumni flag football game, and a farmer's market of fresh produce. While a local band played, families picked up a pre-purchased barbecue tri tip take-out dinner, and/or rummaged through the sale of some novelties and Palma souvenirs. This venue was a celebration of the Palma Family, allowing an opportunity for families to meet one another and to meet Palma staff in an informal way. It is estimated that over 400 people attended the event, complementing the work of so many volunteers, the Athletic Council, and Athletic Director, Mr. Rob Bishop.

The Palma Parents' Club hosted our annual Taste of Palma Parent Mixer in the A-Quad on Friday, August 18. Some adult beverages were provided along with some delicious samples from Portobellos Catering, which offers daily food services from our campus kitchen and cafeteria. This was a great way to savor some food and fellowship, and to meet other parents and Palma staff. The primary purpose of the Parents' Club is to build a sense of community among parents, planning functions that provide social events, as well as some financial support for the school. Every parent, by virtue of having a son enrolled at Palma, is a member of the Parents' Club.

The beginning of the 2023-24 school year has been terrific. Successful schools do not just happen; they are created. Forged by the toils of highly committed teachers, staff, volunteer parents, participating students and a supportive community, schools can be positioned for great success. We have a history here of many good and giving people with willing and gracious hearts. I encourage you to continue this legacy with the same generous hospitality with which you have graced the arrival of some of our newest families and employees. I am proud and humbled to be serving the Palma Family. *Go Chieftains!*

Yours in Blessed Edmund Rice,

Mr. David J. Sullivan
Principal

Looking for Palma School Information?

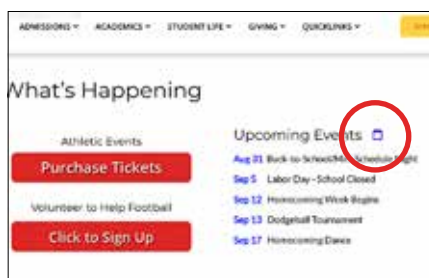
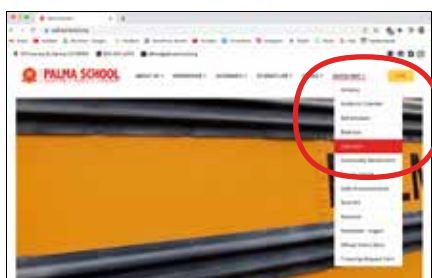
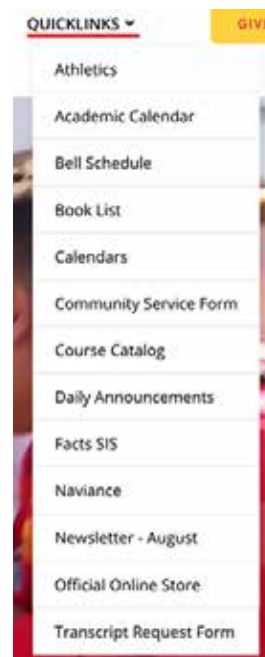


Palma School App

The easiest and most convenient way to view the school calendar is on the Palma School app. You can download it from Google Play and the Apple App Store. The Calendar is accessed with a button on the home screen.

Quicklinks is a one-stop resource

You can find the most frequented resources under Quicklinks on the homepage of the Palma School website.



The calendar can also be found on the Palma School website under Quicklinks or on the homepage in the "What's Happening" section. Simply click on the calendar icon to the right of "Upcoming Events."



Palma Athletics

Athletics lives on the Palma School Athletics App downloaded from Google Play or the Apple App Store. It can also be found on the Palma School website under Quicklinks or under the "Student Life" tab. Both locations have schedules and team rosters, for both JHS and high school.



More links are at the bottom of our home page

You can find the academic calendar, bell schedule, dress code, handbook and another link to the calendar at the bottom of Palma School website home page. Also at the bottom is a link to the Palma Alumni page.



Campus Ministry

Mr. Willie Beesley

x300

beesley@palmaschool.org

Live, Jesus, in our hearts...forever!

All are welcome!

Morning Mass is offered every school morning at 7:30am in the Blessed Edmund Rice Chapel. These Masses are open to parents and friends as well as students and staff. Come and see!

Back in service

Palma kicked off the school year with a school-wide Mass on the Feast of the Assumption. The next holy day of obligation is All Saints Day on November 1, 2023 in the Blessed Edmund Rice Chapel at periods 1-3. All are welcome.

Prayers and props

Please visit Palma's Campus Ministry webpage to send us your prayer requests and intentions to be offered up during the morning Masses. Please also visit the Campus Ministry webpage to share any accomplishments your son has achieved in or outside of school. We want you to brag about your son!!

VISIT THE CAMPUS MINISTRY WEBPAGE

Help Palma bring "service" to life

Edmund Rice Society — join the club and/or join us on the Mexico Mission

Liturgical Aide — We are seeking altar servers, readers, and students who play instruments (Mr. Beesley is offering a guitar class). You can receive two credits per semester for your participation.

Community Service — Make sure you check the bulletin board for up-to-date volunteer opportunities.



VOLUNTEER OPPORTUNITIES

Salinas Public Library Literacy Program

Help others get connected. Have you ever sent an email? Great! You can help! The Salinas Public Library is looking for friendly volunteers to support adults as they get online and learn to navigate the digital world. To learn more, email susannec@ci.salinas.ca.us or call (831) 758-7929.

Becoming a citizen is complicated — you can help! Volunteers will support participants through in-person Citizenship Preparation classes as they prepare for the naturalization test and interview. To learn more about this highly rewarding opportunity, call (831) 758-7929.

Pajaro Valley Loaves and Fishes

Be a Hunger Fighter! Are you interested in feeding your community? Pajaro Valley Loaves and Fishes operates a kitchen program in Watsonville every weekday of the year, serving a hot lunch to 120-150 each day. They also run a pantry program that feeds over 600 families a month with grocery assistance. To learn more, visit <https://www.pvloavesandfishes.org/volunteer.htm> or call (831) 722-4144.

American Cancer Society Discovery Shop

Support the Resale Shop. Opportunities include: merchandising, sorting, and pricing donations, online research, cashiering, social media support, and more. To learn more, call (831) 443-8879.

Know about an upcoming service opportunity? Let us know so we can share! Reach out to Mr. Beesley at beesley@palmaschool.org



Chieftain Athletics

Mr. Rob Bishop

x229

bishop@palmaschool.org

Go Chieftains!

The 2023 Fall athletic season is here

Our high school teams have been practicing hard and are getting into the swing of their Fall 2023 campaigns. Here are their contest schedules for September:

Cross Country (HS)

Sept 9 Jackie Hendersen Invitational
Sept 13 Center Meet 1
Sept 16 Monterey Bay Invitational
Sept 27 Center Meet 2

Water Polo (home matches at Hartnell College pool)

Sept 6 home vs Alvarez
Sept 13 at Hollister
Sept 27 at Monterey

Football (home games at Rabobank Stadium)

Sept 8 Yuma Catholic "The Salad Bowl"
Sept 15 at Alisal
Sept 22 Monterey
Sept 29 at Hollister

I encourage everyone to attend as many games as you can. Our student-athletes are aware of your presence in the stands and it makes a huge difference to know they have the support of our school community. Games are also a great way to socialize and continue to build community at Palma. See the [website](#) for home venue locations.

Peer-to-Peer

We are kicking off our annual Peer-to-Peer campaign to support fall sports at Palma. If you would like to donate to Palma athletics or a specific sport, click the button below. Thank you for your support.

DONATE TO PEER-TO-PEER FALL SPORTS



PALMA CHIEFTAINS
THE OFFICIAL ONLINE STORE

Thank you

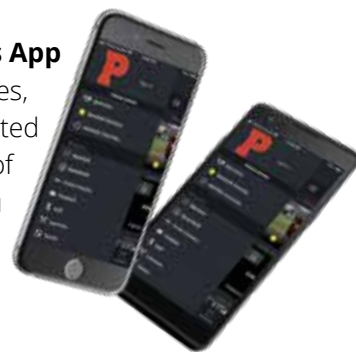
Thank you to everyone who made Palma's Red & Gold Family Day a great way to kick off the school year. We had a lot of fun and it was great seeing you there to support our athletic programs.



Palma Athletics App

contains schedules, rosters and updated scores. It is part of

the "gochieftains" website. You can find the app at Apple and android app stores.



Athletic Council

Athletic Council meets the second Monday of every month at 5:30pm in the Cislini Study Center. The Council is responsible for providing support for all of Palma's middle and high school sports since tuition dollars are not used for athletics. You are invited to attend these meetings. Whether your sport is in or out of season, we would like at least one parent representative from each team to join us.

Get involved

There are a variety of ways the Palma community can participate at athletic events and we can never have too many volunteers. From helping out at games to providing the many hands needed at fund raising events, Palma parents are the ones who make athletics happen for our students. Be reminded that all parents are encouraged to attend our monthly Athletic Council meetings to discover what's being planned.



You can also find daily athletic updates on my twitter feed at [@Coach_Rbishop](#). In addition to posting them on our app, I also tweet upcoming game times for all sports each week as well as results and other fun information regarding Palma and Palma Athletics.



Guidance Department

Ms. Irina Short, Chair
x242
short@palmaschool.org

Welcome to Palma School! The Palma Guidance Office would like to welcome all returning students and their families as well as those new to the Palma community. We hope you are ready for another great year at Palma!

Guidance Staff

The Guidance staff has two counselors: Mr. Phil Giammanco '87 (right) works with all sixth through eighth graders. He also works with high school students with last names beginning with "A" through "K." Mrs. Irina Short is the department chair and also works with high school students with last names beginning with "L" through "Z."



Tips for student athletes

When it comes to athletic scholarships and college sports recruiting, it is important for you to become familiar with the rules and regulations surrounding the various college associations, conferences, and divisions. Violation of the rules, even while still in high school, can result in ineligibility in your future athletic career. Your first task should be to determine to which associations (NCAA, NJCAA, etc.) your prospective colleges and universities belong, and then carefully review those groups' websites.

Scholarships and financial aid for college

Scholarships come in many forms and sizes. Not all scholarships are based solely on grades and/or financial need. The Guidance Office posts information on all scholarships we receive in SCOIR. Many students may not be aware that they are eligible to apply for scholarships. Scholarships can be based on a wide range of criteria including academics, athletics, leadership, career interests, writing skills, ethnic background, religious affiliation, or any combination of the preceding. One can also use the internet to check out some of the outstanding FREE scholarship search sites like www.fastweb.com.

Seniors need to finalize their college list

September is the time to revisit your college list. Think again about what is important to you in choosing a college — location, majors, size, school values, diversity of student body, finances, etc. Adjust your list so that all of your prospective colleges are ones you'd be happy to attend. Now check that you have included institutions from all three tiers. Your list should include a couple of "reach" schools, then several "possibles" and finally a larger group of "probables." "Reach Schools" include those at which most accepted students have higher GPA's and/or test scores than you. A college that accepts less than 20% of applicants also should be considered a "reach" for nearly all students. "Possibles" are those colleges which regularly accept students with grades and test scores similar to yours. "Probable" colleges are those at which your test scores and GPA would place you in the top quarter of the entering class.

Counselors will be meeting with all high school students this month

Counselors will be meeting with all high school students this month to create their SCOIR accounts. Meetings will take place during the student's Theology or PE class. Counselors will meet with seniors every Tuesday during their Theology class during the first semester.

Schedule of SAT/ACT test dates for 2023

	Test Date	Register by	Late Reg. Deadline*
SAT	Oct 7	Sept 7	Sept 26
ACT	Oct 28	Sept 22	Oct 6
SAT	Nov 4	Oct 5	Oct 24
SAT	Dec 2	Nov 2	Nov 21
ACT	Dec 9	Nov 3	Nov 17

* A late fee will be added after the "Register by" date.

Parents' Club

PARENTS' CLUB WEB PAGE: [HTTPS://PALMASCHOOL.ORG/PARENTS-CLUB/](https://palmaschool.org/parents-club/)
EMAIL: PARENTSCLUB@PALMASCHOOL.ORG



Taste of Palma Parent & Staff Mixer



Taste of Palma Parent & Staff Mixer

Thanks to all who came out for our Parent & Staff Mixer on August 18th! It was a wonderful evening spent meeting new people in the Palma community and reconnecting with familiar faces.

Get involved!

We are always looking for parents who want to make their son's year at Palma a great success by volunteering to help with our fund raising and events. The money raised is spent on enhancing the Palma experience or to say "thank you" to the faculty for the hours they put in for students. Please contact parentsclub@palmaschool.org for more information.

Palma Closet

Our Palma Closet sale on August 10th was a huge success! Parents were able to get great deals on clothing, gear and textbooks! Thanks to all who donated items for the sale! If you have gently used clothing, Summer Reading books or textbooks that your son no longer needs, Parents' Club is still accepting donations. Email parentsclub@palmaschool.org. Please do not take donations to the school office.

Parents' Club meetings

Please join us for Parents' Club meetings at 6:00pm in the Cislini Study Center (CSC). The next meeting is on September 25th.



Palma Closet



PALMA PARENTS' CLUB



Paint NIGHT

NOVEMBER

9



NOVEMBER 9 | 6:30-8:30PM | \$35 PER PERSON
BROTHER DUNNE HALL | PALMA SCHOOL

Join us to sip, savor and enjoy an evening with our Palma Family! Wine, snacks and other refreshments will be provided.



PURCHASE TICKETS TO ATTEND



THE FLU ENDS WITH YOU!

FREE

FLU VACCINE



Palma School in collaboration with
the Monterey County Health Department
& Salinas Valley Health
will be holding a **NO COST** Community Flu Vaccine Clinic
open to the public available for age 6 months and above
(all children 18 & under must be accompanied by a parent or guardian)

NO appointment necessary — we hope to see you there!

GET VACCINATED

Wednesday, October 11, 2023
4:00-7:00 p.m.

@ PALMA SCHOOL

Brother Dunne Hall
919 Iverson Street, Salinas, CA

PALMA SCHOOL
KNOWLEDGE • SERVICE • LEADERSHIP



 **Salinas Valley
HEALTH**



Yearbook

Ms. Cassie Jimenez
cjimenez@gopalma.org

Yearbooks are on sale now!

SENIOR PORTRAIT ANNOUNCEMENT

Dear Palma Senior Parent(s)/Guardian(s),

The 2023 Palma Yearbook staff is ready to start working on this year's high school yearbook — with much more time than last year! The cost of this all-color book will be \$100. To ensure that proper corrections and proofing can be made, please be sure to respect the deadline dates for each section. I will communicate with you on these deadlines via the monthly editions of the Palma Newsletter. If you misplace any forms, they will be available online on the Palma website.

Senior Baby Ads

The first major deadline is the "Senior Baby Ads." The "Baby Ads" deadline is **Friday, November 3, 2023**. If you need ideas concerning the "Baby Ads," check the last few yearbooks to see how others have done them and start collecting your photos and creating your design. For more information on how to submit, see the "Baby Ad" flyer that follows on page 10.

Senior Portrait

The second deadline that is extremely important is the Senior Portrait. Each senior is expected to have a professional portrait taken. The photographers listed on the flyer on page 11 are preferred photographers for taking Palma Senior Portraits. We have had quality problems in the past with people sending in non-professional portraits. Please use a professional photographer for your son's Senior Portrait. The Senior Portrait is due on **Friday, December 1, 2023**. All portraits can be emailed to me directly at cjimenez@gopalma.org whenever you have the one you want used for your son. For more information, see the "Senior Portrait" flyer on page 11.

Please don't hesitate to reach out with any questions.

NOW'S YOUR CHANCE

» BUY A YEARBOOK TODAY

[CLICK HERE TO PURCHASE YOUR YEARBOOK](#)



BABY ADS

High School Ads Only

Full Page = \$360 | Half Page = \$260 | Quarter Page = \$160

8th Grade Ads Only

Eighth Page = \$25

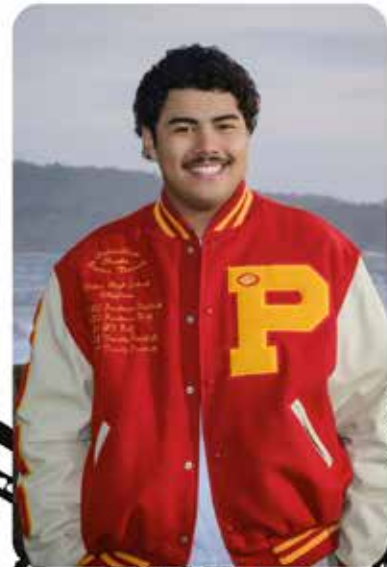
HOW TO SUBMIT

- Step 1: Go to www.yearbookordercenter.com and enter order number 7322
- Step 2: Click "Create a Yearbook Ad"
- Step 3: Follow the prompts to design your ad, add it to your cart and purchase it.

Your ad is not complete until you add it to your cart and complete the checkout process. For ordering help, call The Yearbook Order Center at 866-287-3096 or email yearbookordercenter@herffjones.com

For technical questions, call Tech Support at 877-362-7750 or email techadvisor@herffjones.com





SENIOR PHOTOS

The Palma senior portrait must be a formal photograph. Please do not submit non-professional shots. Any candid snapshots will not be used. The photo will need a head and upper body shot. Full-body shots will not be permitted. Please note, your son should be the major focus in the photo so please limit the amount of background featured in the photo (i.e. props such as planes, tractors, trees, etc.). Your son must be in a collared shirt and/or Palma Letterman, including no earrings, no jewelry, and his hair must be his natural color and cut according to Palma dress code standards. All photographs will be reviewed and those photographs that do not adhere to Palma dress code rules will be returned and will not appear in the yearbook. Some examples of acceptable photos are featured on this flyer. The senior portrait is due **Friday, December 1, 2023** and can be sent to me directly at cjimenez@gopalma.org

STRONGLY RECOMMENDED PHOTOGRAPHERS FOR SENIOR PORTRAITS 2023-2024:

- Cook's Photography 831-424-5486 www.cooksphotography.com
- Gary Dangerfield 831-915-9991 dangerfield@sbcglobal.net
- Simon Jimenez 831-320-7594 simon@jimenezvision.com
- Manuel Ortega Photography 831-682-7170 www.manuelortegaphoto.com



JOIN OUR YEARBOOK TEAM



REAL WORLD SKILLS IN ONE CLASS: YEARBOOK

LIFE SKILLS

Communication
Leadership
Time management
Project management
Problem solving
Team building
Conflict resolution
Public speaking
Networking

JOURNALISM SKILLS

Concept brainstorming
Reporting
Writing
Researching
Photography
Design and layout
Editing
Public relations
Media law

BUSINESS SKILLS

Budget planning
Promotion
Advertising
Marketing
Selling
Customer service
Market research

TECHNOLOGY SKILLS

Business software
Graphic design software
Photo-editing software
Online design
Online research
Production management

SOCIAL MEDIA SKILLS

Storytelling
Creating content
Organizing content
Audience engagement
Brand management
Online research

Need more convincing?

- Class credit
- Great addition to a portfolio/resume
- Be in charge of who is featured
- SNACKS



**FYI, SNAPS DON'T LAST FOREVER,
BUT YEARBOOKS DO.
COME JOIN US!**

For more information, email
cjimenez@gopalma.org

PALMA SCHOOL LUNCH MENU

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				\$8 1 Clam chowder with bread
4 LABOR DAY SCHOOL CLOSED	\$7 5 Hot dogs wrapped in bacon	\$8 6 Pork chile verde with rice, beans, salsa and cheese	\$8 7 Buffalo wings with French fries or Chef salad	\$8 8 Chicken tacos (3) with pico de gallo
\$8 11 Beef quesadilla w/salsa or Chicken Asian noodle salad	\$8 12 Chicken Caesar salad	\$8 13 Teriyaki chicken wings with French fries or Chicken Caesar salad	\$8 14 BBQ tri tip sandwich with cheese, bbq sauce and grilled onions	\$8 15 Pepperoni pizza or Beef and broccoli
18 NO CLASSES	\$8 19 Beef quesadilla w/salsa or Chicken green salad	\$8 20 Pork chile verde burrito with rice, beans and cheese	\$8 21 Buffalo wings with French fries or Chef salad	\$8 22 Fish and chips with French fries and remoulade sauce
\$8 25 Orange chicken wings with white rice	\$8 26 Pepperoni pizza or Chicken Caesar salad	\$8 27 BBQ tri tip sandwich with cheese, bbq sauce and grilled onions	\$8 28 Beef stir fry over rice	\$8 29 Teriyaki chicken wings with French fries or Chicken Caesar salad

Daily Breakfast	Daily Lunch	Beverages, Sides & Treats
Breakfast Burrito \$8 <i>egg, cheese & sausage or chorizo</i>	Hamburger \$7	Bottled Water \$1
Breakfast Sandwich \$7 <i>egg, cheese, ham, tomato on sourdough</i>	Cheeseburger \$8	La Croix \$1
French Toast \$8	French Fries \$4	Gatorade, Vitamin Water, etc. \$2
Pancakes (2) \$5	Turkey & Cheese Sandwich \$7	Chips \$2
Muffin or Pastry \$3	Ham & Cheese Sandwich \$7	Cookie \$1
Grilled Bagel \$3 <i>with cream cheese</i>	<i>All sandwiches served with lettuce, tomato and onion</i>	Muffin, Bread, Pastry \$3

We accept cash, debit/credit cards, Apple Pay and Google Pay